

the Ontic

MANIFESTO

ONTIC Movement

towards

Synchronistic Spiritual Synergy

KNOW YOURSELF *to* BE ALL YOU CAN BE

so that you can participate in

*The Way of Flow for
Naturalistic Spirituality*

Dedicated to my mother

MANIFESTO ONTIC MOVEMENT
by Oyar Mickevics

Edition 2.00

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MANIFESTO

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KNOW YOURSELF *to* BE ALL YOU CAN BE

The Trinity Creed of Trinity Tenets



he existence of the VMAT2 gene tells us that god belief is a genetic propensity. This knowledge does not preclude a God but does indicate that as social animals we can live moral and spiritual lives without one. The existence of a God cannot be disproved: how do you scientifically find evidence to disprove an ethereal alpha-male that is a figment of the imagination; a construction of our evolved consciousness. The ultimate truth test for whether a god is real is if it can be DIRECTLY experienced with the five physical senses of touch, feel, smell, hearing and sight. If it can only be attested to by inference then by default the god is just a figment of the imagination produced as a result of genetic programming.

This Manifesto Ontic Movement is the secular creed of our native spirituality and morality. Soul, Succour, Secular follows is a variant of the well known saying Faith, Friends, Family as a native and intuitive creed. These three elements are universal truths for humankind.

A – the SOUL *we are not finite*

Science tells us that we live in an eleven dimensional universe but that we are cognizant of only the four dimensions of our physical world. We straddle all these eleven dimensions and on physical death only our corporal bodies disintegrate. The part of us that is in the other seven dimensions lives on as our soul. This is true Faith: faith in yourself that you should love yourself and feel deserving as a child of the universe.

- Aa – I have a soul
- Ab – I am immortal through my soul
- Ac – I aid my soul by aiding myself

B – the SUCCOUR *we are not alone*

We have within us our Higher Self and through it we are an integral part of natural entities that are readily experienced as a Life Force Team or as your Gathered Strength. The first element is your contact with a significant other who has passed to other side. The next is our connection to our Answerer. This Answerer has been identified by people like Carl Jung as a “collective unconscious” (“a reservoir of the experiences of our species,”) that responds to us because it is us. It is the never-ending collective of our souls in the seven dimensions beyond our physical four dimension universe. This is why prayers to all deities are answered just as assuredly as nebulous prayers to the universe, it is because everything is either within us or is automatically channeled to the Answerer that is also us. We also have as part of this team Spirit Guides that we attract as helpers. These are our Friends that are always with us and never desert us.

- Ba – I have an Answerer
- Bb – I receive through My Gathered Strength
- Bc – I must ask to receive

C – the SECULAR *we are not islands*

As social (or community) animals we have developed instincts and natural morals that allow us to live cohesively and in harmony together. The natural core values and morals are epigenetic (environment modified but genetic at source) which allows us to adapt to whatever ecology we find ourselves in. Here we are affirming that we are all members of the universal Family of humankind, a family that in its altruistic incarnation shields and protects us.

- Ca – I am a member of the Family of Man
- Cb – I have emotional imperatives
- Cc – I am an individual

“The times they are a changin” so the Ontic Movement is the Flow of a living journey and dynamic quest for ever changing discovery and greater self-actualization.

PROEM

Ontic is defined in the dictionary as the ultimate truth and here it describes the study of the ultimate spiritual nature of our universe, **as we perceive it**. Today many people utilize our human Higher Self intellectual prowess ability to understand the truth about religion and the non-existence of an ethereal alpha-male god. Religion as practiced today is mid/animal brain thinking of following through and acting upon genetic generated propensities. This part of the brain is also called the basal or old (older) brain. Central to human religious practice is the VMAT2 gene and its satellite sibling “God Module” in the forebrain, with then parental and social push giving it credibility for adherents in well socialized and socially controlled daily lives. People in the lowest social echelon espouse the classic lower class “them” god and as an atheist I want to do more than just say that I am above this lowest proletariat class thinking. As someone who prides himself as an independent thinker I want to do more and say what I do believe in. The Ontic ☒ is the guidepost symbol of a journey on the path to know the truth about ourselves and our lives.

As a note for those who may not have come across this before: science divides the human brain into roughly three parts or stages that are all interconnected. Our brains most basic component is the innermost core reptilian brain which reflects who we are furthest down on the evolutionary scale. Then comes the “animal” or mammalian brain that grew on top to extend functionality and facilitate the existence of the creatures in the next evolutionary stage. Finally very roughly about two million years ago the human line broke off from the animal line and we grew our human forebrain, the neocortex or gray matter which is now the bulk of the brain in two symmetrical hemispheres, on top of the animal brain. Physically as animals we are pretty puny and evolving a conscious, thinking forebrain is what gave us our evolutionary advantage.

In the best religious church tradition the Manifesto will first concern itself with a Trinity Creed of spirituality and morality. Then again in good religious church tradition a genesis to support that creed is explored in W-Universe Unfolding.

In general the Ontic Movement is dedicated to finding what our real and true inborn propensities are and how they can best be adapted to daily living in our ecology. This is what religions have always done at an automated unconscious level. We want to do it consciously at a living level so we don't fall into the trap of having outdated and possibly now inappropriate rules and modes of conduct. We hold that this is the better way and more efficient than the historic route of creating new religions to go with the times.



The Trinity Creed of spirituality above addresses much that many consider part of the world of the psychic. Yes, and this is because religions also have to deal with the existence of the psychic, they just do it by imagining a god. A god is in essence a psychic entity, an ethereal alpha-male. Seeing a god as a psychic phenomenon may not be mainstream thinking, but then as Shakespeare said: a rose by any other name... The fact that religion is considered mainstream does not give their ideas exclusion from the realities of life. Gods historically came about in part as an attempt to explain otherwise unexplainable events but here we will present an alternate explanation, based on now known science.

There is the science of our Universe and there is the subset that is unknown to us. Unfortunately our known subset science is not a perfect subset with many errors and flaws existing. Known science is changed daily with new research. Much of what was observed as affecting the body was formerly attributed to the flow of the four “humors.” Another example of false knowledge that comes to mind is that not that long ago (before Lavoisier and Priestly) the scientific explanation for burning was the release of something called

phlogistons. We will use as still another example of this change in thinking the theory of electric energy because at the moment science still does not know what something so commonly made use of actually is. Different schools of science define it as everything from a flow of electrons, a physical description, to a pure flow of matterless energy (or maybe high and low energy areas that try to balance out.) It is like the light that we see all around us and that also suffers from a plethora of conflicting explanations. We may not be able to identify the true identity of either electricity or light but that has never held us back from harnessing both in electronic gadgets (a CD or DVD player makes use of both) or medical laser techniques. The truth to take away is that we don't necessarily need to know everything about everything to make useful applications of what we do know. We will explore the world, the world of our souls and what is commonly called psychic phenomenon (psychic phenomenon that is often today identified as religion) in the same vain of working with what we have and do know.

Given that we are not in a perfectly and completely known universe we have the unfortunate task of trying to explain things that are perplexing and are also part of the unknown. There is not a mountain, but a whole mountain range, of anecdotal evidence for the soul, a phenomenon that science at this moment cannot even begin to explain. Lack of explanation does not automatically mean a lack of existence. The soul is akin to electric energy knowledge a few hundred years ago. There was so much that indicated the existence of electricity: lightning, static discharges and attraction, and even the Biblical Arc of the Covenant is suspected of being an electric capacitor. A few hundred years ago there was what at the time was considered "scientific" explanations for the observed phenomenon but these false theories did not mean electricity did not exist. We will try to work with what is known and leave the underlying explanation to future research.



Science has defined the most basic building block as a "String" (or loop or mat) that exists and extends across all eleven dimensions of our universe. We are conscious of only the three dimensions of space and the fourth of time. This four dimensional subspace is our Physical Universe, the one our bodies consciously live in. But the Strings are known by science to extend into the Ether Universe, the other unseen seven dimensions. This means part of us is also in the Ether Universe but for reasons unknown to science we have no direct knowledge of what is effect a barrier. Looking at both sides of this barrier and at Cosmic Energy, the force that crosses this divide, is the basis of our dissertation here.

Einstein showed us that mass and energy are one and the way we experience these Strings is as Cosmic Energy, a force that ultimately controls and shapes everything. Compare Cosmic Energy to the energy behind a wind. We feel the wind energy because of the air that it moves against us but it is not that air. So Cosmic Energy is the basic energy of the universe that is behind all other energies, including those experienced in our Physical Universe as life energies and that have variously been called Life Force, Prana, Chi, and Orgone to name just a few.

We are not scientists here, especially not ones in search of refining the scientific truth of the physical universe, but we are interested in using what science knows and to applying some reason and logic. The Ontic path is a journey of the human spirit where we are looking for the truths in our little corner of the greater whole. Science can find out what the actual scientific truths of the universe are, we are only concerned here with what affects us and directly shapes our lives. This is sometimes known as a Black Box approach. We don't know what is in the Black Box but that isn't crucial, we are really only concerned with what emanates from the Black box and so directly affects us.

Again because we are not scientists we are using Cosmic Energy as a generic term to encompass all the various forces that must be at work. It is akin to talking about atom physics as a whole where we group things like neutrons, protons, electrons, neutrinos as well as the things like the strong and electromagnetic forces all rolled into one. Cosmic Energy is the collective of the Cosmic Energies, the complex energy

structures of the basic Strings that must exist; that we are all composed of. Again science when it is able can sort out the niceties and complexities.



When you have plenty it sometimes becomes difficult to determine which blessings to count. When you have little you focus on the minimum to fill your needs. Social workers who work with those who have least in our society have found that there is a minimum three fold formula for happiness of 1) a home, 2) a job and 3) a friend. These important factors are also at the core of the Ontic Membership creed.

- SOUL/a home – a satisfied soul is your home base. It is the only thing that is permanent and lasts.
- SUCCOUR/a job – or more generally put: a source of sustenance. Our ultimate source is an Omnific Force (Cosmic Energy) as described here as the Answerer under Succour.
- SECULAR/a friend - as social animals we need other people, and this in most general terms is the community at large that we are all family members of.

We now have the elements of the true ultimate Trinity of 1) the Soul, 2) the Succour and 3) the Secular. They are the heart of the Trinity Creed and this Ontic Manifesto.



The Trinity Creed of Trinity Tenets

A – the **SOUL**

- Aa – I have a soul
- Ab – I am immortal through my soul
- Ac – I aid my soul by aiding myself

B – the **SUCCOUR**

- Ba – I have an Answerer
- Bb – I receive through My Gathered Strength
- Bc – I must ask to receive

C – the **SECULAR**

- Ca – I am a member of the Family of Man
- Cb – I have emotional imperatives
- Cc – I am an individual

The Trinity Creed In Detail

Aa – I have a soul

NOT JUST A BODY:

That everyone has a soul.



hat our bodies extend into the Ether Universe is important to us because this extension has become known to us through eons of experience as our Soul, a part that continues on as a cohesive existence after the corporal part of us that is in our Physical Universe loses the cohesiveness of its multiple construction. The soul develops as we develop from the earliest embryonic stage. Just as bones are different from flesh, the soul develops in the Ether Universe concurrently with the Physical Universe life cycle that is the abode of the rest of the body. During life our bodies are not separate from our Souls, we are one with them.

In the Physical Universe our bodies are a complex construction of Cosmic Energies (which we experience as “solid matter”) that have built alongside with our core essence construction that is our Soul. (Remember: as Einstein discovered: matter and energy are one.) As further explained in the next paragraph we are a built up complexity of the base Strings of the universe, ones that operate in all eleven dimensions. When we work with the Soul and other Ether Universe phenomenon we are actually working with the more complex Cosmic Energies and when we come to our bodies it is but another layer of Cosmic Energy building blocks that apply to our Physical Universe.

To further explain: in our Physical Universe when basic core matter is regrouped in some way, the new groupings display new properties. An excellent example comes from atomic physics. An atom of hydrogen is made of an electron and a proton. Then in simplified terms what makes a lead atom a lead atom is a united eighty two each of electrons and protons. If you break apart the lead atom into electron/proton pairs you do not get eighty two smaller pieces of lead. What you get is eighty two atoms of hydrogen. Lead is a heavy lump that will sink in almost any liquid and good luck in trying to set it aflame with a match. Lead could not possibly be any more different than hydrogen, a very light gas that can burn so fast that it’s an explosion when touched by a match. Yet the only difference between them is how the same building blocks were assembled. Such is the way of our Physical Universe. It seems reasonable to assume that the Ether Universe will display different properties when in variations of its formative blocks.

Another Way To View The Soul

– As Higher Vibration

A soul can be viewed as a natural thing that is a higher vibration of your corporal body. Science tells us that if you look closely enough we are 99.9999% empty space and the rest is humming subatomic widgets, constantly in motion; and science has no real idea what these widgets are or that humans are even capable of imagining them properly (though the most basic ones have been called Strings: constantly vibrating Strings, or more recently Loops or Mats. We will continue to call them Strings so as not to have to constantly be changing to keep up with the latest scientific “soupe du jour.”) It is in the laws of

nature that things that vibrate are a grouping of lower and higher vibrations of themselves. This would very well be the way Strings work with different “vibration” levels and components in different dimensions. We call the highest of these vibrations our Soul. As humans our distinguishing feature is that we are sentient, a feature that would be carried over into our higher vibrations, namely our soul (this will be further explored a little later.). *A sentient higher vibrational level of our corporal body is our soul.* Physical death is the physical world components shutting down, but only the base physical world vibration shuts down. As with sound, if the base note is filtered out the higher harmonics continue on and so our soul lives on independently once the physical body dies. To continue our music example: if you are listening to music coming from a distance you will still hear the high notes even though the lower ones have been attenuated. The final conclusion has to be that once formed our souls are integral but ultimately independent parts of ourselves.

As a footnote: this vibration theory explains why some traditional knowledge holds that everything, including animals, trees and even rocks, has a higher state. Everything is composed of vibrating atoms, and whatever is smaller and beyond that. The difference between a rock and ourselves is that we have a conscious sentient component.

A Detailed Analysis of Human Energy Bodies

A soul as a singular higher vibrational body is a simplification that needs expansion into the various extent energy constructs of a human, For many people the simplification is all the detail they want or need but it is our purpose here to explore further. The quadrant below summarizes the various elements involved.

Core Soul Ether Body	Karma Aura
<i>Both above are part of the Collective Unconscious</i>	
Consciousness and Creativity	
Physical Body	Physical Body Auras

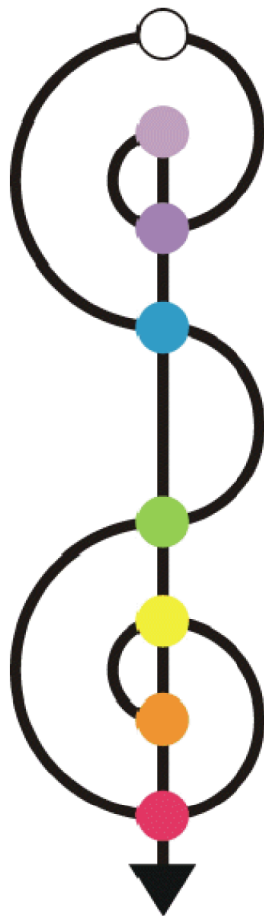
The basic core body is the two left hand quadrants comprising the physical body in our Physical Universe and the balance of the same Strings giving us our higher vibrational Soul in the Ether Universe. This is already discussed above. But strings are in vibration so each of the two sets of Strings also has harmonics in its own universe. The Physical Body Auras will be discussed later in their relationship to the traditional and classic Chakras of eastern fame.

Given that Strings are held to vibrate it would be very strange, and contrary to the laws of nature, if we did not have higher “harmonics” of ourselves. With the Strings of our Soul in the Ether Universe they form a fine soul Karma Aura. Through the Law of Attraction our unified Soul and its Karma Aura are integrated and integral to the Collective Unconscious (also refereed to as the Answerer, Akashic Record or Book of Life.) An analogy would be to sugar of salt dissolved in water. They are part of the solution and retain their individual taste even though dissolved. Also if the water is evaporated the sugar or salt remain.

Consciousness and creativity are unique human constructs of our forebrains that scientists have not been able through brain scans to localize to any specific brain area. Instead it seems to be an energy aura like the Kundalini discussed later. An independent energy makes sense as otherwise there could be conflicts of purpose between our physical and soul bodies, During life our physical body is in charge and so this energy resides with the physical body. On death it passes on to the soul body (through the Law of Attraction.) This is the “entering into the light” experience so well documented. It is not instantaneous and so is the reason many cultures and religions have ceremonies to help the departed make this transition.

Physical Body Auras and Chakras

The classic study of physical body auras is of Chakras as found in Eastern philosophy. Here the core of the eastern schema is updated with western energies as we know them to exist. (N.B.: please note that this is not a contemplation of Eastern religion but an analysis of human energy fields.)



8 Spiritual **TRANSPERSONAL Expediter**

7 Mental **CROWN Inquirer**

6 Mental **BROW Constructor**

5 Social **THROAT Backer**

4 Emotional **HEART Giver**

3 Physical **SOLAR PLEXUS Mobilizer**

2 Physical **SACRAL Participator**

1 Physical **ROOT Overseer**

0 Neutral

SUSHAMNA Satiator

The first thing that most people will notice is that there are two more Chakras than the well known seven. These two are known in Eastern philosophy and it makes sense to include them here. The first is Sushamna and is the central rod of the spine. It is the central core that holds everything together and is also the grounding root of excess energy. Then instead of having two interwoven “snakes” of Kundalini energy weaving willy-nilly around upwards to frame the Chakras a single line is shown that acts as a connector. The Kundalini starts at the female energy of the Sacral and moves up through the uniting Solar Plexus before moving on to the male energy Root. These three Chakras are thus united as the Physical body energy group. The Kundalini then unites the physical with the socially interactive centers by snaking up through the emotional Heart and then the higher level of interaction through thought that is the Throat. We now come to the highest cerebral level where the Kundalini swoops up into the Spiritual ether of the Transpersonal (the Higher Self connection) to gain extra knowledge and wisdom before then re-entering the Mental Chakras through the third eye Brow and facilitating consciousness and creativity in the Crown.

N.B.: The extra descriptions in the diagram represent the Neo-Enneagram personality types that are associated with each Chakra. Please see the book on the Neo-Enneagram for more details.

The Body Auras

There are several distinguishable auras that are associated with various human functionality that are identifiable with Chakras. These are the significant auras as opposed to something like the spiritually neutral electric aura that surrounds the body and can be easily measured with a galvanometer.

Wisdom Body

This is the common aura of the Physical Chakras. It is the Wisdom aura as Joseph Campbell identified its characteristics as such. The domain of this aura is actions and functionality that we inherit as part of our genetic make up, ones that are our racial memories. Some instinctive actions are ones like the baby's innate knowledge to suckle, no one has to give a baby lessons on how to do it, or facial expressions which seem to commonly transcend all cultures. A second more advanced form is that while the core of genes are fixed there is a variable factor that gets "expressed" in accordance with the prevailing environment. (The expression is something akin to stem cells that can evolve into other specialize cells,) Religion and god belief as expressions of the VMAT2 gene is an example of this.

The next two Chakra Domain Auras are similar to "expression" as they depend on their existence on being formulations of the ecology and environment that we live in.

Pain Body

The Pain Body is a name given to cellular memory that emphasizes its negative aspects. This is part of the domain of the Emotional Heart Chakra as this Chakra is considered the connecting link between body, mind and spirit and so is involved with the whole body. Psychology theories from the early James-Lange Theory on up tell us that emotions are at their core the mental evaluation of physical states. Memories are not only stored in the brain but also at the cellular level. This is well demonstrated in organ transplants who after the operation can now demonstrate talents for things like playing a piano, something that was not a previous talent. Negatively created cellular memories can be dissipated in their influence.

Mind Body

The Mind Body is made up of Legacies, mind maps in NLP, that we create through interaction and then stored. It is associated with the Social Throat Chakra as this is considered the domain of communication and expression via thought, action, speech and writing. Legacies as guides to action are what make life livable: imagine having to sit down and consider what an extended hand means each time someone greets you. Legacies can get very involved as Eric Berne explained in his classic book Games People Play where he labeled Legacies as "Games."

While Legacies are the useful tool that makes life livable building up a currently negative mindset through earlier life experiences can be detrimental. One example is a poverty mindset that is now holding you back from the prosperity you desire. Fortunately that while Legacies cannot be erased they can be "over written" as the mind automatically accesses the current relevant dominant Legacy to act on. This is a necessary mind methodology as over our lives we acquire many conflicting Legacies.

Spirit Body

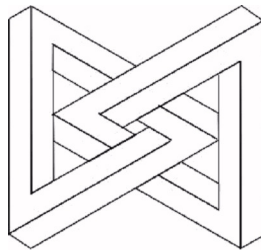
The higher Chakras of Transpersonal, Crown and Brow are associated with our Higher Self which is our door to the Ether Universe and use of Cosmic Energy. This is positive but also opens that same door to negative unwanted Ether Universe entities coming to haunt us by what is commonly called possession. Exorcists exist in all cultures to overcome this problem.

Karma Aura

Karma is the active memory property of your Soul, corresponding to the Physical Universe mind Legacies but here they are of your soul as higher vibrations in a collective aura; an overall halo aura giving direction according to its scripted code. It is the Kundalini Energy in the chart above, in some cultures represented as the Caduceus. Events in life imprint Legacy memories in your brain and likewise concurrently imprint memories on your soul. And just like Legacies the Karma soul memories are integrated into and active in your life. As these soul memories are already Ether Universe entities they directly operate at the Ether Universe psychic Answerer and Law of Attraction level. It is an automated Law of Attraction activation working in your life.

The Chakra Body Auras enumerated above do not exist in isolation of one another. They are interwoven and interact just as our body is a unity sum of its parts. This unity is overseen by our Karma Aura that is like a corona aura around all. The Karma Aura acts as an attractor for future events through the Law of Attraction and is simply called the Karma that shapes our lives. In the East it is known that this happens and is the admonition to lead a good life so as to have good Karma. How you live determines the future in your life through your created Karma and becomes fixed on passing as your starting point for evolution or devolution in the afterlife.

The interesting thing is that history has shown that not only how you live your life affects your Karma but that direct positive changes can be effected by things like good luck charms and talismans and even just doing good deeds and random acts of kindness. As well for those in the know your Karma and future can be affected and altered by adjusting the various Body Auras. This adjustment, especially by affirmations, will be further considered later. As a point: the Law of Attraction also works through these adjustments. Much is written on obtaining good karma and here later Oyar's Healing and Karma Cure Prayer can be constructively employed.



YOU ASSOCIATES

Your total being is both physical and ethereal and is like a corporation that is working on your behalf, a company you can call “You Associates.” It is your temporal Secular Support Solidarity. It is comprised of a whole corporation of “associates” all working together for your success. There is great truth in the adage that no one is an island unto themselves and everyone has a large entourage to call on for assistance. Please note that this is a physical body visualization of energy functions so that for spiritual activity please see under *Bb-I receive through My Gathered Strength* for your higher being. It is also under the *Gathered Strength* section that most of the Associates listed here are examined in greater detail.

BOARD OF DIRECTORS

This is your Board of Directors, the top decision makers that set the stage for what happens to you. Like any Board of Directors they can be thought of to provide overall guidance and direction for this your company entitled YOU ASSOCIATES.

CHAIRMAN OF THE BOARD

Your Higher Self

This is the Chairman of the Board through your Guardian Angel function. Your higher self through this Guardian Angel function does what is classically attributes to the Guardian Angel of looking out for your best interests.

BOARD MEMBERS

Your Ancestor(s)

Most people have a special significant other who has passed over that they can call on advice and help. History has shown the great benefit of including this person (or persons) in your life.

Immediate significant others

People who are of your immediate family or circle such as a spouse or strong mentor authority figures are also people normally consulted before major decisions.

EXECUTIVES AND STAFF

We now come to the nitty gritty, in the trenches, aspect of running YOU ASSOCIATES.

MANAGEMENT TEAM

This is the guiding management team that makes the day to day decisions of how your life unfolds

Your Conscious Mind - President

Our most distinguishing feature as a human is our prodigious forebrain that gives us consciousness and decision making ability

Awen – Vice President of Cogitation

Awen is Celtic for Spirit and is the spirit within or in more prosaic terms the conscious of your subconscious. It is your brain doing the heavy bulk of your thinking and the then presenting it for final consideration to your conscious mind

Karma Aura – Plant Foreman

The Karma Aura is your personal life energy field that progresses your life according to your past experiences through your Gathered Strength energies. Your body is the “plant” that you have been given to work in.. You can work to change your Karma and this Foreman takes changes under advisement so that it does have some discretionary powers. It is much easier to change your Karma along its current natural Flow then it is to change the direction of that Flow.

STAFF

Spirit Guides – workers

Spirit guides are a known positive factor that got pushed out of common acceptability because priests saw them as a challenge to their god. The parallel is the “wise women” of medieval Europe that were burnt as witches to protect the power of the church.

Temporal Associates

The members of of your temporal Family (immediate and extended) and people in your active community, especially people like mentors and roll models. They are all sources of help to draw on.

THE ASSETS

The ANSWERER

Yes though the Answerer is foremost in your Gathered Strength as the powerful doer, it is but an asset to be utilized in You Associates. It does not make the decisions about your life but follows through as directed by your Board and Executives. Keep in mind that by following your directives to implement an outcome the Answerer does draw on the experience of humanity to decide on courses of action and so often works in ways that you did not expect or understand (this is the source of the adage that God works in mysterious ways.) The Answerer can only follow the rules, whether yours or those established in its memory by humanity, and not independently act on your behalf. The truth of this is often revealed by people asking why do bad things happen to good people. There is no absolute good/evil so the Answerer follows through and gives up what is expected or requested of it.

LAW of ATTRACTION

When invoked by direct calling of the Law of Attraction it is one of the assets to draw on. While not as powerful as when involving the Answerer not every situation requires a sledge hammer.

SOCIETY at LARGE

There are many institutions (like political, legal and police) that give a framework to live in and draw on. Social agencies are a great help when needed. We are social animals and so have our safety support nets (like medicare or old age pensions) to draw on as well.

POSITIVE FORCES

What are later enumerated as your Amulet, talisman and Catalytic Converters are all resources to draw on. A healing site like Lourdes is also in this class.



T(otal) **O**(ngoing) **T**(ask) **A**(chievement) **L**(eague) **R**esource

So far we have considered resources that are close to you to achieve results. That does not mean that you should ignore help that is right next to you, the help of fellow humans. Acts of Random Kindness are famous but are only one of normally many very special sources of ongoing help available in a community. These resources usually come to the forefront of our attention in times of disaster or great need. **T.O.T.A.L. Resources** is the umbrella title of everything that is available to you and we that we will consider the final factor of your Secular Support Solidarity. The important catchword here as under Your Gathered Strength is **to ask**.

There is one resource that is the human factor equivalent to your spiritual helping forces and that is your **SOULMATE**. People were not designed by Mother Nature to be alone so that in adulthood your soulmate is your prime source of temporal help and succour.

Ab – I am immortal through my soul

ETERNAL LIFE:

My soul lives forever.



he soul's special feature is that it does not die when the body does. Until death the soul's features are primarily formed by the body, its creator. After death, the soul continues an independent existence in the Elysian Fields, the name of the strata that bounds the vibrational field that it is in. This can be compared to a music note. In one room the entire sound is heard but through the wall the higher harmonics have been absorbed so only the boom of the base notes is heard. Or in reverse as already observed, if you approach an outdoor band, first the high notes filter out to you and you have to approach closer to hear and appreciate the low notes. In all cases the laws of nature say that once a sound has been created, parts of it can gain independent life. It is the same with our soul; it is severed from the corporal body on the dissolution of the integrity of that corporal body, and does not die with it. Or to use our other construction, on death the physical world String parts disassociate but the core Soul has no reason to do so and so lives on in the Ether Universe. Physical death is but the great gateway portal to the future.

Our souls are the other seven dimensions of us that we are not aware of. However these other seven dimensions are not “out there” somewhere but coexist with the other four right here, just as the other four cohesively coexist. This means that our soul is not something “out there” as is often popularly thought of but is more like an aura that cohabits with us. To look ahead to W-UU, what is in the other seven dimensions is defined as Wimage matter.

Charismatic churches in Christianity and other disciplines like the Whirling Dervishes allow you to be “in Spirit” which is probably not just a mental state but is being in contact with the soul/spirit part of the self that is in the Elysian Fields. This is contact with an independent soul, an indication of its separateness and that hence that it is not indelibly tied to the physical. We also know the soul is resilient in retaining its integrity past what happens in the Physical Universe because some alternative healing methods use the ghost memory as a template for healing the physical body.

Can the soul and Cosmic Energy be proved scientifically? They will be just as soon as science is able to prove String Theory. An interesting aside is that the equally completely mysterious Dark Matter (that is known to exist only because of its gravitational effects) is the pull of the parts of Strings in the Ether Universe. Gravity is a Cosmic Energy that is not bound by the dimensions.

Ac – I aid my soul by aiding myself

SELF HELP:

It is better to light just one little candle than to curse the darkness

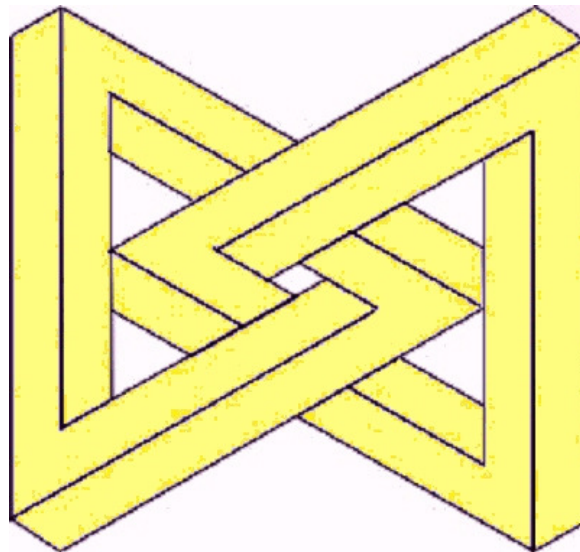


e are all human, which means that we live in a life filled with problems. This is also the first of the Buddhist Four Noble Truths. Properly dealing with these problems comes from our true basic morals that are inherent within us. Again the second of the Four Noble Truths again says that we ourselves are the source of the problems. These basic morals are inherent in us so that we can live together as social animals. We just sometimes need a nudge in the right direction to do things right. The third of the Four Noble Truths talks about following the Eight Fold Path which is also about nudging in the same direction. The book RnR-Runes and Remedies under the heading of Morals of Runes Encompassing Society enlightens on basic morals, and as a bonus the book also expounds on other life skills. The next section here entitled W-Universe Unfolding gives an

overview of our place in the overall greater scheme of things. Why is all this important? Because what we do now directly impacts on our souls happiness through eternity! The eventual saving of our souls by right living now is our most important mission in life, even before our natural drive for procreation (the spiritual soul first, the body after.) Mother Nature may argue that procreation is the highest purpose in life, but now that we have conscious sentience we should put ourselves first.

Our noble quest is that we are all our brother's keeper, and that we can best help others by first making sure that we ourselves are everything we can be. The motto of the Ontic Manifesto is to “Know Yourself to Be All You Can Be” and this is a good formula for how to proceed with helping yourself. This can be refined as living the Charmed Life envisioned in the book Fabulous Fortune Forever which positions you to live out eternity in the most pleasant Elysian Fields.

This brings us back to the prime purpose of aiding yourself to aid your soul. Your life constructs your soul and a good life will mean that because of the Law of Attraction on death your soul will migrate to being in contact with other good souls, an Elysian Field of perpetual good will. If you live an evil life this is part of you and on death will put you in a “Hell” or Dark Zone situation where you are constantly attracting and being bombarded by other soul’s evils, a most unpleasant condition. The choice is yours and only you can make it - you have to walk that lonesome valley; you have to walk it by yourself.



B – the **SUCCOUR**

My Gathered Strength Trinity

*There are three principle sources of Succour that we can call on, as a **Gathered Strength**, made up of: 1) the **Abettors** of a **Life Force Team** made up of the **Answerer** (as a name for our Collective Unconscious), an **Actualizer** that is your **Guardian Angel** (as a name for our pivotal Higher Self) and an **Ancestor** who is a significant other(s) that has passed on, 2) supporting **Adjuvant** natural energies and Spirit Guides that we attract and 3) helping **Adjunct** materials that can directly affect us. These are the elements of Your Gathered Strength to allow you to positively activate the Law of Attraction through the Answerer and directly with Cosmic Energy on your behalf. These sources will now be delved into in detail.*

*Of the three the first, the **Life Force Team**, is the most important and personal to you. Everyone automatically consorts with them, even if only at an unconscious level. The other two may or may not be acquired at a conscious level but otherwise again often are at an unconscious level.*



The umbrella appellation is My Gathered Strength and represents spiritual forces that are available to you 24/7 day and night and anywhere. They are your constant succour that are always there for you no matter what. Your temporal Secular Support Solidarity was already considered under You Associates. A major difference between the Abettors of your **Life Force Team** and your Secular Support Solidarity is that the **Life Force Team** is approached through prayer (via your Higher Self) and your Secular Support Solidarity is approached through direct asking. It is most propitious to use Oyar's Prayer found elsewhere here when addressing the **Life Force Team** to generally activate the good fortune of a charmed life and Oyar's Healing and Karma Cure Prayer for specific requests. A summary of your Gathered Strength is given below and then each entry is analyzed and described individually.

My Gathered Strength Trinity

My Abettors

- Answerer
- Actualizer
- Ancestor(s)

My Adjuvants

- Awen
- Aura:Karma
- Ancillaries

My Adjuncts

- Amulets and Talismans
- Accoutrements
- Activated Environmental Elements

1. My Abettors - *PROACTIVE ELEMENTS*

These are the proactive mover and groover elements of the uppermost tier of of your being. They are the master controllers of you and you destiny. They can be looked at as working in tandem for your benefit. Because of this they are given the name of:

my *S* (Life) *F*orce Team

Your *S* Force Team is the combined The Force (the Answerer and your Actualizer) and your Ancestor(s) supporters. It is your Terrific Trio or to go back into television history they are your A-Team. If there is a “Holy Trinity” at work then this Core Trinity anchor to manifesting is the real thing.

It is called your *S* (Life) *F*orce Team because it talks to the core of your being. The Rune glyph *S* (the English letter S) stands for the Life Force. The Rune glyph *F* (the English letter F) stands for Success. Of course if you are writing and don't have a Rune alphabet available you can just write Life Force Team. A free download of a TTF font set for Windows called RuneTide is available at: <http://awenman.com/runetide.zip> if you are interested.

MY SEMINAL SPIRITUAL SUPPORT of:

- *Answerer*

The Answerer is the spiritual alpha-male counterpart to physical world leaders. It is the strong presence that because of its size is able to manifest in your life. It also known by another important role it fulfills as the Akashic Record or Book of Life.

- *Actualizer*

The Actualizer is the **Guardian Angel** function of your Higher Self and is most commonly referred to this way. It is the actualizer, trigger or catalyst of manifestations as the the Answerer is inert until acted upon. To actualize is to communicate and activate your desires with the Answerer so as to make them real. It is your mental mind resource that does the contact work with the Ether Universe and finds expression in being your Guardian Angel. Keep in mind that Your Higher Self is not a completely independent entity but is strongly influenced by Awen and your Legacies.

The Force is the Answerer and Actualizer, your Guardian Angel, working in tandem. One has the strength to effect change and the other has the ability to instigate those changes. This is the bonded duo that is primarily responsible for manifesting your personal Succour.

- *Ancestor(s)*

Your Personal Spiritual Aid is a significant person(s) who has passed on and is the third element of your Life Force team.. They provide an emotional support function but also aid your Guardian Angel in creating the “lens” for focusing the Cosmic Energy of the Answerer. This Core three Terrific Trio of Answerer, Activator and Ancestor are the Core Trinity Anchor that makes Cosmic Energy useful to us because the Answerer is nebulous by itself and must be addressed to FLOW through the LENS created by the other two. It is like on an even hot summer day the sun's energy greatly warms everyone but you need a magnifying glass for its lens effect to start a fire, to be actively working.

The most important concept here is that

I am one with my Life Force Team

2. My Adjuvants - INTERACTIVE FORCES

The penultimate members of your Gathered Strength are elements that can be considered supporting players. They don't make the discretionary decisions but they do input into what those decisions will be as well as help carry out the established game plan, your natural Flow. They make decisions and take actions on what is happening rather than the what should be happening.

- *Awen*

Awen is the conscious of your subconscious mind and the subconscious is one of the trinity of your conscious, subconscious and superconscious (your Higher Self.) It is the workhorse of your thinking and the source of Legacy (mindset) actions.

- *Aura: Karmic*

You have a number of auras but the prime important one is your Karma as it provides the blueprint of your future life. Your Karma Aura is Soul Memory energy and is what has also been identified as your Kundalini energy that carouses through your body..

- *Ancillaries*

Your Ancillary Interactive Forces are other aspects of you that directly influence your life on a daily basis. Some are active entities like helpful spirit guides while others are aura energy fields.

MY SPIRIT GUIDES

Spirit guides are well documented and are active in your life if you let them be.

- *Helpers to guide you in getting what you want*
- *Runners to find things that you need*
ad hoc transient:
- *Healers to administer to matters of health*
- *Teachers to bring needed information to you*
- *Many others*

MY OTHER AURAS

You have other energies that like your Legacies work at the subconscious level and exert force on your immediate destiny.

- *Wisdom Body*
- *Pain Body*
- *"Past Life Memories"*

Past Life Memories are Wimages (please see W-UU below) that have become attached to you. They are not your actual past lives as reincarnation is a local religious concept and doesn't exist in reality. Since your mind cannot distinguish between real and attracted memories once imbedded they are acted upon as if real. A real nasty bad one (often called a devil in the west and a djinn in the east) is usually identified as a possession and something that has to be exorcised

3. *My Adjuncts* - REACTIVE FUNCTION IMBUED

Adjuncts react to being directly stimulated to action rather than initiating independent courses of action on their own. This activation can however be a long term effect. They do not have any discretionary power and are notoriously noted for literally delivering what was asked for rather than what was wanted. They are commonly small material items possessing TEMPORAL ENERGY POWER FORCES that shape circumstances as they happen. They are activated to do their work so they must have your direct guiding presence to do something. Then they act as a lens much as your Actualizer and Ancestor(s) do with the Cosmic Energy of the Answerer

- *Amulets and Talismans* – ongoing

These can be the Stones of Power outlined in my book *Fabulous Fortune Forever* or even just something simple like a lucky rabbit's foot that you have acquired. They are elements like the Stones of Power that mechanically do their jobs of attracting as they were imbued and consecrated to do on an ongoing basis.

- *Accoutrements* – ad hoc

Accoutrement are Catalytic Conveyances that facilitate what you are actively doing, they work like catalysts do in a chemical reaction. Some examples from the books I have written are:

Runestones

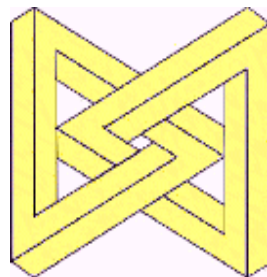
Mystic Mace

Magic Mirror

Precious Pendulum – the Diviner Stone of Power when it is part of the set

- *Activated Environmental Elements*

These are things in your environment, like healing Lourdes, that are able to play a role in your life when you invoke them. Like Lourdes they may be in the public domain and shared with others but they give you yeoman service when called upon and so qualify for inclusion in Your Gathered Strength.



B – the **SUCCOUR**

- **Ba** – I have an Answerer
- **Bb** – I receive through My Gathered Strength
- **Bc** – I must ask to receive

Ba – I have an ANSWERER

A GREATER POWER:

There is something more powerful

Answerer

The Answerer is your prime source for the boons that you wish for. History has shown that the Answerer can also be a best friend to talk to if you don't have a recognized Personal Spiritual Aide. (In the Christian tradition: "Oh what a friend we have in Jesus" and "Take it to the Lord in prayer.") The Answerer is a collective and so is genderless but human nature is such that if you feel more comfortable communicating with a male you can address the Answerer as such, or call on its avatar Mother Nature Anna Gaia (just Anna Gaia for short) for equally effective results.

Answerer has power due to its size as an amassed entity but won't act unless acted upon following the first of Newton's Laws of Motion. You must ask to receive to set things in motion. The Answerer is a neutral body that has to be put into action but then inertia keeps it going. In an analogy about the strength the Answerer wields: a god superman truck puller will attach a rope to a massive heavy truck and see how far he can pull it, maybe even set a Guinness World Record. On the other hand the amassed Answerer is a team pulling on the rope that easily reparks the truck .

Agendered Answerer and Unity

Some Christian denominations have a trilogy god that can be facetiously described as Big Daddy, Junior and the Spook. It just shows the power of habit as the Christians could not overcome personal ingrained socialization and so co-opted the much older Egyptian trinity of Horus, Isis, and Osiris. There is no proof of direct decent but since much of the new Testament seems directly co-opted from the Egyptian Horus version of the very ancient man-god myth it would appear to be a safe guess. (Co-opted is the proper verb though many may better understand the snarl word plagiarized.) Some Christian groups after all could not do away with mother-goddess worship and so the Virgin Mary was put into yeoman service. The Answerer is not a god, does not have multiple identities, but is the answerer to all prayers of every religion and so it is historically very clearly shown that how it is addressed is immaterial. All humans have a Higher Self mental function and so are automatically connected to the Answerer which will act no matter how addressed. There is no need for a god trinity but if it is in your comfort zone to address your prayers femininely then they are just as effective this way. The suggested avatar is Mother Nature Anna Gaia with Anna being a very, very ancient goddess name that incorporates the ancient traditional god sound "ah" twice and Gaia being the ancient Greek earth goddess (a nice nod to our ancient cultural roots.)

THE ANSWERER:

Ever On Guard For Thee

Prayers have always been answered and synchronicity has always been experienced. Unlike religions which can best be described as local and time dated phenomenon (futile attempts by missionaries to make their particular version a dominant world-wide movement notwithstanding), prayers being answered and synchronicity are universal and ageless, the experiences being documented throughout all of recorded history. Synchronicity is really just the response to unvocalized prayers. Synchronicity is a relatively new word created by Jung to give a handle the large number of unexplainable connected happenings that occur regularly. There are just too many "coincidences" for there not to a power of some sort at work. The Collective Unconscious responds, through the Higher Self, to the total mind and not just conscious thought and conscious requests.

The impersonal objective way to describe the Collective Unconscious is as an omnific (all powerful) force but answered prayers and synchronistic happenings are experienced very personally and so a personalized generic name like the **Answerer** is a much better choice. This is also a better choice as requests to the Answerer are subjected to processing by its Laplace Demon aspects so that answered prayers can be complex constructions of much more than the bare bones asked for. This diverse processing of prayer responses also accounts for why the sound advice is to keep yourself open to whatever comes, a prayer is not always directly answered in the way you expect. In religious vernacular this has become the admonition that “God works in mysterious ways.”

It is difficult to talk to a nebulous nothing so in addressing the Answerer use the same time honored solution of a visible object to view. A statue (yes exactly the same as what an idol is) as a focal point or some other object as in some Christian denominations where a cross does yeoman duty. The use of vision boards in working with the Law of Attraction is a great success story exemplifying the usefulness. For the Answerer a clear glass four fifths full of equally clear pure water works just fine. It is not a true idol as it has no intrinsic power but it is symbolic of the Answerer. Like the Answerer the glass of water just sits there until you call on it, in the case of the water to quench your thirst. The four fifths full is symbolic of the classic Pareto 80/20 Principle that says that normally eighty percent or more of a result comes from twenty percent or less of that population. Here it is a reminder that that we must provide twenty percent of the impetus (and not just sit there) to get our desired eighty percent result from the Answerer.

As a note if you are using a glass of water then some clear plastic wrap on top will keep it from evaporating. If you prefer the avatar Anna Gaia Mother Nature then it is usually easy to find a statue of the Virgin Mary devoid of overt Christian symbols. Like the popular vision board utilized in manifesting with the Law of Attraction a visible accoutrement greatly facilitates the task at hand.

Anatomy of the Answerer

People throughout recorded history have alluded to answered prayers and synchronicity. This evidence has to suggest that there is more than just accidental coincidence at work. The explanation is our relationship to an Answerer. The Answerer is the closest thing that we humans have to a god. It is an omnific force, one subject to the laws of nature, but that responds to us in what feels like a personal nature. The Answerer is all creating for us, doing things we cannot but still working within natural limits. There are two natural limits to physical manifesting that must be considered. The Answerer is not a god and is neutral

This Answerer is completely natural and as subject to the laws of nature as we are, but able to do more. The analogy is to a modern man who is able to travel back in time with a box of matches to visit our troglodyte ancestors. To our cave man ancestors the man would be a “fire god” that creates fire by magic. We are the recipients of the “magic” of the Answerer and hence often deify it. Another analogy to compare the greater power of the Answerer to would be to our going into a store that has a posted policy of exchange only and no refunds. At our human four dimensional level this is what a store clerk would uphold and is all that we can expect to transpire. However the Answerer by going up to the level of the store manager for you can prevail over this “law” and get you a cash refund. The Answerer is not above the laws of nature but is more powerful because it has more options to draw on than we do.

Asking boons from the Answerer should be geared to the knowledge that the Answerer is not a god and doesn't act in the personal self-centered way a god is held to act: seeking lots of obsequious behaviour from fawning subjects. Recognition of this neutrality is the most efficient path. The Answerer has no emotions of its own and makes no valued valuation of what it does. All is equal to it, there is no good or bad distinction, all is equally natural to it. God pleasing rituals traditionally associated with pleasing a god are really psychological tools to help formulate a more powerful and effective prayer.

That the Answerer has no ego the way humans do can be explored further. By its very definition an ego requires comparison and there is nothing else like the Answerer. The Answerer is unique and not a social being that has to take into consideration equal others in a social setting. By contrast consider a god centered humanistic ethos as found in the Christian First and Second Commandments of: ***“Thou shalt have no other gods before me. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And shewing mercy unto thousands of them that love me, and keep my commandments.”*** These two commandments presuppose the existence of other gods and display the egocentric power grabbing nature of this one. Sacrifices have to be made to this god but a neutral Answerer is equally responsive to all.

An extended example of this neutrality to human values comes from human societies and cultures that have masters and slaves, strong and cruel dictatorial leaders, or a strong class system as was found in India. It is self evident that being a master is better than being a slave but the Answerer does not adjust things to there being a class society. A slave is just as “right” to the Answerer as a master is. Individuals have always been able to change their station; escaped slaves, the slave revolt of ancient Rome or deposed dictatorships would be the example here. Many more examples abound, one of the famous ones in western culture being the Horatio Alger stories of rising above poverty origins. One is often born into ones station in life, an event neutral to the Answerer, but by appealing to the Answerer it is possible to effect changes.

Since the Answerer is common to all humanity and able to do things like answer prayers, primitives and religious zealots have conveniently used the Answerer to justify their belief in their god, it satisfied their immediate understanding. But religions as imagined myths have universally extended the limits of their gods to explain anything that wasn't understood: “god works in mysterious ways.” This means that the god is used to explain our genetic driven morals and is the source of for creation myths to explain our beginnings. That he is a sky god (sitting on his throne up there somewhere) stems from people hearing thunder in the heavens, something impressive but completely not understood till science came along. In fact social anthropologists have models to predict the type of god a society will develop based on the ecological factors at play. “God did it” rules the religious world. The truth is that a god is a child of the (known) universe just as we all are children of the universe.

The Answer (responding to your Higher Self) can also be referred to as “the **FORCE**” as the prime element in a collective Force that brings succour unto us (*read details in W-Universe Unfolding*)

*This name of “the Force” is brought up again to show that a naming is completely irrelevant to securing succour. Whether you call the succour source the Answerer, the Collective Unconscious, the Godhead or the relatively newly popular The Force is entirely a matter of what is comfortable for you. As pointed out it is not a god and doesn't require subservience as one, much less demanding a particular name. The succour comes, as it has always done, thorough your Higher Self when you make the call, conscious or subconscious, as was explored earlier and in the next section entitled: I Must Ask To Receive. (the **Force** is actually a conjoined Answerer and your Higher Self as the two always work in conjunction when either is consciously called upon.)*

*May the **Force** be with you!*

May you be successful in maximizing the resources available to you!

Answerer Rational



here is no realistic and objective evidence for a god, but human experience over the ages has shown that there are more powerful forces in this universe than ourselves. More powerful forces by themselves don't necessarily raise the specter of there being a god, they do raise the question of what a powerful something that interacts with us might be. Aspects of this "more powerful" something are considered here as the Answerer.

The Christian church once held as official sacred creed direct from God that the earth was at the center of the universe; putting to death as heretics those that opposed or denied this "god given truth." Today we would be equally vain and simpleton to feel that humans are the apex entity in the universe. Humans have no right, or basis, to claim that we are the ultimate masters in the universe, though that is a common emotional reaction. We are but a child of the universe, just one element in it. We are like a grain of sand with not just the world, but the universe, full of sand to be a part of. It would be vain amiss to not consider a universe brimming with entities superior to ourselves. That means admitting that more powerful elements exist, something that to many is not very emotionally palatable. Some entities would be other biologic beings like ourselves; but there are many more entities that exist at the level of our souls, in a much vaster Ether Universe domain. With this infinite myriad of entities in our universe it would grossly defy the laws of probability if we humans were completely isolated and not in touch with at least some of these entities. One such element is a force that has variously been identified over the ages simply as the Life Force or Prana, Chi, and Orgone to name just some from a long list. It is most usefully recognized here as Carl Jung's Collective Unconscious. This stronger than us entity perceived as an omnific force, our Collective Unconscious, is experienced but so far has defied rigorous scientific quantification as to its powers.

Entities at a soul level would be called forces, as they have no corporal body. A problem arises in how do you measure an ethereal entity? Physical effects notwithstanding, how do you quantify the power of a leader over his people, the authority of a supervisor over his staff, the assuage a mother has over her child? These emotional human forces exist, and can be experienced, but they cannot be quantified any more than a stronger universal force can be fully understood. We have to accept the experiences of the many that there is a stronger force at work in the universe, one that is both greater than us as well as relevant to us. The powerful one that we are in touch with is the one we here recognize as our Collective Unconscious, the Answerer. The relevance to us comes from the Law of Attraction, a prime director of activity in the Ether Universe. This Collective Unconscious, what we are calling the Answerer, has important repercussions in our Physical Universe.

The Collective Unconscious is an other Ether Universe dimension entity that is made up of ourselves and the rest of humanity, past and present. It is the collective of our souls, past and present. This Collective Unconscious makes use of the universal Cosmic Energy, just as we individually do. However the human Collective Unconscious is obviously a huge collective and so can muster comparatively large amounts of energy, just as people in a group effort can also summon so much more energy than any individual can. Since it is experienced and observed by us as a force that can do much more than we can so it is justifiably from our perspective called an omnific force.

Our Collective Unconscious is the amassed faculty of our individual souls (think of it as a colony of souls or in terms of this treatise our Soul Auras.) As pointed out in our discussion of souls, our souls continue after death in the Elysian Fields, Elysian Fields that are one or more of the eleven dimensions that scientist say make up our universe, but outside the four dimensions our corporeal bodies live in. It would be negligent thinking to assume that our souls are independent and isolated entities that never interact with each other. They form the Collective Unconscious as a unique unified force, as a direct consequence of the universal Law of Attraction. A corresponding example from our four dimensional earthly plane is the reaction of a crowd. It is well known, and often studied by sociologists, that a crowd takes on a life of its own, quite independent of any of the individuals involved. With the Collective Unconscious we are dealing with

ourselves and our ancestors as a united whole that is independent of any single individual. It is comparable to a team effort that can always do more than any independent individual. Another way to recognize this force is that it has a “consciousness” of its own that acts independently (but integrated with) the soul collective, it is this consciousness Answerer that we can address. It is like our own individual consciousness that arises out of the complexity of the Legacies and instinctive propensities of our minds. “As above, so below.”

The sheer size of the Collective Unconscious gives it special powers beyond those of just using and controlling prodigious amounts of Cosmic Energy. In 1814 French mathematician Pierre-Simon, marquis de Laplace postulated an intellect which if it knew the location of every atom and every happening, that it could then apply Newton’s laws to know all events present and future. This intellect was later renamed as the Laplace Demon and is of interest to us because for most practical purposes the human Collective Unconscious is that sort of “demon.” This is why it has been called the Akashic Record or Book of Life. The Collective Unconscious has limitations later considered: one being that it cannot invent something really new and can only recompose to manifest. In considering limits an interesting aspect to consider is what can it do to predict the future? The Buddhist philosophy states “This existing, that arises” and that accounts for the predicting ability. Unfortunately the Collective Unconscious is not the Laplace Demon twin and so has limits. Those limits mean that it can predict only so far into the future before things and events outside its view horizon begin to come into play and change the course of events. On a positive note the sheer size and humungous knowledge base does however mean that the Collective Unconscious can come up with answers when we ourselves only have vague questions, fuzzy ideas and only hazy notions of what the final outcome should be. It can ascertain from our meager uncoordinated fuzzy thinking what our real problem and desire is.

We interact with the Collective Unconscious and it interacts with us on two levels, the physical and the emotional. Prayers for physical manifestations as well as elemental emotional support are answered. (Christians often talk of finding this emotional support by finding a friend in Jesus. More on this elsewhere.) As an amassed entity the Collective Unconscious controls a lot of Cosmic Energy and so is able to manifest almost unimaginably beyond anything that a human can. As our Collective Unconscious is of Laplace Demon proportions so it understands us and can directly and positively affect us emotionally as well as physically. From our perspective it is an all creating or Omnific Force.

WHY GOD EXISTS RUMINATIONS

It is important to understand why humans have a penchant for a god to better understand why one doesn't actually exist and so has had the actions of the Answerer attributed to it.



At the core of any religion, great or small, is pure belief, and the personalization of needs. Our rise as sentient animals has given us a predilection for humanizing inanimate things that are important to us. The term for this humanizing is the 18th century coined word anthropomorphism. Hence in English we talk about Mother Nature, a personalization through personification of forces beyond ourselves that are very relevant to our daily lives. Deification is only a small shift in thinking to accepting an imaginary entity as a god, a protecting and nurturing leader. Humans are also deified, a process cult leaders and absolute rulers have gone through. Jim Jones of the People's Temple was a de facto god if not an openly declared one as the kings in ancient Egypt (to name only one culture) often were. The naturalness comes from our origins as social pack animals that need an “alpha male” leader to survive as a group. As social animals our nascence into sentience drove the emotional need to believe in our leader and not just accept him; and by extension to a super leader ethereal god that is a perfect leader. From our perspective the Answerer is godlike but is nonetheless still as natural a phenomenon as we are. The glue that holds everything together is belief.

People commonly say they believe because they have faith. This experiencing of faith is universal, and so is the attributing of this faith to whoever or whatever the local god may be. Science has found the VMAT2 gene and the “God Module” in our forebrains that give us this proclivity. Belief in a god is an epigenetic trait, one where the impetus is genetic but the final formulation is shaped by the social milieu. (Much on a parallel with language where it is epigenetic. The scientific concept is that genes “express” themselves.) If there really were a universal god you would expect that at least a majority, not just a plurality, would hold that god in common belief. The truth is that even Christianity, this planet's most common religion, in its various (and sometimes contradictory) beliefs accounts for only about a third of the world's population. That means that there are two people on this planet who believe in a god other than the Christian god for every person who believes in the Christian god! If there is a god he has a funny way of not making himself known. In truth the propensity for religion is an animal instinctive one from the older animal basal brain, as already pointed out to be a genetic instinct. Further proof that having religion is a response to inner instinctive drives is that sociologists have even been able to predict the type of religion (and god) an indigenous people will have by knowing the geography, weather and general ecology that those native people live in. In the which came first, chicken or egg, conundrum, it is definitely the people who came first and then conveniently created a personalized god to suit their needs; they created a god in their own image (and not vice-versa as zealots would have you believe.) In Classical Greece twenty five hundred years ago the philosopher Xenophanes of Colophon already told us this when he said: “If horses could draw, they would draw their gods like horses.”

There is no difference between what is known to be a natural psychological experience and what adherents claim is a “god” experience. If you ask adherents for proof of their god, besides the emotional experience, the best that an adherent might be able to do is to point to some holy book, scripture or place. This sort of evidence is of course just as meaningless because its authenticity depends equally much on pure unsubstantiated faith. It is a fact that no one has ever been able to prove the existence of their god. As Lucy of the Peanuts comic strip philosophized: “I can be as intelligent as anyone else about something that cannot be proved.”

*To play the Devil's Advocate: as an intellectual aside exercise, while no one can scientifically prove a god, (and the scientific evidence points to a genetic/psychological explanation for god belief), the fact that we can conceptualize a god does leave a very, very thin tiny crack open that there might be one who doesn't make himself known. Without knowing for sure (you cannot prove or disprove something that you don't even know about), it might be more honest to be an agnostic than an atheist who claims he is definitely sure. Anyone can be just as knowledgeable as anyone else about things that cannot be proved (that is after all what having a religion is, being knowledgeable about something that can't be proved but having “faith” instead.) When things cannot be proved, be a seeker not a knower: be a naturally spiritual person who is a seeker. **Be a devout agnostic!***

The final intelligent and logical conclusion has to be that there is no proof or substantiation for any known religion other than the wishful thinking of its adherents. The why of this lies partly within us. The classic cartoon character Pogo said: “We have met the enemy, and it is us.” Here this could be interpreted that a god is a genetic imperative fostered by our brain, and so is the enemy to clear and intelligent thinking. For our purposes the statement should be reworded as: We have met the godhead, and it is us. But the godhead is spirituality and feeling, and not a god. To paraphrase a popular quote: the truth (of a god) might be out there, but to date no one has found it. We would hold that the truth out there has never been found because there is nothing out there to find, religion in all its forms comes from within as a product of animal instinctive processes.

A realistic view is that Mother Nature gave us the VMAT2 gene and forebrain God Module as mental survival skills for our developing sentience. Now as we have evolved even further we no longer need an ethereal god. It is like baby teeth to now be discarded as we have now grown past their usefulness. As U.S. President Bill Clinton said in his book that it was wrong to have an affair just because he could; it is not

right to create and then worship a god just because we can. As sentient beings we can conceptualize a “god” but it is just an adult version of conceptualizations such as the Easter Bunny, Santa Claus and the Tooth Fairy. Think about a god as an adult Santa Claus. The children’s Santa keeps a list of which children are “naughty and nice” to decide who will receive presents. The adult Santa keeps similar track of people to decide who will be received into the kingdom of heaven. Just how real can an invisible guy in the sky be? One who spends his time watching what you do because he apparently has nothing better to do? But it really does feel good to have a parent figure watching over you, doesn’t it? We haven’t lost all vestiges of our historic protective mechanism, we are still in a transition stage. Peter Pan had it right: with the old way of religion you never have to really and fully grow up!

“He who joyfully marches to music in rank file has already earned my contempt.

He was given a large brain by mistake,
since for him the spinal cord would surely suffice.”

Albert Einstein

ANATOMY OF RELIGION RUMINATIONS

Religion is two genetic imperatives working in controlled tandem:

- The need for an ethereal alpha male created by the VMAT2 gene (as discussed above.) As social animals we have a natural stabilizing need for a leader.
- A group of genetically driven imperatives for morals. Again to let us live harmoniously as social animals.

And then a God Module (the controller) in the forebrain to keep everything under control. One function of this module is to help keep you from making the common substitution of money and power for your god figure while for social reasons continuing to adhere to the dogma of a religion.

Religions are the noted (often written) attributes of the above as guiding myths (please see the works of Joseph Campbell for further elucidation) that are perpetuated as memes until they are formalized as a religion.



hen looked at as this model it is interesting to note that a religion like Buddhism which professes to not have a god still fits the model with an alpha male element in its idols of the chubby fat cherub (as Shakespeare said: a rose by any other name...) Buddhism is actually a good example of the human need for idols, a concrete physical representation of an abstract idea. Buddhism started with Buddha being represented by empty footprints, to early representations resembling statutes of Greek gods (a reflection of the prevailing Greek influence of the times), to its present forms. In Christianity the need is satisfied by actual craven images of Jesus, the Virgin Mary and the saints to simple substitutes like a physical cross. There does not seem to be a genetic reason for the idol to be of any special form, such as human, even if for humans a human form is easiest to relate to. In Islam this idol need is even satisfied by an empty opening in the side of the worship chamber as well as a place, Mecca (that is prayed to as a god residence.) These substitutions are in keeping with the empty footprints of Buddha and their religious restrictions on images.

“A foolish consistency is the hobgoblin of little minds.”

Ralph Waldo Emerson

Don't Throw Out the Baby with the Bathwater



aving gone over what gods and religions are let us review what a religious person's thinking is. They are experiencing a "dumb drop." A dumb drop is the opposite mind phenomenon of the intelligence spike that idiot savants display. An idiot savant is an imbecile individual (or mentally challenged to be politically correct) of well below normal intelligence level who displays a talent, such as for music or mathematics, that is at a normal or above normal level.

This spike above the imbecile level has to be provided by genetics and is what is seen in reverse in religious adherents. It is one of two ways that the VMAT2 gene (please Google) works. First it provides impetus to develop religious feelings and then it provides the stamina for perpetuation of these feelings. The first trait of impetus for acquisition works just like language. We as humans are epigenetically programmed to speak a language and the language we speak we acquire from our parents. We similarly satisfy the genetic need for religion by acquiring it from our parents. Religious teachings are what would now be called memes that are supported by genetic propensities.

The second genetic trait of push of perpetuation is of course also found in other traits than just religion. Modern research is finding more and more that we are not "independent, free thinking individuals" but unconscious slaves to older animal brain thoughts where we don't apply our human higher brain thinking. A very revealing example is the Incest Taboo. We know a lot about this taboo because of the history of the Israeli kibbutzim. In a kibbutz a common element is that everything is held in common, even child raising. This means that while the members of any kibbutz can include families from across the planet, the children were raised as members of one family; any child can be attended to, and even breast fed, by any female. It is very telling that the children so raised always went outside their own kibbutz (their family) to find mates. The Incest Taboo is Mother Nature's way to avoid the negative effects of inbreeding. The way this "to close family" takes place (a gene is not very geneology astute) is that people you grow up with (as a family) are your "too close family" for the gene. Once imprinted, "family" just like religion, becomes a lifelong perpetuation and is automatically followed from subconscious forces without thinking.

An imprint can be changed but as Jesus said this is a major effort of "being born again." The Incest Taboo is religiously applied even if the factual diversity doesn't require it. This is following your old animal brain directives. In the case of incest it is mostly productive as there is no tangible way for many people to know to avoid relationships with people who might create inbreeding problems. In the case of religion it is an abrogation of our human higher brain thinking. In primitive societies religion is useful but in civilized ones it is often outdated. Using Christianity as an example, we have evolved 2000 years since its creation and away from the rural agricultural mideast society of its origins, it is not in step with a modern mindset or life. The genetic driven tendency of perpetuation is what keeps otherwise intelligent people from thinking intelligently about, or questioning, the underpinnings and tenants of their religion, hence a dumb drop. Instead of being a Christian, be "born again" into the truth.

Do People Of Religious Strength Have Some Advantages?

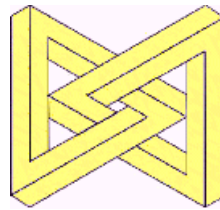
The Gallup pole organization found that 91% of North Americans belong to a religious organization, only 83% felt a god was important in their lives with 47% attending religious services regularly. The interesting statistic is that only a small 13% were classified as most committed. This small group of most committed, the stongest exponents of the VMAT2 gene push, were also found to be the most ethucal, charitable, tolerant and very importantly among the happiest. In fact they were called a special breed apart from the general population. This is a statistic that clearly demonstrates the penalties of ignoring the push of the gene, so why accept second class citizenship by ignoring the gene's need for an ether alpha male? It's a case of don't throw out the baby with the bathwater and deprive yourself of the benefits by not satisfying your genetic VMAT2 demands for an ether Alpha Male! (Please remember that "alpha male" refers to a status position and that an entity like the Answerer is neither male nor female.) Commonly a god satisfies this imperative but there is no reason this role cannot be fulfilled by the Answerer.

Why lose out just because you are bright enough to know that there is no such thing as a god? Realize that the VMAT2 gene doesn't know anything about institutional gods and only requires an alpha male figure for your maximum happiness so why not satisfy its needs by using a non god substitute? The intelligent choice is to pick an un-god (with my apologies to Lewis Carroll with his un-birthday of Through the Looking Glass) like the Answerer.

The difference between a god and the Answerer:

- A god requires things like fawning attention, prayers five times a day, special dietary laws and even special modes of dress as found in some sects. It is like a bad boss at work that expects odious things from you, only worse and more demanding. A god can also be vengeful or as one that is found in the Bible books of Joshua and Judges to be a war criminal advocating genocide.
- The Answerer is like a glass of water that just quietly sits there and requires nothing. It is always there and ready to quench your thirst though when you have need, You are the boss and in charge!

"If you can't lick 'em, join 'em." You cannot do away with your genetic blueprint so co-opt the Answerer as your un-god compromise to the happiness generating need for an alpha male. While you are at it why not go with the time tested and tried belief aid technique of religions since time immemorial (and the visual aid that self-help gurus so love) and put a glass of water someplace very conspicuous in your home. Cover the glass so you don't have to be incessantly topping it up and you have an inexpensive imprinting aid. (Since we are dealing with an un-god do we have here an un-idol :-) My glass is sealed by plastic wrap and sports an "Answerer" label made up on my label maker. Buddhism is a good example of the power of idols where in a godless religion they have nonetheless succumbed to them. Make your inevitable "dumb drop" a positive productive one where you not only satisfy your genetic propensity but also enhance your prosperity with an enabling Answerer.



God Competition



Even if your religious indoctrination is so strong that you cannot accept anything except that your God is real then the existence of a natural Answerer still brings interesting conundrums into your life. The Answerer is not a god and in no way tries to be. It is just a natural force and so there is no religious reason for it not to exist. It performs good deeds but so does every charitable organization and none of these is considered in competition for being a god. It is like a human charity but one that can operate on a spirit level.

The Answerer is a natural force that is competition for doing the things a god is normally expected to do. Appealing to the Answerer is much like going to a doctor to be cured of an illness, but for a cure at the spirit level, the level that a god works at. The problem is a god does not announce his acts by scrolling somewhere something like the famous graffiti "Kilroy was here" so that there is no way to distinguish something that arose from a god from something that arose from the work of the Answerer. The religious person's dilemma is to know which force is working when both "work in mysterious ways" that cannot be told apart. In real life we can expect the religious person to automatically out of hand credit all good happenings to his god because he "just knows" this. (Of course bad happenings are likewise never the result of the god.)

As a comic aside a true story of when a Christian redneck was asked how he reconciled Creation Theory with the very real and substantiation-able fossil record, he said it was easy. God created the fossil record to test the faith of Christians. Now there is a very committed true believer who is almost off the Bell Curve of Strength for belief!

Bb – I receive through My Gathered Strength

The Answerer as already noted is from our perspective a mostly inert static entity that must be activated to work for us. The other elements of Gathered Strength are what initiate the Answerer into action.

The Godhead Is Within Us:

We ourselves are the originating source of what befalls us



uccour (or the American spelling: Succor) is defined by the dictionary as: help; aid; assistance; relief or else as a person or thing that gives such help, relief and aid in time of need. Such aid has anecdotally always been known and codified in religions as acts of their god. Succour is real but it is a natural phenomenon available to all, equally to saints and the worst of sinners alike. The starting point of this help is your own Higher Self, the top tier of Awen, that is within you. In religious tomes this Higher Self is felt and often referred to as the Godhead,

The Higher Self is our gateway to psychic abilities and phenomenon as well as the Law of Attraction that is the basis of our Succour. The famous Edgar Cayce never channeled the spirit world because it was his firm belief that his own Higher Self, that he actually did channel, was just as knowledgeable as any entity that others channeled. This brings us to a caveat emptor about our Higher Self: it is not independent of the rest of our mind. We are the sum of our histories (Legacies) and your conscious desires may not be in step with other things you already believe. Your Higher Self requires congruent requests so when it receives contradictory or conflicting messages for what to do, it freezes up and does what in practical outcome terms is nothing. The messages it acts on must be clear or else be an idea with a powerful emotional factor for the Higher Self to act. Resolving these conflicts is elucidated in the book ASPS. (<http://awenman.com>)

While your Higher Self is actually weak in itself when it comes to the psychic abilities of directly creating flows of manifesting Cosmic Energy (such as in psychokinesis), it is nevertheless vitally crucial in making things happen. Your Higher Self is your contact point and medium with working with the helping entities that are the subject of the Ancillaries. The Answerer is the actual helper that provides the manifest Succor primarily through what is known as The Law of Attraction of Alikes (or commonly simply a LOA or the Law of Attraction.) The Higher Self can be thought of as acting like a valve to control the direction of Cosmic Energy flow. It is akin to a transistor controlling amplification or an example for the less technically inclined: it is like a controlling sluice gate that is used to control the large water flow of a dammed waterfall. The drawback is that unlike direct control there can be, and normally is, a time lag between the request and the response; with the response possibly not even being as originally imagined.

As a footnote your Higher Self is synonymous with your Guardian Angel which is its principle role.

A SANCTUARY STUDY:

Virtual Happy Place Sanctuary

An actual physical place sanctuary is vitally important for performing manifesting rituals (as well as unwinding.) Equally if not more important is a virtual sanctuary, one that is in Awen (your Higher Self) and so is with you everywhere and always. You are always in touch at an unconscious level with your Higher Self but a direct proactive way of consciously communicating with your Higher Self is to create a mental Sanctuary Study.

This alternative Sanctuary Study to a physical Sacred Space Sanctuary is a created virtual Happy Place Sanctuary in your head. A sanctuary, whether physical or virtual, houses your Sacred Space for Accessing

Awen. A virtual Happy Place Sanctuary can be created anywhere (and sometimes usefully so) but obviously the quieter a spot that you can find for it, the easier it will to relax, unwind and restore yourself. What it takes is the determination that once you are in your chosen place that you will now use your imagination to create a virtual bubble about yourself to shut out the world. While the sanctuary may be virtual, it is more propitious to work with a physical altar and its accouterments when entering your virtual sanctuary. The altar can be bare bones of only a couple of items but there should be some physical representation of this being your Sacred Space. Probably the most minimal case is to place your Philosopher Stone (please read the book Fabulous Fortune Forever for more information on a Philosopher Stone) in front of yourself as symbolic of the Personal Altar that should be there.

If your virtual Happy Place Sanctuary is ad hoc and created on the spur of the moment, two more important items to try to include are the Mystic Mace and the Mystic Mirror as aids for your work. (Information on the Mystic Mace and the Mystic Mirror is found in the book Accessing Awen.) The creation and endurance of a Sanctuary Study is ideally visual imagery but can also be just a felt sense. Practice has shown that while creating the room in some way (visual or felt) is not always difficult, being able to continue in it is hard so that persistence is necessary.

The first step in creating a Sanctuary Study is to relax so as to give your Awen, your subconscious mind, a chance to present itself and not be blocked out by a flurry of conscious mind activity.

Relaxing is like playing an instrument.

To become proficient, we must practice, practice, practice.

After that it is more practice until you are able to enter and work in your Sanctuary Study effortlessly. Creating a virtual Sanctuary Study, under various names, is not an uncommon practice. Detailed instructions for creating and entering a Sanctuary Study can be found in a number of books, including Accessing Awen.

The Good News

Good and bad are human values and are relative human terms. The Universe is neutral and this is why “bad” things happen to “good” people. From the Universe’s point of view: why not? – it does not make a judgment. Some people are born into abject poverty in a war in war torn Africa and some are born with a silver spoon in their mouths as into the British Royal Family, it is all the same to the neutral Universe albeit that the differences are dramatic for the individual. The **good news** is that even if you start life disadvantaged you can rise above and go beyond any negatives that you either inherit or are born with. And more good news is that you can start at any age or stage in your life: Colonel Sanders started his super successful franchise business at age 65 using \$105 from his first Social Security check. The lucky ones find that they can change their Karma Aura, whatever their origins or current situation. In the classic definition of Karma the good deeds you do prime your Higher Self to return good things to you, an automatic unconscious cycle. The **good news** is that you can consciously “prime” your Higher Self to return to you whatever it is that you desire. This priming can be a variety of methods including: prayer, rituals, visualization, affirmations and variations on positive expectant thinking. A good vehicle to use is your Sanctuary Study. The ‘priming’ is the starting point for activating the Law of Attraction and an excellent manual for manifesting this way is found in the book Accessing Awen. (<http://awenman.com>)

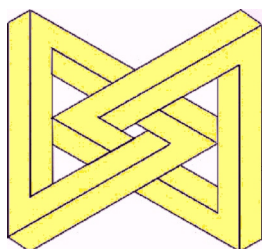
The Future

Conscious attempts at using Cosmic Energy directly such as in psychokinesis are very inconclusive. If there has been any success at all so far it is only with very small objects, and even then not under scientifically controlled experimental conditions. There is a hint that it is our knowledge that is the shortfall because in times of extreme emergency there are anecdotal stories of even physically weak women using powers well beyond themselves and doing impossible tasks of lifting a heavy car to free a child who was accidentally trapped under it. The Higher Self is still mostly a great mystery.

Guardian Angel

the Actualizer

Your Guardian Angel makes up the second of the SEMINAL SPIRITUAL SUPPORT Trinity and the first actualizing or activating one. Everybody has one because it is a function of your Higher Self Mind. It is the part of your brain that does the actual communicating with your Personal Spiritual Aide, the Answerer and the Spirit Guides. It is your gateway to the Nether Realms of the Ether Universe. It also has a function to look out after you (it is the counterpart to your Superego's function to help you act morally and even punish you for transgressions) so that it does a lot of background work to organize what is needed for your well being, as well as call up the various Spirit Guides when required. You are already in constant contact with your Guardian Angel because it is after all part of you but like all brain functions it can take instructions of your wishes from your conscious mind thinking. Please give your Guardian Angel a loving name as anthropomorphizing this function makes it more real and easier to deal with. A personalized name is an aid to contact your Guardian Angel as an avatar of your Higher Self as well as its roll as the ad hoc collective avatar of your Life Force Team. Literature is replete with the workings and benefits of your Guardian Angel so please refer to outside sources as to why you are so lucky to have a Guardian Angel.



GUARDIAN ANGELS:

It's A Personal Experience

We all have a Guardian Angel, it is an aspect of your Higher Self. It is even part of the Roman Catholic beliefs since the Pope endorsed the concept. However the reality is that a Guardian Angel is not something that has been “put there,” that has attached itself to you, but is actually you, yourself. That is why all people have a Guardian Angel and not just Catholic Christians. That it is a natural part of you is actually the reason that we all have one, and is not something that by some miracle happened to find you. The clue for this comes from the writings of Sigmund Freud. What he actually found is that we all have a Superego, a conscience, an independent thought critic of our action and thoughts. He opened the door to unique areas of the mind with specialized functions. A Guardian Angel is a similar construction but a positive, helping one rather than a criticizing factor. It is the glass half full and not half empty, We have our instincts and they work as a Guardian Angel to our benefit. This is why just ordinary visualization in this Physical Universe can produce results. Our Guardian Angel picks up on our wants and does the manifesting work with the Law of Attraction through the auspices of the Answerer. It sends you guidance as to what is already within you but can also be approached to be fully helpful with sending insights about things that consciously concern you.

The Rune Connection

Beitgeist means the spirit of the times or era so your Personal Zeitgeist is the spirit of your lifetime. Being considered the spirit of your lifetime is another way of saying our Guardian Angel, a savior. Remember that while a Guardian Angel is commonly thought of as a separate entity it is not really such but is a protective adjunct of your soul, your Karma Aura, that is looking out for you. In the second (right hand) half of the Rune aett Hagal are Eiwaz (ᚱ), Perth (ᚦ), Algiz (ᚷ) and Sowelo (ᚱ). As shown in my book RnR Runes and Remedies the Viking rune glyphs correspond to the English alphabet letters Y P Z S. YPZS as an anagram stand for **Y**our **P**ersonal **Z**eitgeist **S**avior, another way of saying your Guardian Angel. This is especially true since the meaning of these Runes are: Avertive, Fortuitous, Triumphant and Life Forces respectively, the very positive aspects of a Guardian Angel. It is fitting that the symbol for these propitious combined forces of the Guardian Angel is the Ontic.

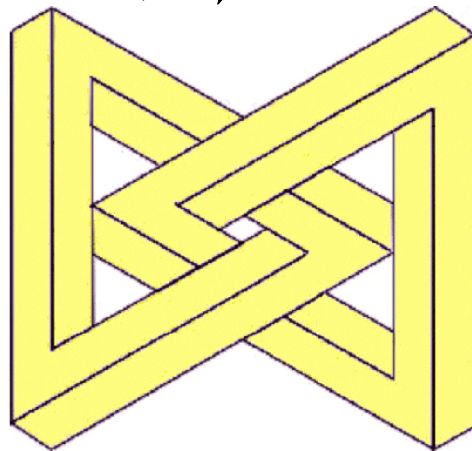
The left hand (sinister?) grouping of the Hagal Aett are Disruptive (ᚱ), Trying (ᚦ), Retarding (ᚱ) and Delaying (ᚱ) Forces that correspond to the letters H N I J. If you put the other three Runes between an exploded Delaying glyph you get: <ᚱᚦᚱ> which is an Evil Eye. The three bracketed Runes are an anagram for **H**armful **N**egative **I**nfluences.

An Evil Eye is one of the things that your Guardian Angel protects you against!

(note: the expression below is a combined modern and very ancient Egyptian well-wishing)

**May the Force be with you
along all the dark and empty paths
you must walk.**

THE ONTIC ᚱ IS ALSO THE GOOD LUCK SYMBOL OF YOUR



Guardian ᚱ Angel

Ancestor(s)

My Personal Spiritual Aide

This for most people is the emotionally premier important entity that they can call on. It is the soul of a very special loved one who has passed on. It is someone you had a very special and close relationship with when they were alive and fortunately this relationship doesn't change just because they are no longer here physically. That person still loves you and has your best interests at heart. They don't have the clout to do things for you the way the Answerer can but emotionally, and as someone to talk and bare your soul to, they are there for you. They will work with your Higher Self, your Guardian Angel, to build a "lens" to focus the power of the Answerer for your benefit. Your Personal Spiritual Aide is usually a single entity but for some fortunate people it can be more than one. An important consideration is that such an Ancestor entity may be working on your behalf and that you are not conscious of. It behooves you to explore who such an entity might be as you can greatly increase your personal comfort by knowing and hence interacting.

Very often this entity is your mother. History is full of people that had this special relationship. As an example former Canadian Prime Minister William Lyon Mackenzie King was well known for consulting with his deceased mother. This sort of relationship is hardly a revolutionary idea as who was normally more important to you (and you to them) when you were growing up, especially in your early years.

First my mother – forever my friend

Ancestor Worship

Ancestor worship is the generic term for a practice found around the world and through all ages. Often the term is literal with some culture or religion actually worshiping their deceased ancestors as gods but it is much more generally found as the true respect and honour given to those who have gone before. Consulting deceased ancestors is common practice. We have here shown that the Answerer is real and that it is a composite of our souls. That means that we can also experience individual souls, especially those close to us. In this real world if you feel you are talking to your deceased mother (or other person now in spirit), you are! You have all of history to back you up that it is a real experience. A personal spirit connection might not be as powerful as the Answerer in materializing things but the personal connection is priceless in terms of emotional support. Create an Ancestor Altar (however small, maybe just a special object strategically placed) and be respectful. (The **Ancestor Altar** here starts with capitals as it is a special setting that you create and visit as a respectful memory.)

Some westerners might think of ancestor worship as being from some other part of the world. It comes to us in the west from our pre-Christian era. Early Europe was illiterate and the traveling troubadours were the conveyers and preservers of our culture. What are now called fairy tales once were adult entertainment that the troubadours used to pass on common knowledge and morals. In the original (and definitely pre-Disney) Cinderella story when she is prevented from going to the ball she runs to her mother's grave to seek compassion and solace. It is then her mother's spirit (commonly in many versions through song birds) that comes to her to help her catch her Prince Charming. In pre-Christian times it was accepted that this could happen, it was part of our Western ancestor worship culture. In more modern times William Lyon Mackenzie King, Canada's wartime (WWII) prime minister, held secret séances and had frequent conversations with his dead mother. King remains the most well-educated of Canadian prime ministers. He studied at the University of Toronto, Chicago, Harvard, and the London School of Economics and held a doctorate in

economics. Communing with those in spirit has always existed in the West, even if in private as opposed to public practice.

If you are looking for emotional support you don't need the amassed heft of a Collective Unconscious to satisfy your needs. Individual souls of people significant to you are still attached to you and so can be called on for yeoman duty to help you overcome the rough parts of life, rough parts great and small. They are a resource available to you and just waiting to be called on.

ANCESTOR ALTERNATIVE

How to Effectively Address the Answerer

Our prime personal succour is our "Ancestor" as detailed above. Some may feel they don't have an Ancestor to approach and so a time tried and proven alternative is the Answerer.

“**W**hat a friend we have in Jesus, all our sins and griefs to bear! What a privilege to carry everything to God in prayer!” Fortunately the Christians do not have an exclusive on succour and these famous lines are really talking about feelings that are created in us, feeling that are actually generated by the Answerer (just as they are for a person of any other religion) working through our Guardian Angel/Guides as explained above. No one actually sees Jesus, these feelings are a felt presence that has been subjectively created in us. Adherents to every religion around the world will attribute this felt presence and positive outcomes to their god. With the Answerer there to actually make this very natural phenomenon experience happen the felt succour is a very real, down to earth and practical experience that everyone can have, fantasized gods not needed. This personal succour is a byproduct of the Answerer being us and understanding our human nature so well because of its Laplace Demon quality. A parallel showing that it doesn't take a god or another fully sentient human to provide this personal feeling is the love and companionship we can get from a pet like a dog (that's god spelled backwards:-) Any dog owner will attest to the unconditional love they will receive from their dog. The dog is completely oblivious to the moral nature of its owner, a practical lesson of how the Answerer treats us all lovingly and equally and is not swayed by human values.

If you feel you are alone and friendless, then this is only true because you are feeling this way. You have a friend in the Answerer who knows you very personally as well as being very understanding and supportive. You just have to recognize the Answerer as a friend and let the Answerer be that friend to you. How to do it? This is most poetically answered by the rest of Joseph M. Scriven's, 1855 psalm. It has been modified to be appropriate to the Answerer's personified name as the Lord and Anna Gaia (as explained above.) A Spirit Guide can also do well here.

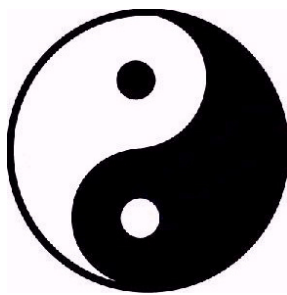
What a Friend we have in the Lord, all our sins and griefs to bear!
What a privilege to carry everything to the Lord in prayer!
O what peace we often forfeit, O what needless pain we bear,
All because we do not carry everything to the Lord in prayer.

Have we trials and temptations? Is there trouble anywhere?
We should never be discouraged; take it to the Lord in prayer.
Can we find a friend so faithful who will all our sorrows share?
The Lord knows our every weakness; take it to the Lord in prayer.

Are we weak and heavy laden, cumbered with a load of care?
Precious comrade, still our refuge, take it to the Lord in prayer.
Do your friends despise, forsake you? Take it to the Lord in prayer!
In his arms he'll take and shield you; you will find a solace there.

The Answerer acts much like an ancient Lord of the Manor that responds to requests of his vassals and is compassionate and sympathetic to their plights. So the Answerer can be personalized by calling it a lord, or the Lord. (People do so love to give anthropomorphic characteristics to things important to them.) This isn't anything different than what religious minded people do with their gods, we can take a lesson from what others have found so very successful.

The Answerer is a disciple of the laws of nature even if it can manipulate those laws at a level that we still cannot even dream of. As such what we experience is the Answerer as a powerful avatar of nature. Mother Nature Anna Gaia can be thought of as an avatar of the Answerer, an avatar of the natural forces we just talked about. History seems to show that a mother figure is found more sympathetic and soothing by many. A mother figure just seems a more empathic and loving listener to your problems. By recognizing the Answerer as an equal duality of a male Lord and female Mother Nature Anna Gaia, the same force in two humanized and personified forms, we give recognition to the fact of life that men and women are equal partners on our journey. The power of a duality is buttressed and supported by the ongoing yin / yang philosophy that is so prevalent everywhere.



In addressing the Answerer you want to use the names Lord and Anna Gaia as being both personal and respectful. This pays huge psychological dividends in your attitude. You want to use every trick, technique and gimmick that will help you garner success.

Other Friends

OH WHAT A FRIEND WE HAVE IN...:

We need not feel left out just because Scriven's psalm was written for Christians. The truth is that Jesus in reality is just a Spirit Guide entity as defined above and is not the unique fictional god that the faithful envision. Actually the Jesus story and New Testament are the latest cycle in the extremely ancient man-god myth (found first recorded in the writings of the Mystery School of ancient Egypt) and here the New Testament is mostly a co-opted retelling of the Horus myth that was contemporaneously found in neighbouring Egypt. All who seek the Succour of a "friend" will find it. Spirit Guides of all ilk are just as surely friends as a Jesus is to a Christian,

People have always found it difficult to relate to something completely ethereal and hence our historic preoccupation and penchant with idols. If you feel better about having something substantive borrow from what there is and purchase a small statute of the Virgin Mary (preferably without any Cross symbols) as your anchor to Anna Gaia or your Spirit guide. For male guides there are lots of statues of saints. Religious items are mentioned here as they already have a natural facilitating mental connection to supporting ethereal forces, but anything, yes anything, that will help you get in the prayerful state of mind that aids manifesting is just as good. If you have a Spirit guide that has become your friend then anything that represents its personality to you is a great aid. While inanimate objects can be imbued with helping Cosmic Energy (as outlined in the book *Fabulous Fortune Forever* – <http://awenman.com>) there is no need to confer godhood on them.

Big Brother / Sister

If you feel your life is a mess, only bad things are happening to you and everything is falling apart, then you have only yourself to blame for this and not the Lord/Anna Gaia. The Lord gives you what you ask for, good or bad. It is the Buddhist concept of Karma, what happens to you is a result of your past as well as present thinking. Take proactive steps to better yourself as nothing will change until you do.

If you were born into less than ideal circumstances it is obviously not Karma at work. The universe does not play favorites and no matter how special you think you are, the unfortunate truth is that you are just another cog in the wheel that can be birthed into any circumstances, whether those circumstances are “good or bad” is a human evaluation. What happens now in the future is up to you. Horatio Alger stories resonate here because anyone can rise above even the worst of circumstances.

Many people are victims swept up in the zeitgeist of the times. We are not independent entities but subject to the stronger forces of society surrounding us. This means many are just innocent victims of life. The ray of hope is that there are always survivor stories of people escaping the worst of circumstances. You can be a survivor, actually a conqueror, if you can muster enough Cosmic Energy to your aid. This will of course require prayer and the effective use of the Law of Attraction.

The redeeming common factor is that if you apply yourself you are not alone but have a big brother / sister to listen to you and help you along the way in the Answerer. Everything comes to him who waits is true but must be tempered with “time marches on” and your window of time for success to arrive might be a little wider than you would like, but be patient, your time will come. This comes from the concept of patient detachment from the outcome, a powerful success strategy. Dream your dream but accept the Answerer’s timetable. Putting your own timetable on things only muddies and hampers the process. Big brother / sister always comes through.

My Adjuvants

INTERACTIVE FORCES

What has been considered up to now have all had an animated element to them. But energy can and does exist independent of animation and these forces also affect you. These energies are part of your personal flow. The importance of Personal Flow (and that is what your Temporal Forces represent) has been actually known for centuries as the Gospel of St. Thomas (Verse 70) quotes Jesus as saying: "If you bring forth what is within you, what you bring forth will save you. If you do not have that within you, what you do not have within you will destroy you." This quote is in the same spirit as Nietzsche’s “What doesn't kill you makes you stronger.” Putting hope and faith into outcomes that are not in your Personal Flow is dangerous as only failure will result. Depending on what concomitant commitments you have made, you could be in serious trouble when failure finally hits home. The good news of course is that your Temporal Forces, your Personal Flow, is amenable to change so you can recreate your future to your liking. Recreate and then it is on autopilot for what is now “within you.”

The penultimate members of your Gathered Strength are elements that can be considered supporting players. They don't make the discretionary decisions but they do input into what those decisions will be as well as help carry out the established game plan, your natural Flow. They make decisions and take actions on what is happening rather than the what should be happening. As admonished in the last paragraph “recreate” these elements “within you” so that they are contributing to your envisioned Charmed Life of Fabulous Fortune Forever.

AWEN

Awen is the conscious of your subconscious mind and the subconscious is one of the trinity of your conscious, subconscious and superconscious (your Higher Self.) It is the workhorse of your thinking and the source of Legacy (mindset) actions. It never closes down and sleeps, in fact sleep is one of its productive times to review what was absorbed during the day and to now make sense of it. This is the source of your instinctive and intuitive thoughts. Classic Eureka moments are when Awen has broken through to the conscious. It is the direct interpreter of Legacies, your past history and so is the actual source of most of what you consciously think. It is the actual “you” that you think of when you think of who you are. Awen works with your Abettors to provide what, according to your past stored memory history, is best for you. The problem of course is that times change and what was once best for you has also now changed so your conscious mind now has to change that historic Flow to be in step with your current needs. Awen can only think in the classic $1 + 1 = 2$ mode and not the $1 + 1 = 3$ mode of the conscious mind.

Karma Aura

You have a number of auras but the prime important one is your Karma as it provides the blueprint of your future life. Your Karma Aura is Soul Memory energy and is what has also been identified as your Kundalini energy that carouses through your body. The importance of the Karma Aura is that it inputs to the Answerer for action the memories it has and so is able to influence the progress of your life. It is a completely mechanical process and is one where the aura can be changed for desired new direction results.

Through the Law of Attraction you affect your future with your amassed body energies that are like a blueprint, i.e. your karma, around you.. This blueprint energy is like a corona aura around your body and its auras. While growing up your Karma was naturally programmed as part of your socialization process and represent your historical natural Internal Flow. Fortunately this Inner Flow can be altered to help alter your daily External Flow life; i.e, your ongoing daily life. Arts like manifesting with the Law of Attraction, affirmations and prayers can be used to give yourself a better status in life. You can ask that this Karma Aura strengthens to overcome obstacles and create its reality in your life.

Some Affirmations for good karma

What happens to me I create.

I am the author of my fate.

My inner world creates my outer world reality

I let external factors be my starting point only

Opportunities, growth and rewards are my focus

Goals, Begin It and optimism form my locus

I begin with the end in mind for goal activities

Projects that enable my goals are my priorities

I am constantly seeking to know

This is forever making me grow

To increase my abilities I work diligently

I am always sharpening my mental agility

I am bigger then any problem I may face

growing bigger when needed is what I embrace

In spite of fear I will act decisively

Calculated risks I take knowingly

I seek to understand, then to be understood clearly

I don't take anything at face value or personally

I promote myself most enthusiastically

My personal value displayed passionately

Win/Win is the only strategy worth creating

Persistence is the only path worth taking

My word is my bond and so is always impeccable

I try hard to do the best of what I am capable

Please see Aa – I have a soul for further analysis of the Karma Aura and how you and your destiny are interwoven with it.

the Ancillaries

Your Ancillary Interactive Forces are other aspects of you that directly influence your life on a daily basis. Some are active entities like helpful spirit guides while others are aura energy fields. There are two dominant groupings looked at here: Spirit Guide and Other Auras.

My Spirit Guides



pirit Guides are a third element in your Adjuvants. A major difference between your Σ (Life) Force Team and Spirit Guides is that you talk to your guides rather than pray to them as they are your equals, but on the Ether Plane. These are mostly ad hoc Ether World entities that your Guardian Angel can call up but they can also be actual departed souls that want to help. In some cultures Spirit Guides come in the form of animals or birds and in some spirit cultures they can even be the attributes of objects. Again literature is replete with the workings and benefits of your Spirit Guides so please refer to outside sources for further edification. Some claim that we can have as many as thirty three Spirit Guides over our lifetimes. Below is a list of some commonly encountered ones:

- *Helpers to guide you in getting what you want*
- *Runners to find things that you need*
- *Healers to administer to matters of health*
- *Teachers to bring needed information to you*
- *Many others*

Anatomy Of Entities

While our Guardian Angel is our primary source of providing good guidance in daily life it also is the primary source of our personal Spirit Guides as stated above. You have a whole “Team” supporting you. Our Guardian Angel is not the only source however because as explained in W-Universe Unfolding below other entities can be created by thought power controlling Cosmic Energy. These entities would be primarily ones that are held in common by many people. There may not be a god as envisioned by its adherents but there is a Wimage entity that is a composite of what its adherents expect it to be. Since, over historic time especially, only a relatively very small amount of people contribute to this Wimage construction it is not very powerful in the Cosmic Energy that it can control. Prayers to this Wimage would automatically be mingled with the work of our Higher Self (the prayer does after all come from a person) so it is hard to distinguish the Wimage’s positive component, especially since it would be very small.

Two interesting things come from the knowledge that there are these Wimage constructions. First is that while a Spirit Guide can be normally expected to come from your Higher Self, this need not be so. You can become attached to any Wimage that is useful and needful to you by attracting it through your wanting the type of help it can provide. The attracted Wimage, however created, is now a de facto Spirit Guide for you. This provides a backing for the help provided to Catholics by the Virgin Mary and the various saints; they are more than just emotional stimulus generators for creating more powerful Intends in working with the Law of Attraction. A second spurious though is that with the Christian penchant for talking about the Devil, the Devil is at least as large and powerful a Wimage entity as the God. “The Devil made me do it” may be more than just an excuse!

Still another source of Spirit Guides is actual soul entities that you may be in contact with. If you have some sort of affinity for the soul there may exist a strong active interaction with it. Be careful of attracted entities. Past life recall research (in tracking down the historicity of recalls) has shown that what is sometimes remembered as a past life is actually just the attraction of sympathetic Wimage memories of someone still living. Make sure you understand any entity that you attract.

Ancillaries Revisited

People have always talked about “spirit guides” as being helpers. These are smaller ad-hoc versions of the Guardian Angel. The Guardian Angel is the master, alpha-male or Mother Superior construction and normally has under its charge the various guides that often seem to come and go. We say Spirit Guides are normally under the charge of the Higher Self but they can be independent as well. Is there any evidence for this sort of activity? In Neuro-Linguistic Programming (NLP – a school of psychology) there is a case study reported by the school’s founders in their early books of where to cure errant behaviour they hypnotized the subject and then asked for the part of the mind that was responsible for the behaviour to come forward and talk to them. They then haggled for the substitution of acceptable behaviour. This was a case of a “spirit guide” doing its work without being aware of the bigger picture until it was shown the way. It worked; and how was this whole “cure” possible if the mind does not have sub-pockets of activity. Modern science is finding more such structures in the forebrain as in the anger control center, and one that has even been given the name of the “God Module.” One researcher has identified different aspects of human intelligence by the areas of the brain that are active when that intelligence is invoked. Spirit guides and your Guardian Angel do exist, but as part of your evolutionary forebrain and not as something “out there.” Most spirit guides are just different aspects of yourself but this does not preclude there being actual ether world entities that will interact with a sensitive person. If your guide takes a very special form that is somehow very unique and relevant to you, then it probably is you.

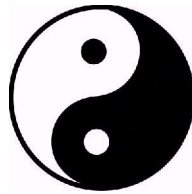
So why all the fuss about Guardian Angels, Spirit Guides and helping entities? Because as part of your Higher Self they are in touch with the Answerer and as such have resources available that your conscious mind does not. Edgar Cayce, the famous psychic, always channeled his Higher Self and never ether entities. He always held that his Higher Self was just as smart and knowledgeable as any entity and so why bother with anything but his own Higher Self. This is an important point because as your connection to the higher realms you should always welcome your Guardian Angel into your Sanctuary Study (read more on your Sanctuary Study above and in the book *Accessing Awen*.) In your Study you can question your Guardian Angel or a guide (you have to find one that will help) about what is happening to you, to those around you and to your little corner of the world. Remember that guides come ad-hoc into your life to help with a special purpose. Stick to the issue as asking the wrong guide will get you false answers; the wrong guide will tell you what you want to hear just to please you rather than what it is that you want to know. In your general waking state working with Runes as found in the book *RnR Runes and Remedies* is an excellent alternative since you cannot always go into yourself to be in your Study. If you are able to go into yourself then consulting with your Guardian Angel and guides is very useful anytime, and especially so in your Study where you are seeking to know more

My Other Auras

You have other energies that like your Legacies work at the subconscious level and exert force on your immediate destiny. The Wisdom Body was identified by Joseph Campbell as the instinct derived one that does things like have a new born baby just “know” how to nurse without taking special training courses. It is commonly seen in the animal kingdom among animals who do not rear their young but the offspring nonetheless know how to function. The Pain Body is another name for cellular memory outside the brain. The strong evidence clearly identifying it comes from organ transplants where the recipient suddenly has new talents that were owned by the organ donor.

- Wisdom Body
- Pain Body
- “Past Life Memories”

Past Life Memories are Wimages (please see W-UU below) that have become attached to you. They are not your actual past lives as reincarnation is a local religious concept and doesn't exist in reality. Since your mind cannot distinguish between real and attracted memories once imbedded they are acted upon as if real. A real nasty bad one (often called a devil in the west and a djinn in the east) is usually identified as a possession and something that has to be exorcised



My Adjuncts

REACTIVE FUNCTION IMBUEO

TEMPORAL ENERGY POWER FORCES

Adjuncts react to being directly stimulated to action rather than initiating independent courses of action on their own. This activation can however be a long term effect. They do not have any discretionary power and are notoriously noted for literally delivering what was asked for rather than what was wanted. They are commonly small material items possessing TEMPORAL ENERGY POWER FORCES that shape circumstances as they happen. They are activated to do their work so they must have your direct guiding presence to do something. Then they act as a Cosmic Energy lens much as your Actualizer and Ancestor(s) do with the Cosmic Energy of the Answerer

As an interesting aside that while we here primarily consider the major source of succour, the Higher Self, help can actually come from many sources. History is replete with stories of storehouses of psychic power

and energy, the milder storehouses being alchemist's Philosopher Stones, magic wands, amulets, talismans, good luck charms and such. We look at these magical clues for what can be here explained and utilized for personal use.

Cosmic Energy pervades all as everything is made of atoms, and further down Strings that vibrate, and at the utmost core: Cosmic Energy. As is elucidated in W-Universe Unfolding, Cosmic Energy is attached and part of objects so we can empower objects with energy and then use them as aids. This storehouse of energy is linked through our creation of it to our Higher Self and by this link we automatically create a link to our Collective Unconscious, the Answerer. Since our Higher Self is always in touch through our soul element with the Collective Unconscious it becomes a three way link, with the object having unimpeded access to the Answerer. The power that can be imbued by us into objects is not great by universal terms but the amount is definitely sufficient and effective in personal terms. Like ourselves through prayer, the empowered object is just a catalytic factor, or lens for Cosmic Energy, for much greater results. The object is inanimate without a will of its own to change so it can be permanently programmed for manifesting in an imbued way, becoming in effect our automated continuously manifesting source for our benefit. Excellent resource material for putting objects to work for you is found in the book Accessing Awen with its very practical suggestion to acquire a "Mystic Mace" and in the book Fabulous Fortune Forever where you make very effective use of the Stones of Power. (both books at <http://awenman.com>)

Amulets and Talismans

After your Karma Aura a second source of ready automated strength for you are amulets and talismans. These can be the Stones of Power outlined in my book Fabulous Fortune Forever or even just something simple like a lucky rabbit's foot that you have acquired. These are passive items that have energy stored in them, energy directed to your benefit. They are the classic Lucky Charms that are the harbingers of good fortune.

They are elements that like the Stones of Power mechanically do their jobs of attracting as they were imbued and consecrated to do on an ongoing basis. Whether it's an ancient Egyptian Ankh good luck symbol of eternal life or a more modern Lucky Rabbits Foot the best argument for their effectiveness is that they are so universal and have a historic and world wide chorus of people who swear by them. (Why fight the odds?) Modern psychology has also found that the belief in your good luck charm is a self fulfilling prophesy which will put you in a personal positive optimistic atmosphere where better things do actually happen to you. Much medical research shows the destructive nature of negative stressful thought (like accelerating entropy in telomeres that are active in aging) while positive thoughts (like humour) even have been recorded to cure cancer. This positive attitude and the energy drawing power (even if scientifically unproved) will be enhanced by your addressing the charm and that makes this the first of your TEMPORAL ENERGY POWER FORCES.

An excellent source of how to acquire very effective life-long amulets is found in my book Fabulous Fortune Forever. How to best find and activate three Stones of Power to work for you is covered. Further work for specific causes can be performed using Runes and pertinent information can be found in my book RnR Runes and Remedies. Also please check elsewhere here on the Ontic being the Good Luck symbol of your Guardian Angel and an excellent defense against the Evil Eye (a bad luck harbinger since Egyptian times and even earlier.).



The logo of Fabulous Fortune Forever the represents your empowering Stones of Power.
Please see my book by the same name.

Accoutrements

ad hoc Catalytic Conveyances

A more active source of positive power for you are accoutrements that can be described as Catalytic Conveyances. These are things that you ad hoc incorporate in some way to facilitate what you are actively doing, they work like catalysts do in a chemical reaction. It is done in a more active way than just imbuing Cosmic Energy into an object like an amulet or talisman that you then just passively keep around. You are making use of a catalyst to enhance your active efforts and bring into your life what you want to receive..Some examples from the books I have written are:

Runestones

Mystic Mace

Magic Mirror

Precious Pendulum – the Diviner Stone of Power when it is part of the set

A very convenient catalyst for power is the classic magician's wand, the Mystic Mace just listed. It is a universal tool of power used since time immemorial. Again just the preponderance of its existence supports its power as science is clueless as to the energies involved. You can acquire your own wand, a Mystic Mace, as described in my book *Accessing Awen*.

These are the first of our TEMPORAL ENERGY POWER FORCES because even if you don't always use them directly, through usage they also acquires a store of energy that can be successfully enhanced and accessed by addressing it.

Activated Environmental Elements

These are things in your environment, like healing Lourdes, that are able to play a role in your life when you invoke them. Like Lourdes they may be in the public domain and shared with others but they give you yeoman service when called upon and so qualify for inclusion in Your Gathered Strength. These do not have to be a public and an acknowledged place or residence of power. They can be as private as the grave of a loved one or the solace some find in going to a church, temple or synagogue.

A very clear example is to visit Lourdes for healing. Lourdes is considered a place of power with many stories, some even officially confirmed by the Catholic Church, of miracle cures happening. It is considered an active talisman because you have to go there to ask for and receive the benefits. On a more prosaic note it is found to be very psychologically relaxing and soothing to take an outdoor walk that includes lots of greenery and trees. This then becomes your very own special private retreat, even if it is only a park in the middle of a city.



Bc – I must ask to receive

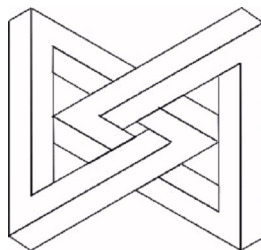
(the Σ (Life) FORCE) It is responsive to our supplications



he importance of this particular force (the Answer) to us is that it has an affinity for humans and so can be called on for help. The caveat emptor is that you must ask or otherwise do something proactive to receive. This asking for help is commonly in the form of prayer as well as an invoking by various means of what is now known as the Law of Attraction. That the Collective Unconscious is us (our living souls are as much part of it as the souls of the deceased), is the explanation of why it interacts with us. In acting on our behalf this omnific force is working within the natural bounds of, and in accordance with, the universal Law of Attraction. A limitation to the Omnific Force is that as a natural phenomenon it follows Newton's First Law of Inertia and will only react when acted upon. This is why religious, spiritual and metaphysical guidances say that you **must ask** to set things in motion. The omnific force has to be called on, either at a conscious or subconscious level (through our Higher Self) to intercede on our behalf.

A second limitation, besides having to ask, is that the Answerer can only reassemble what is and not create something completely original. The Law of the Conservation of Matter states that matter can be neither created nor destroyed, it can only be rearrange and this applies to the Answerer's ability to perform. The Answerer does not have human "imagination" or the emotions to drive such an imagination as we humans do. Without a physical body and a need to protect that body there is no need for an Answerer to have an imagination to create new solutions. This means that it can only manifest phenomenon if it has a model of previous action to build on. In this respect it is like the unconscious human mind that can only think in terms of $1+1+1=3$ and not like our conscious sentient mind that creatively uses the equation of $1+1=3$. As an example the Answerer (through requests by the mind) has been shown to be capable of curing cancers, but just don't ask for a medical cancer cure pill (something completely new.) Such a pill does not exist and so it cannot be brought forth by the Answerer. The cure comes from activating natural processes of "spontaneous remission." Fortunately humanity is so deep and the human experience is already so broad that any problem you might face is normally not unique to you alone and already has a parallel elsewhere, a parallel on which to draw.

An example of this kind of "reactive" limitation also comes from animal kingdom. All solid matter is in vibration so that animals also have their own variation of a collective unconscious. Without the animals having our forebrains and sentience their collective unconscious is much more limited and they cannot actively draw on it as a resource; they can respond to it though. What research has shown a number of times is that if one animal or bird of a species finds a useful and new way to do something, then very quickly every other member of that species (around the world and without direct communication) now picks up on the new behaviour. The new useful $1+1=3$ behaviour was not created by the specie's collective unconscious but that once hit upon by a member their collective unconscious was reactively able to communicated it to other specie's members.





How to maximize the Flow of Cosmic Energy that the Higher Self controls, or is capable of controlling

Now that we understand a bit about the Answerer we can delve into how it directly relates to us in a material way. Under the heading of Our Horn of Plenty are some limiting considerations and then the primary way to initialize the Answerer through prayer.

OUR HORN OF PLENTY:

The Source That Has Always Been There



The Cornucopia, the Horn of Plenty, is a symbol of unlimited granted wishes going all the way back to the fifth century BC Greek mythology. The Cornucopia is often pictured with the goddess Fortuna holding this magical goat's horn filled with fruit. This is echoed in Viking Norse mythology with Mimir's Well where wishes were granted if you threw a gift, commonly a coin, into it (we still do that, don't we?) In Norse tradition Odin threw one of his eyes into the well to obtain all knowledge, including knowledge of the future. The myth that there is an infinite source of abundance is ingrained in human psyche from time immemorial memory. The mythological memory was created by a natural appreciation of the Law of Attraction and its corollary the Power of Prayer (today we find the Law of Attraction more powerful so we now put it first with prayer being a trigger.) This cultural memory long predates any existing religion, the memories that try to incorporate this natural phenomenon as gifts from their gods. The myth of the Horn of Plenty comes from reality, the reality of the Answerer acting in our lives, and we will here investigate how to incorporate this reality into our lives.

Limitations On What Can Be Asked For

You cannot change the Laws of the Universe, especially entropy, you can only manipulate them to be more favourable to you over a period of time. And yes you can manipulate things to be "favourable" to you because "favourable" is a human evaluation of circumstances. Things happen, time marches on, and you can but put an ameliorating spin on events relative to you. You are part of the much greater humanity that is very definitely shaping your destiny. You can only make what are very small adjustments. But take heart! What are very small adjustments to the greater Flow of things can be major factors in your life. It is just a matter of relative importance and perspective.

Time is one of the dimensions of the universe that cannot be changed, just like entropy cannot be permanently changed. Nor can you change that you are part of the greater flow of your society. You can only adjust your niche in the greater Flow and the amount of change is a factor of the amount of Comic Energy you can muster as well as your window of opportunity to act in.

Individual “miracles” happen when someone has been able to muster enough Cosmic Energy, either by their own will, through help from the Answerer, or through Karma by just being the right person at the right time (we don’t control everything) to overcome the circumstances of the Greater Flow of Society. The truth is also that the people who experience “miracles” more often than not are the ones that attracted them, when others could not.

Pareto’s 80% is at work. So yes there is still the 20% that cannot be done anything about and comes by the luck of the draw due to prevailing forces outside ourselves. Someone will be the lucky lottery winner even though from the individual’s point of view the odds are impossible.

As a practical expediency it is always best to ask for what you want no matter how impossible you may feel it is. The Answerer has many more resources than you can even imagine so something may be impossible only from your perspective. Also always ask for the real benefit that you want and not a specific item (material goods are only wanted for a benefit they provide) as the Answerer is much better at getting such results. Finally do ask for the benefit and don’t tie the Answerer’s hand by being specific as to how it will be delivered to you, again the Answerer has many resources that you won’t even think about.

In spite of the positive words here there are still things that will never be forthcoming. The rule to live by seems to be the well known aphorism: accept the things I cannot change, have courage to change the things I can and have the wisdom to know the difference.

LOA Methodologies

Law of Attraction methodologies are nothing but prayers on steroids. The objective is to maximize the Wimage that does the actual activation of the Answerer and the strength of its reaction to manifest for you. Law of Attraction methodologies are efforts to achieving maximum strength and effectiveness that go beyond prayer. The secret of the book “The Secret” and of success with manifesting with the Law of Attraction is intensifying to the max what you think, see and feel about your Intend. Good emotions and concentrated visualizations commonly created by these Law of Attraction methodologies strengthen a Wimage and so your request. Research shows that the mind creates feel good hormones when it plays “games” and a ritual is such a game. This is why the manifesting rituals found in the book Accessing Awen are so effective.



Prayer

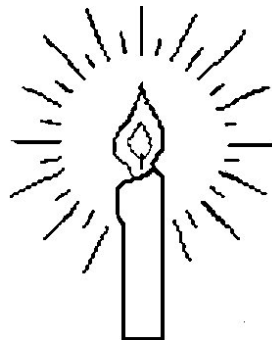
Prayer is the basic and historic process of contacting the Answerer and so getting what you want. You must ask but there are no fixed rules for asking so even strong wanting is a silent asking, an ad hoc informal silent prayer. There are however established guidelines for more effectively asking and these are elucidated in the book Accessing Awen. (<http://awenman.com>) Please keep in mind that utilizing the Law of Attraction is also a form of prayer.

The Answerer is like a computer where when you push the right button it responds by turning on. The trick is finding the right button to push. The right button to push is prayer and the right way to push it is not to be emotion free. It is however our emotions that come into play and not emotions from the Answerer. The reason for the importance of our emotions is that they create a more powerful Wimage, the Wimage that does the attracting. Wimages are later considered further under W-Universe Unfolding.

Prayer must also be in the form of a request, you must ask for what you want. If it is not a request then it is a statement, one that puts you in control as the statement maker, and so there is no reason for the Answerer to become involved in something that you are in charge of. This is why the incessant admonishment to ASK if you want something. It is as already pointed out in accordance with Newton's First Law of Motion that states: "Things will stay at rest unless acted upon by an external force."

When you supplicate the Answerer with a prayer (and any formulated request is a prayer) it does not matter if you address the prayer to a God, the godhead, to dirt bag or even to a more derogatory shithead. The Answerer is a natural force that responds to the act of being addressed and has no personality or ego that must be taken into account. The response is to being addressed and it is completely indifferent to any verbiage associated with the request, the verbiage is human ego based and meaningless to the Answerer. The Answerer sees all requests as being addressed to it. This is why the prayers in every religion, or even prayers to the universe as in Buddhism, are equally effective. Being respectful does pay psychological dividends in your attitude, as well as in creating a positive Wimage; and you want to use every technique and trick possible in being successful. Respectfully address your prayers **as a request** to the suggested names of the Lord and Anna Gaia, or if you feel uncomfortable with personalization of natural forces then to the omnific force or the Answerer or even The Force.

We want to rise above our animal mid brain with higher brain understanding that god belief is just an extension of animalistic instinct. We however serve to hinder ourselves if we fight natural inclination as a way of doing something, it is then going against natural flow. Prayer and asking are by human standards directed at someone or something and so must be followed through on as such, as a request to someone or something. It is the psychological frame of mind that is created that is important. The completely natural Answerer, that because of its Laplace Demon humanistic characteristics, is a natural focus for prayers and responds best when natural flow is observed and there is no emotional conflict.



*The admonition is to light just one little candle rather than to curse the darkness.
Even if you cannot see the complete picture
ask and work towards the step that you see going in the right direction.*

Intend

Your wish, desire or dream is your **Intend** when it is a component of the Law of Attraction or prayer initiatives. It is a critical element that influences all that follows. This is a guide to rules of the road to maximize the effectiveness of your Intend.

intend checklist

This checklist is set up to allow you to formulate up to three versions of your Intend, the affirmation of your desire. Create the first version and then check off all the items that your Intend complies with. If there are items that are not checked off, redo the Intend. You should then check off **all** the items again for compliance to make sure your revision did not inadvertently break one of them. Once you have an Intend where you can successfully check off the items, you are ready to use it. This worksheet gives you three opportunities to create an acceptable Intend. Use another sheet if you find you need more attempts.

My Intend is:

- (1) _____
- (2) _____
- (3) _____

The above Intend complies with the following requirements:

- | (1) | (2) | (3) | |
|-------|-------|-------|---|
| _____ | _____ | _____ | BE CLEAR can you visualize what it is that you are asking for, or at least have it well defined if it is intangible |
| _____ | _____ | _____ | BE SURE if you express doubt, then doubt is what you will get as an answer - and you definitely want your Intend |
| _____ | _____ | _____ | I ME FACTOR has it been possible to include either the word I or Me in the affirmation if the affirmation is about yourself |
| _____ | _____ | _____ | GROUNDED IN THE PRESENT the affirmation must be in the present tense, as if it were here now |
| _____ | _____ | _____ | GIVE RESPECT always ask and never demand. You are receiving as a privilege and not a right |
| _____ | _____ | _____ | ABUNDANCE FOR ALL ask to have your desire created for you and not that it be taken from someone else |
| _____ | _____ | _____ | GO WITH THE FLOW is your desire in keeping with what is happening in your community and acceptable to it |
| _____ | _____ | _____ | RESULTS - NOT ACTIONS always ask for the final outcome and do not try to second guess how it should happen |
| _____ | _____ | _____ | NEVER THE NEGATIVE always make an affirmation in the affirmative, eliminate not, no, don't and won't from the affirmation |
| _____ | _____ | _____ | K.I.S.S. keep it simple and direct as to what you are asking for so that there is no confusion as to what you really desire |

Visualize

The simplest first attempt to manifest your Intend is to visualize your having and enjoying it in your life. If your Intend is within your Personal Flow it should come about shortly, though as always keep an open mind for how it will arrive. If you do have retarding blockages as outlined later under why some prayers aren't answered you can move on to HKCP as outlined next. Physical illness healing is also covered as both types of problems respond to the same methodology. Karma Cures are specific to Intends. This is a healing prayer for removing the mental obstacles that are the blocking problem.

Oyar's HEALING and KARMA CURE PRAYER

Prayer and the Healing Mind

Current self help literature is replete with the dramatic and “scientifically held impossible” healing powers of the mind, whether instigated by a physical placebo (very often a “sugar pill” in medical research) or of just strong emotional belief (e.g. the miracles of Lourdes.) There is a cornucopia of successful modalities and traditions for healing prayers but there is mostly a parallel methodology between them. The actual rituals may be quite varied, but the mind positioning aspect is a consistent underlying element. What all sources also say is this: while seemingly instantaneous recovery occurrence is possible, more often the result is of onerous incessant repetition of the healing course of action. As a note: while group involvement in the healing procedure more often leads to quicker results, solo efforts are most often the result of the afore mentioned consistent and persistent application of the methodology. This could be explained by the mind needing time to assimilate a new “truth” or to quote Jesus it is the arduous task of being “Born Again.”

If the visualization suggested above does not work within a reasonable amount of time then the simplest explanation may be that it is a case of being outside your Personal Flow. Your Intend has met some sort of “blocking” contrarian thought energy that is waylaying your conscious efforts.

One solution to this Personal Flow blockage is repetition, a way to change an established energy flow pattern. Repetition is a basic tenet of psychology that is used in practices like brain washing (and its cousin, advertising) that if something is heard often enough that it is then eventually believed. “Once you believe it, you will see it.” Couch that repetition in a positive atmosphere like this prayer and the positive resultant Intend will come about. By directly approaching the particular problem success is facilitated, it is the ancient admonition that you must ask to receive. The prayer also invokes the Higher Self and so the Answerer to help in the manifesting.

FAITH: RESTORER OF HEALTH

The curative power of prayer stems from the fact that most illness are a “blocked” energy that is released by faith effecting that release. Faith in healed good health is the common core driver of healing with the mind. In medical examples it is usually faith created by a sugar pill, a placebo. Steeled determination that something shall not be is also often cited as the catalyst factor; as a mother refusing to succumb to a normally terminal illness because her children need her while growing up. Another commonly cited occurrence is of someone holding on till just after some significant family event before passing on. Prayer is a mental and verbal “sugar pill” that creates the mandatory placebo belief and also extends it into the universe to be an Intend for the Law of Attraction.

KARMA CURE

We also have Karma which is held to result from the unconscious aura of the life lived. In Western terms this by default usually defers to a memory or mindset state. This Inner Personal Flow or Karma can take the shape of a pervasive mindset like one of a poverty mode which limits and restricts your future dreams. (Please see my book [ASPS](#) for more on limiting mindsets.) You can do psychoanalytic type procedures to ferret out individual hindering Legacies (or in NLP terms maps of action and guiding belief) to overcome an Inner Personal Flow that is a hidden obstacle to manifesting with the Law of Attraction, but it is most often the arduous long way of doing things that should be reserved for difficult cases. The Law of Attraction also stipulates that for best (and sometimes the only way) for successful outcomes you should ask for the result you want and not get into the way that the result gets conveyed to you. This makes healing prayer an ideal vehicle for “healing” your Flow, your Karma. You just have to become aware that a blockage exists to pray for its elimination. Let the universe decide how and what work is to be done.

Prayer is effective because Karma (which is a held repository of memoried actions) is understood to be ameliorable to good deeds. So converting an undesirable Flow/Karma or mindset state (like converting mindsets for poverty) comes under the provenance of healing prayer. Prayer is conversion by mental action instead of the physical action of good deeds, and so is also a more direct route of positive results

To reemphasize: this is a very important prayer because if the Law of Attraction is not manifesting for you as you want, it could very well be that you first have to get your Karma/Personal Flow congruent by using this prayer.

ASK ACT PRAY

Keep in mind that the prayer ritual here is used for healing and that this prayer is also an application of the Law of Attraction. Prayer as elucidated in my blog [ASK ACT and PRAY it's on its way!](#) is but one factor in for putting your Intends into action. As in all invoking of the Law of Attraction you must follow the general synopsis of Act, Believe, Receive and the more specific Triumvirate Elements of Success formula of ASK, ACT & PRAY it's on its Way! Before setting out on the ritual path here you must “ASK” by formulating in your mind exactly what you want, your Intend. See above for a guide to creating this Intend. This is the guiding light for drafting your Step 7 statement below. Then you must “ACT” even if it just to set up and follow a routine for saying this prayer. Be sure to add some visualization sessions of envisioning yourself basking in the enjoyment of the results (an extension of Step 12.) ACT by putting emotional desire into your Intend: feel, taste and see what you want. You must follow through and “PRAY” this prayer ritual following the classic admonition that persistence is the only true route to success. The prayer repetition also sets up the “it's on its way” of “Believe” in the pregnant expectation of the positive outcome of “Receive.”

ANATOMY OF THE PRAYER

This is a synthesis of several historically proven successful prayer methodologies. It is a ritual because of human nature that attaches greater importance to ritual. As already admonished this is a retraining of the mind as well as a request for action so that incessant persistent repetition is required. Monks in monasteries prayed eight times a day with the evening prayer being called Vespers and the morning prayer being Lauds. Take the lesson of praying on going to sleep, on getting up and repeatedly during the day.

Before saying this prayer take a moment to mentally set up the situation, a review of your Intend, the environment you are trying to address. Think about and review why it is that you are about to say this prayer, what it is you are trying to achieve. Preferably you can visualize the results you want but even just thinking about those results will work. This reflection is also formalized as step 1 to open the prayer and step 12 to close the prayer, this unified thought on the desired purpose is that important. The objective is to engage and focus the mind and associate it with your objectives. “Be sure you are right, then go ahead” to repeat the prayer, preferably out loud.

The **first step** is to set the mood and tone for the prayer ritual by calming and relaxing yourself with a slow deep breath. Mentally give yourself permission to give all your attention to the prayer by temporarily putting aside other thoughts and worries until after the prayer is done. This step should also be your cue to center yourself as to what you want and are asking for. You should have prepared your thoughts in the preprayer set up so now think clearly and succinctly on what you want.

The **second step** is to give love. It is your being negative about yourself (at some core subconscious level) that allows the illness to flourish so affirm that you do love yourself and wish only the best. Give yourself three kisses while reminding yourself that you do love yourself. This is a very beautiful way to say I Love You to yourself!

The **third step** is a physical demonstration that you are asking for help through prayer. The hands in prayer is a time honored way to do it.

The **fourth step** is to recognize your unwanted condition and is a reinforcer of the unconditional love you have for yourself even if currently you are afflicted with the named illness.

The **fifth step** is to accept responsibility so that you can heal yourself. This is not someone or something from outside yourself doing this to you. You accept responsibility for causing your illness because as in classic new age self improvement psychology it is not an outside person or factor that causes you to feel something (like anger, jealousy or other stress) but your letting it affect you that way. It is the same with illness. Illness is also held to be caused by blockages to the natural flow of your body energies, blockages that you allowed (even if unconsciously) to happen. Taking responsibility is your wanting to return to a natural open flowing state.

In the **sixth step** you ask for forgiveness so that what you desire can manifest. It is a vital step whose importance is amply illustrated in the famous 12 Step Program where forgiveness is central to recovery. And that is for total forgiveness both of yourself and others. It is a relieving of the stressors on your psyche that cause blockages. Equally important is that here you ask for what you want. If you don't ask for something then how can anything happen? From the Bible we get the famous quote: "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened."

The **seventh step** makes a positive statement of what you do want as an outcome. You must ask to receive and not leave a vacuum after the unwanted condition is removed. Here you are adding a formal statement to the visualization (thinking about) that you are doing in steps one and twelve. It is the culmination of the elucidation of the healing process you started in step 4. It is also a part of the universal Law of Attraction that you get what you concentrate on.

For the **eighth step** you make a positive confirmation of the power to heal. This is a vital statement of belief and so is centrally important to the healing that we are invoking here.

The **ninth step** is a firm asking now that you have given recognition to the healing powers. You give a positive affirmative order that "it shall be done."

In the **tenth step** you are reaffirming that you are a loved and worthy recipient of the healing. You reaffirm that you are ready to receive recovery because you do love yourself and so only want the best for yourself. It is the adult you reassuring your Inner Child.

The **eleventh step** is an expression of gratitude and courtesy for what you are about to receive. Gratitude has been shown to be one of the strongest emotional enabling factors. Be sure to say each Thank You emphatically with as much emotion as possible.

The final **twelfth step** is to impress on your mind what you want and that the prayer wasn't just a typical transient New Year's resolution to be forgotten now that it is over with.

Oyar's HEALING and KARMA CURE PRAYER

(a.k.a.: Oyar's HKCP or just Oyar's Healing Prayer)

- 1) Take a slow deep breath to calm and center yourself
- 2) Give yourself three kisses saying I Love You out loud each time
- 3) Place your hands together in the classic prayer position

Then say out loud:

- 4) Even though I am afflicted with (your unwanted condition) I LOVE YOU
- 5) I'm sorry for having accepted what caused my affliction
- 6) Please forgive me and **banish my adverse condition**
- 7) Please give me (a positive desired RESULT)
- 8) You have the power to remedy this situation,
- 9) so please do this **NOW because**
- 10) Give yourself three more kisses saying I Love You each time
- 11) Give yourself a hug while saying Thank You three times
- 12) Take a moment to visualize (think about) what you have just asked for

N.B.: Repeat this prayer until your desired manifestation is achieved.

Please note that in keeping with the rules of successful Law of Attraction you MUST ask for the healing of your illness or Karma and not success with some sort of treatment for it.

EXAMPLES TO GUIDE

Science has no cure for many conditions like arthritics, diabetes, hypertension or metabolic disorder so this is an excellent prayer to try instead of just giving up and following a life-long regiment of symptom relief with modern medicine. If you have what is referred to as an “orphan disease” (it is estimated that 2.7 million people in Canada alone are victims) you might also have nothing to lose with this prayer ritual, big pharmaceutical medical science after all isn't interested in you.

As an example. In step 4 insert your condition (e.g. **arthritics**) for (your unwanted condition) Then in step 7 inset **good health** for (a positive desired RESULT) N.B.: Remembering that you can be one of the worst judges of your own illnesses do not go off your medicines until your doctor tells you that you are cured.

In terms of Karma Cure you may be desirous to alleviate a more complicated condition such as a “have not” poverty condition. Then in step 4 insert the compound phrase **a have not wealth state and accompanying poverty mindset condition**. For step 7 insert **wealth and riches and an accompanying Wealth is Wonderful mindset**. Thinking about your “have” state is important in preprayer preparation as well as centering in step 1 and step 12 denouement so you should actively use vision boards of your desired new life and other positive mind directing accoutrements (posters, positive message quotes and sayings, set up iGoogle with the Inspirational Quotes and Pictures app, reading inspiring success stories including the Horatio Alger books and true rags to riches biographies, etc) to help you envision this state.

As a note if you have tried every diet, gimmick, treatment and exercise in the book and are still unsuccessfully yoyo-ing with your weight then it could very well be your own subconscious (your Karma) that is thwarting your efforts and treating with this prayer ritual could be your long lost answer. Others have used the Law of Attraction successfully. Just remember the ACT part and use the prayer in conjunction with your healthy eating (like the Caveman diet described in another blog) and regular exercise efforts for long term sustainable results. A simple **being overweight** and **my healthy weight** might be all that is needed. (The underlying psychological reasons for obesity can be complex so the Occam's Razor approach might just be the most efficacious. Let the universe decide the details, it is better at it than you are. Don't forget to do the visualizing.)

GIVING YOURSELF KISSES

The first step in Oyar's HKCP is an overt physical action to convey that you really do love yourself. Place your thumb and first two finger tips together. Now plant a kiss on your fingertips. Transfer this kiss to your cheek and say "I Love You" Do this three times.

GIVING YOURSELF HUGS

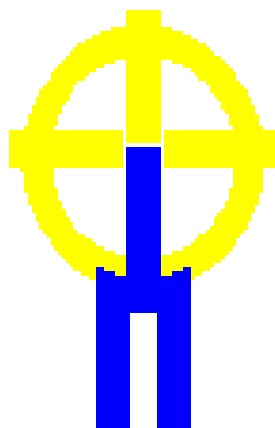
The step 11 in Oyar's Healing Prayer is again an overt physical action of love. Place your upper arms against the side of your body and squeeze. This is a hug you can give yourself as a reward even in public as no one will notice the squeezing action. If noticed at all, it is dismissed as not being a noteworthy action. Again as appropriate either out loud (preferably) or silently say "Thank You" three times.

Note: if you just need a pick-me-up at other times you can hug yourself while saying "I Love You" or other words of encouragement such as "I Can Do It!"

LIFESTYLE CHANGE

During your condition will most likely also require a lifestyle change so as to not bring it back. If you are not sure of the underlying cause then it would be prudent to switch to a healthy eating Caveman Diet (the Paleo Diet) explained in an earlier blog and regular exercise. If you have effected a Karma cure for our example here of poverty, then it behoves you to study books that explain the modus operandi of the millionaire mind and to model a Wealth is Wonderful mindset. (e.g.: books like Rich Dad Poor Dad, The Millionaire Next Door, Secrets of the Millionaire Mind, The Top Ten Distinctions Between Millionaires and the Middle Class, etc.)

And yes it is important to change your lifestyle when effecting a Karma cure. Delving deeper into our poverty example it is a statistical well researched fact that most large lottery winners lose all their riches to go back to the comfort zone of their previous fiscal state within a few years time. Heed the warning and always find a way to create a new appropriate and supporting mindset for any major Karma change.



Oyar's HEALING and KARMA CURE PRAYER is specific directed to a cause/desired result when that information is known. Oyar's POWER PRAYER to the Universe is for a general malaise or depression as it is not always possible to localize a problem. It is a general tonic for a Charmed Life of Fabulous Fortune Forever where you are doing a general tune-up of your Karma Aura. It is also a backup for privately doing in public where an overt ritual like HKCR may not be appropriate.

Oyar's Power Prayer to the Universe



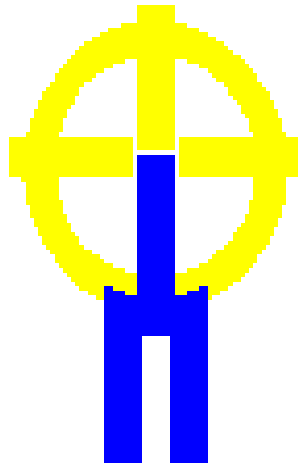
As a guide as to how to pray we can use successful history. Some ancient prayers just won't go away because people keep finding them relevant and effective. Such a prayer is known as The Prayer of Jabez, as found in the Bible under 1 Chronicles, chapter 4, verse 10. Quite a large following has developed around the Prayer of Jabez because people do find that over time it does work for them.

The actual Prayer of Jabez is rather dated. Not too many people feel a great need to enlarge their coast (King James Version) or territory (Revised Standard Version.) This prayer is so old that goes it back to before the days of money and so wealth had to be measured in other terms. It is held that the effectiveness comes from the sentiments expressed rather than the dated colloquial terminology so what follows is a modern prayer with the Prayer of Jabez still as a root model and inspiration:

Oh that you would bless me, my expectations exceeding,
bestowing prosperity and riches far beyond my needing;
grant me freedom from stress, fear and suffering;
making mine health, happiness and being caring.

This prayer is used in Accessing Awen under AFFIXING AWEN at the end of each personal prayer for your Intend. It makes sure you have covered the ground and addressed all you should have. In the modern tradition of the Prayer of Jabez this prayer can be repeated by itself daily (or as some would have it, multiple times daily) to gain substantial personal gains (there are a number of books extolling the benefits of the regular repetition of the prayer.)

The first line is first and foremost a direct request to have your Intend (as in Accessing Awen) or request for a better life and Karma affirmatively answered. You are asking to be blessed, that is having your request positively answered. And since you are asking you are also requesting that you be not limited to only receive what you ask for, but more as well. This principle is established in the Christian biblical parable story of servants who were given money in safekeeping for their master. The servant who invested the money and returned more than he was given was held to be the best servant. You similarly have a right to expect more than you asked for since you are making that request.



Line By Line Analysis

The first line does have some secondary messages though. The first part of the first line is a general request to make life extraordinarily favourable. In biblical times Jabez knew that to be “blessed” meant more than just to be treated favourably. To ask for blessing is to ask for supernatural favors. “Blessings” are asked for so often these days that the much specialness of the word is lost, but there is no reason not to value the ancient meaning. To be blessed is to lead a charmed life; and who would not like a charmed life?

The first line's second part is a request to overcome human shortcomings, particularly of not being able to see the whole picture. You cannot anticipate everything, so ask that the unexpected be also attended to for you. Shylock in Shakespeare's Merchant of Venice won the right in court to collect the pound of his protagonist's flesh that he had so cleverly put into a contract. But the court also ruled that he could not take any blood while doing so, rendering his successful judgment useless. And so all of us cannot normally see enough of the big picture to properly ask for what we really want and need. Some detail, a detail that can prove crucial, often escapes us. That is why we ask to have our expectations exceeded, to include what we have missed asking for. It is to fill in the gaps of where we don't yet even realize that we need something. You want to be blessed, whether it is in ways expected or in having unexpected eventualities also taken care of. The request is thus that don't just give me what I ask for, watch out for me as well!

The second line is simple, let me have the material comforts that I crave. In the New Testament in Matthew 7:7&8 we find “**Ask and it will be given to you**; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened” with no restrictions on what can be asked for. The message is that **if you want it, you have to ask for it!** It has also been said that: it is better to have it and not need it than to not have it and need it. If it's material things you want then ask for them, for surely you shall be barren if you do not ask.

The third line is predominantly about things and events outside of yourself that negatively impact on you. Stress, fear and suffering are here reactions to outside factors. The line asks that outside influences in life be favorable.

The fourth line looks inside yourself. It is happy hormones at work carousing around inside you. Health, happiness and being caring are all cases that involve positive hormone reactions. All three reflect genetic programming. That acts of charity and kindness generate positive hormones is a relatively recent discovery and helps explain why we are so ready to do good. The line asks to make your inside factors the best possible.

A table comparing versions is below along with a common translation of the famous Buddhist Metta Prayer, a prayer conceived and elucidated by the Buddha himself. Buddhism does not ascribe to a god so none is mentioned in the Metta. The Metta does not have the unabashed request for wealth (enlarged coast/territory) of the original Jabez Prayer and that is in keeping with a core difference in philosophies. In the West it is a greater emphasis on the material and in the “Ask and it will be given to you” of the Biblical admonishment. It is interesting that the order of types of requests is the same.

	<i>Oyar's Prayer</i>	<i>King James Version</i>	<i>Revised Standard</i>	<i>Metta Prayer</i>
1a	Oh that you would bless me,	Oh that thou wouldest bless me indeed,	Oh, that You would bless me indeed	
1b	my expectations exceeding	and that thine hand might be with me,	that Your hand would be with me,	
2	bestowing prosperity and riches far beyond my needing	and enlarge my coast,	and enlarge my territory,	
3	grant me freedom from stress, fear and suffering	and that thou wouldest keep me from evil	and that You would keep me from evil	May I be free from fear May I be free from suffering
4a	making mine health, happiness	that it may not grieve me		May I be happy
4b	and being caring		that I may not cause pain!	May I be filled with loving-kindness

The modern Oyar’s Prayer is much more conducive than the antiquated Prayer of Jabez to bringing good Karma into the life of those who repeat it regularly.

Nothing in this world can take the place of persistence.
Talent will not; nothing is more common than unsuccessful people with talent.
Genius will not; unrewarded genius is almost a proverb.
Education will not; the world is full of educated derelicts.
Persistence and determination alone are omnipotent.
The slogan "press on" has solved and always will solve the problems of the human race

Why some prayers are not answered

Prayers are not a unique way of addressing the Answerer and other helping entities. Traditional Law of Attraction techniques of affirmations, visualization and rituals are every bit as much prayers as what the average person might call a prayer. Here we will consider them all together in analyzing difficulties with having prayers (the collective here described) answered.

The problems can be divided into:

1. External to one’s self conundrums

Internal negating problems of:

2. A major Detracting and Retarding ISA Legacy
3. An overpowering collective of minor negative ISA Legacies
4. A powerful sum of the above two (very onerous to overcome)

1: External to one's self conundrums

Besides what was covered by the **Limitations On What Can Be Asked For** section above there are other things that will never come about because you do not have the unlimited power to change them. This situation is best explained by examples.

If you dream and pray to become the king/queen of England – good luck Charlie! Actually even Prince Charles is having trouble becoming king as his mother is still going strong and with no hint of retiring. A real lesson here is to always ask from abundance and never for something that someone else possesses (the right to be king/queen in this example.) To ask for someone else's possession is a humongous daunting task because you not only have to create the attraction to yourself but also to break the attraction the other person has for their object. In the old west the rule of thumb was that possession is nine points of the law, so take the lesson that asking for someone else's possession is almost as hard as asking to be king/queen of England and always, but always, ask from abundance instead.

A more down to earth example might be where you want a promotion that you feel you are qualified for and deserve. Unfortunately everyone else thinks differently. You are again fighting the wishes of others rather than asking from abundance, even if the desired position is open. This type so conundrum is often hard to identify as you are not always objective in the analysis.

As another example of what not to ask for we quote the Biblical admonishment that faith can move mountains. Very few can even exert psychokinetic control over a delicately balanced compass needle, never mind moving something more massive. The adage was actually meant to get a point across rather than being taken literally (in spite of what some religious fervents might want to believe.) An individual's faith may not be able to move mountains but considerable research shows that prayer can play a very important and even dramatic role in healing. Again in real life it is not so easy to distinguish when you have crossed the line into asking for something impossible. King Midas' touch and the medieval Philosopher's Stone were fervently believed to have the power of turning base materials into gold. Today some believe that prayer will win them the lottery. While a good number of grand prize lottery winners have had psychic premonitions about their wins, nobody has found the formula for using prayer to win. That no one has succeeded in finding the secret to using prayer to win in itself doesn't actually mean that it isn't possible. Where people cross the line is by thinking that they can do it without knowing anything special and just using simple prayer, a proven none starter here. (But then again hope springs eternal and if simple prayer is all you know, then you use what resources you have!) A lottery win is a scarce resource that many are vying for (and whose prayers you have to overcome) so again success with riches comes from asking from abundance.

The examples chosen were extreme cases to bring across the point. If you are consciously asking for extremes like this then in the words of the song watch out for the "nice young men in their nice white coats that are coming to take you away – ha ha." In real life there are none-the-less many cases of where it is not clear when you have crossed the line. Be aware that it is possible to cross the line into the impossible and if you are not getting the results you ask for, then examine very carefully what it is that you are asking for.

2: A major Detracting and Retarding ISA Legacy

A Legacy, for those not familiar how I use this term in my books, is a mindset that is developed through life experience and is used by Awen, your subconscious, as a model for action. Who you are today is a lifetime buildup of supporting background Legacies. (The Legacy concept is found in various schools of psychology where they are called names like "maps" in NLP and even defined as "games" by Eric Berne in his famous book.) Your Legacies define you, who you are. As you go through life, even starting in the womb, you experience things: and from these experiences learn how to react when similar situations arise in your life again. Each of these stored mental action / thought paradigms is a Legacy. The task of Legacies is to do "footman" work to ease your daily living. Legacies give the right reactive procedures so that if

someone puts out their hand to shake yours you don't have to sit down and think out what has happened and what to do next. Legacies develop in the moment to handle the extant situation so it is an unfortunate truth that life marches on and that circumstances change. Legacies can also be compared to computer programs and they don't change once programmed (or change a little at a time and slowly.) But just like computer programs it is possible to acquire new ones that replace the old. The problem arises that updates aren't automatic and existing Legacies resist change (they have to be useful.)

Legacies can be classified into groups to make it easier to talk about them as I have done in my book ASPS (that deals with how to overcome bad, unwanted ones.) What we are concerned with here can be called Detracting and Retarding ISA Legacies. (ISA is from my interest in, and my book RnR Runes and Remedies on the Viking Runes where the ISA rune is defined to be retarding/impeding/cooling.) These are Legacies that were formed to be useful but whose actions now restrict your moving in new desired directions. Legacies cannot be erased (they are after all a collection of biologically connected synapses), they can only be replaced as the dominant one that Awen (your subconscious) calls upon to deal with the situation at hand. This means that until you are established in a new mental mode ISA Legacies will try to keep you from getting there. Shakti Gawain in her famous book Creative Visualization gives the description that when her visualization efforts fail to bring success within a short period she looks to herself to see what personal mindset she might be conflicting with. Whether you like or appreciate it or not, Legacies rule your life.

As a further example of explanation: you often hear of a map of the mind so think of the mind as a geography of countries. In this geography it is Legacies that are the countries with borders (the action or thought patterns that define it.) Each country is ruled by its Legacy and ready to fight to keep its borders and influence. These countries are warring countries that look to assert dominance wherever they can. Like missionaries (or Crusaders of old) they want to be the ones in charge and so doing their anointed work of controlling your life. Now unwanted Legacies fighting for control and power of influence can be compared to the parasitic barbarian missionaries that destroyed the New World natives that they were "saving." These missionaries were the viral blight that wiped out the native civilizations and likewise Detracting and Retarding ISA Legacies decimate your New World hopes and dreams for a better life. They destroy your budding new country that is the dreamt of new you. Both missionaries and unwanted Legacies think they are doing good but actually have the opposite effect,

You learn many such Legacies from life experiences, some conflicting, so your mind is programmed to utilize the strongest one. This is how you change, you create a stronger Legacy to follow. Some social scientists believe from their research that almost all of daily activity stems from such Legacy mindsets rather than original thought. This goes against the grain of some people who find it abhorrent to think of themselves as happy little automatons following the way of programming in dealing with the vagaries of life instead of being the vaunted "free thinking" individuals that they love to feel they are. Actually having a truly original idea is held to being slightly mentally unbalanced, to being able think far enough "outside the box." (Genius is a nutcase!?) Being programmed is in practice useful as you can preprogram (create a Legacy) and be on autopilot instead of constantly thinking everything out.

So this is the point here. If your prayers aren't giving you what you want it is not the methodology that is at fault, but you yourself. Your efforts weren't strong enough because they are being thwarted or possibly they aren't even in the right direction. A truth from advertising and brain washing (and psychology): that if something is heard often enough it is accepted to be true by the mind. If prayers aren't working for you than you have a strong subconscious objection, one that can eventually be over come by persistence with your prayers (but can be much more quickly overcome by direct active intervention – that is the thrust of many books on the Law of Attraction, including my Accessing Awen.) Whether you persist with continued prayers or take alleviative action this time tried, tested and trusted adage applies:

3: An overpowering collective of minor negative ISA Legacies

Legacies aren't necessarily isolated from one another but support each other to form your total personality. Sometimes you might find that what you think is a minor change really has tendrils that invoke many Legacies. If what you want to change goes against a lot of your legacies then you have a major battle on your hands. The situation is not unique but is even reflected in the sixty second I Ching hexagram ䷌ called the "Preponderance of the Small." The idea being that things are ruled by many smaller factors rather than a major one. This is true if the change you want is also a major lifestyle change and not specific to some trait.

A good example of this is type of collective personality is if you grew up in poverty. Then during the very crucial formative years you developed many, many Legacies in support of that status. There isn't a single Detracting and Retarding ISA Legacy but rather legions of reactions that grew up in defense of, and in support of, a lack mode of living. Another specific example is not having a car and wanting one. Want a car? Should be easy to acquire through prayer and the auspices of the Law of Attraction as "everyone" has a car, and why should I be different? Think again! You are different. Everything you do outside the house has a Legacy thought pattern of yourself doing it by walking or taking public transportation. Not having a car is a very persuasive league of "countries" that vie against your dream by trying to keep the status quo. To reword: you have a whole army of Legacies that help you make best use of walking and public transportation. These Legacies don't go away just because you desire a car and they will keep your dominant thinking in a car-less mode. This applies to other areas of your life as well; as in your spiritual being. Jesus said that people have to "born again" to follow him. Whole new groups of Legacies have to be replaced in much the same way that the old were formed in growing up, to reformat your personality and thinking. The conventional quickie techniques oft quoted in some self help books are not sufficient.

Not to give up hope. Using again the growing up in poverty example. The ever so popular Horatio Alger stories of rages to riches as well as the legions of true stories of self made millionaires give evidence that major changes can be accomplished. The common element is that there is a time factor. Just expect that it will most likely be a slow revamping of your Legacies as your fortune grows rather than a quick conversion (like winning a lottery.) To tackle a whole collective group of Legacies at once is too much but by chipping away at one or a few Legacies at a time the task can be accomplished. What applies is the spiritual Tao Te Ching (i.e. the Dao De Jing of Lao-tzu) guidance that a journey of a thousand miles begins with a single step. You can change yourself radically to whatever you want if you approach it one step at a time.

Inch by inch
Life's a cinch.
Yard by yard
Life is hard.

(For those not familiar with Imperial Measure an inch is 2.54 cm and a yard is 36 inches, something under a meter. While the history is varied and unclear an "inch" in some traditions is the width of an average man's thumb at the base of the nail. The "yard" has an equally nebulous history with one variation being that it is the distance between the center of a man's chest and the end of his fingers on an outstretched arm. Local color is added with the claim that it was standardized for British commerce by England's Henry I as the distance from the tip of his nose and the end of his thumb. Later in 1305 it was defined in law by Edward I. The size of the "man" beyond an indefinite implied time and place local "average" is not specified in these definitions, but the terms do make for a good poetic adage though.)

4: A powerful sum of the above two (very onerous to overcome)

If this is your case then you just have to try and work harder. In real life terms this is realistically what is actually your situation if you are facing a major lifestyle change. A popular self help guru quotes the phrase: “You will see it when you believe it.” But what is believing? It is not fervently wishing for the change but it is your having converted all your Detracting and Retarding ISA Legacies to new dominant Dream Legacies that now support your wishes. It is getting all your ducks in order, as the saying goes.

Are legacies really that strong? It is a well researched fact that most top lottery winners dissipate their found good fortune after only a few short years to return to the fiscal state they were in before the win, the lifestyle that their Legacies are still comfortable with.

A major lifestyle change is a Herculean task but remember that Colonel Sanders started his fast food chicken empire with a social security cheque at the common retirement age of sixty five (by doing it one step at a time.) Mega giant McDonald’s also started with only one store. Never give up and remember:

**If you can imagine it...
you can achieve it
Dream it...
and you can become it**

W. A. Ward



the Awen

“the conscious of your subconscious”

Ca – I am a member of the Family of Man

A GLOBAL CLAN OF COMMUNITY ANIMALS:

Spiritual and Moral propensities that we live by

Our evolutionary history tells us that we have evolved as social pack wolves and not independent coyotes or foxes. To support this evolutionary development we have genetically imprinted morals and motives to let us procreate (Mother Nature's definition of success) as such a social animal. Some of these genetic propensities would be classified as Spiritual / Moral and are considered under this Tenet. Other propensities are emotional imperatives to help further ourselves as individuals within the community and are considered the under the following Tenet. The final Tenet is about what it is that as individuals we should be striving for.



he whys and wherefores of morals are looked into deeper in the book RnR Runes and Remedies (<http://awenman.com>) as the ancient Runes have an inherent moral code imbedded in them, a sort of micro Bible. To quote from this book: moral codes seem to exist for most living creatures. By example, many animals respect the home territory of another. Some morals are instinctive and basic, some evolve to handle the milieu people find themselves in. At the basic biologic cell level a researcher has found that a three point moral code is in place. The cell level moral codes are: 1) be nice with those who are like you (play a win-win game, but see code 3), 2) be nasty to those not like you (make sure they don't take your resources), 3) cheat a lot (this means do what it takes to gain survival advantage.) We are our cells survival adaptation, they were here first! Their code should be reflected in our code, and it is. The cell moral codes 1 & 2 are what are considered in this Tenet and the next Tenet deals with cell moral code 3. The last Tenet here stems from our being conscious, thinking creatures and so it deals with something way ahead of cells in evolutionary terms.

A word of explanation about the combined cell moral codes 1 & 2 as found here. They are the Yin and Yang of morals and we see this duality in the god of the Christian Bible very clearly. In the Christian Bible their god is one of goodness as found in the New Testament. In other parts of this same Bible, such as the Old Testament Book of Joshua, this same god turns bad and is described as ordering Joshua to perform ethnic cleansing in the most systematic and thorough way on the citizens of Jericho. This god further shows a greedy side by telling Joshua to save and steal the precious metals of the people when committing this genocide. It has been pointed out that the Christian god is good when talking about profitable mutual relations between peoples but turns bad when another people/culture represents a hindrance. Here we are considering a global village of all mankind and so our dark side is not dwelt upon.

BROTHERS AND SISTERS ALL:

We are not alone.

Science now tells us that we all stem from one small tribe in northern Africa that started migrating about 60,000 years ago. Science also tells us that while we diverted into what we now call different races, we are all far more alike than we are different. This is easy to prove: look at the literature, modern or ancient, of any people and you have no problems understanding and relating to the social and emotional dynamics that drive the story. Distance was once the barrier that fostered functional differences but modern society is creating the common global village where once again, as sixty thousand years ago, we are all one.

We must practice tolerance and acceptance. Since we are all fundamentally the same, and social animals as well, the only logical prognosis is that we accept everyone as our brothers and sisters to live as one extended family. Brothers and sisters do fight but it is always as equals, neither is "more family" than the

other, and in the end we are still all family. In general as social animals that need our fellow man it is "one for all and all for one." Community with others is our source of energy to succeed.

The slogan of the Ontic Manifesto could be: To seek wisdom and the optimum actualization of self through the dynamic proactive synergy of uniting the humanity of Christianity and the individualism of Buddhism with the western drive for knowledge and understanding. Or more simply that spirituality is being altruistic and caring for others.

Buddhism is concerned with the individual increasing his lot by following the correct central path. Following such a path has been characterized as walking a lonesome valley, one that you must walk by yourself. But even while walking the lonesome path are you still not also your brother's and sister's keeper? Christianity answers with a resounding yes, a good answer. We can all use a helping hand along the way.

Every barrel can have a bad apple. There will always be black sheep in every family and this variance in human nature has to be accepted. Living communally has shown that the individual must allow for the common good. Individual rights are important, but not at the expense to others.

NATURAL GOODNESS:

What is good is already inside you.

Long before any religion we know about, much less a religion that still exists today, people were living together as communal animals. This is not possible unless a moral code exists to guide how people will behave with one another. Unwritten "rules of the road" have always existed for people. Our closest relatives, the monkeys, and more primitive animals all have social rules of conduct. As an example predators and other territorial animals will mark out a territory that others will honor (think of what your dog does when you take it for a walk.) What actual research has shown is that all, yes all, the "higher values" that religions attribute to coming from their gods exist in primates as genetic programming (monkeys don't have religions much less monkey gods to give them a moral code; it can only come from genetics!) Since we are of the same branch of evolution as the primates then obviously we need look no further than genetics for our own morals and spiritual values. From animal studies we have even extrapolated terms like the alpha male to describe traits we find in ourselves. What is unique to humans and not found in animals is religion and god belief, but as already pointed out the human gene and related forebrain activity center for these propensities has already been well documented. Religions in their moral codes have merely institutionalized the existent active variations of these basic genetic moral codes (as modified for the times and ecology.)

As a note: humans differ from both common chimps and bonobos in about 1.6% of DNA, and share 98.4%. Gorillas differ somewhat more, by about 2.3%, from us and from both of the chimps. Humans differ from orangutans by 3.6% of DNA, and from gibbons and siamangs by 5%. As a further note engineers, and others, before the advent of computers used slide rules and a plus or minus 10% criteria rule to judge if something was accurately and acceptably close enough to be useful and usable. Think about it, our very practical and sturdy bridges and skyscrapers were once designed this way!

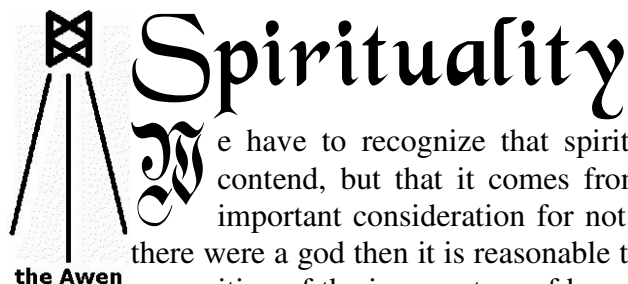
You don't need a religion or a god to be moral and good. You already have a god within you. (The world's ever growing numbers of atheist and agnostics would be very amoral, immoral and evil people if the external need were true.) We already call these self-actualized people that love their fellow beings as spiritual. The prime directive is to live well; that living a good life within the community is our daily goal. It is living an upright and spiritual life.

Morals Revisited

Is it exaggeration that we have no “god given” morals, that all our morals are just genetic propensities? Genetically we are (by some research) 99.4% similar to chimps and bonobos. Social studies have found that any trait that humans have, and this now includes the once vaulted trait of culture, the monkeys also have to some degree! The difference is quantitative and not qualitative. Our brains are three times bigger and the monkeys only have 11% of our gray matter forebrains. This means that there are similarities: like our having presidents, prime ministers, dictators and kings; the monkeys have their alpha males. The extra brain matter means we can think abstractly so we also have our gods, our ethereal and abstract alpha males. The invisible guy in the sky is just an extension of a physical leader and so is just a variation of a monkey alpha male rather than being a brand new construction. So yes, all our prized higher values are genetically generated. And religion does come from the animal, older basal brain and the VMAT2 gene.

The good news is that we can therefore make a quest for better values, to make our epigenetic values more realistic and appropriate to the current society. A god given moral or dictum is god given and so is immutable from the time it was postulated (given.) Kosher and Halal laws once served a very practical health purpose but with modern food preserving technology they have been relegated to simple religious dogma and practice. The better way is that genetic disposition is always under the scrutiny of our higher selves.

Sometimes people get the mistaken notion that spirituality is a separate department of life, the penthouse of existence. But rightly understood, it is a vital awareness that pervades all realms of our being. David Steindl-Rast

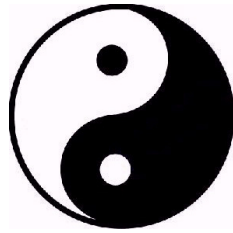


We have to recognize that spirituality does not come from a god as religious adherents contend, but that it comes from within us as the social animals that we are. The most important consideration for not accrediting spirituality to a god is that there is no god. If there were a god then it is reasonable to assume that somebody could prove it, but nobody can. In recognition of the inner nature of human spirit we represent our Spirit by the Awen symbol on the left. Awen is therefore the Spirit of Light that is within us; at its core the conscious of the subconscious that is the essence of human sentience. Awen is Celtic for spirit and is commonly represented by three rays radiating downward. A common variation is to have the rays coming down from either one or three balls. Here we unite these rays with the Ontic to show its pursuit is our noble goal.

“An inner sense of something greater than oneself. Recognition of a meaning to existence that transcends one's immediate circumstances.” This is a good description of the FEELING that is experienced but the reality is that spirituality is not outside the self. Science has found the VMAT2 gene for religious propensity. This gene working in conjunction with the forebrain God Module is responsible for spirituality as well as god belief. Obviously mind constructions like Freud's superego play a part, but however it is that we perceive spirituality it comes primarily from internal sources and not outside ones. As the second of the Buddhist Four Noble Truths says it is that we ourselves are the source of the problems. Religions are the epigenetic structures imposed on these base drives. (Epigenetic the same way that we are genetically programmed for language but the language we end up speaking comes from our parents.) The gene is elusive. When someone tells you they are spiritual because while not believing in a god they nonetheless feel that “something” has to be there, this is the gene making itself known. Under Succour we have explored some of the natural phenomenon that is commonly associated with (and attributed to) a god.

Work is being done in the field of the epigenome (yes very similar sounding to the epigenetic definition used above) that lets outside factors turn genes off and on. Some astonishing “terminal” cancers have been cured with this new science. It might be possible in the future to take the strongest religious zealot and let him naturally see the light by attenuating the VMAT2 gene. This sort of work could be a blessing to Catholics who have strong psychological problems with Original Sin and suicide bombers in the East who seem motivated by religious fervour.

We ask for long life, but 'tis deep life, or noble moments that signify. Let the measure of time be spiritual, not mechanical. Ralph Waldo Emerson



YOU AND ME TOGETHER:

Our noble quest is that we are all our brother's keeper.

This spiritual concept that is so central to our being successful social animals it is here considered under the twin imperatives of **Win-Win** and **the Golden Rule**. The united topic has a trinity of corollaries of a) respect others b) foster community and c) do random acts of kindness. These subjects are humungous studies by themselves and we record them here as what should be the awareness starting point for much further study.

We live by Win-Win and the Golden Rule

a) Respect Others

That the strong shall not oppress the weaker as there must be equality and justice for all. That all life is equally precious. That all should be free to decide their own destiny, each according to their own capacity. That every person has the right to respect, the benefit of doubt, the dignity and the choice to live or not. In Voltaire's words that while he may not agree with what someone else has said, he would die for their right to say it. We help ourselves most when we help others. Mathematics gives us the term Win-Win strategy and social studies show that this is the only long term success formula. Strive for situations where all come out ahead and win in some way that is important to them. Accept human frailty and be ready to be kind and supportive, you may need it in turn one day.

Note: “That the strong shall not oppress the weak” is a very old axiom going back to the very ancient Sumerian civilization. It shows how little humans have changed over the eons.

b) Foster Community

Living well and in community means that we must look out for the welfare of others. This is the Golden Rule: Do unto others as you would have done unto yourself. Respect others whether it is to treat others as you would yourself or to treat others the way they would like to be treated. It is the following of the Golden Rule in all its variations of respecting the individual and their way to live. That we are all our

brothers and sisters keepers and so we must help those that are challenged. Charity is a way of life and not an extracurricular activity. We must be good Samaritans. Nature has even endowed us with hormonal feeling good endorphin rushes when we help someone, part of the physiological support for being a communal entity.

Our manifesto, to expand personal horizons and show people how much they can be, gives the bones of the structure, but not the human side. The human side is of happiness; that being a self-actualized and giving person is the real reward. To give is to receive. We are a membership of like minds forming an army wanting to march into the light that comes from having lived a productive life.

To quote a well known aphorism: "From you I receive, to you I give, together we share, and by this we live."

c) Do Random Acts of Kindness

The random acts can be any size, even just taking a minute to help an elderly or disabled person cross the street. Preferably if possible the act is anonymous and done for a stranger, it just has to bring joy into someone's life. As Shakespeare said: the act is twice blessed, it blesseth him that gives and him that receives. Random acts of kindness should be practiced whenever and wherever possible.

Cb – I have emotional imperatives

I AM NOT WITHOUT GUIDELINES FOR BEHAVIOUR

There are natural human Secular propensities that shape and mould us



e like to think of ourselves in the classic hierarchy of God, angels and then us humans as this is very flattering to the ego. Unfortunately the truth is we are animals, mammals that have evolved a powerful forebrain as an evolutionary survival advantage. The reality also is that we are therefore not some sort of independent completely freethinking intellectual being but have many genetically based propensities affecting how we act and even think beyond just the basic morals that it takes to be a community animal (as considered in the last tenet.)

As humans we don't just have instinctive morals but as the human animal we have a whole gamut of emotional reactions and drives that we are prone to. These are as much a product of our genetic makeup as are our morals. This is why a smile is recognized by every people and every culture everywhere. Even babies smile instinctively as part of their inherited survival strategy. This instinctive knowledge that we inherit was identified by Joseph Campbell as the Wisdom Body. This means that there can be rules on how to activate these automated reactions, and hence on how to guide a person in a wanted direction, much as the just quoted baby is doing to its mother. It behoves what Confucius would call the "superior man" to hunt out these rules as much out of self understanding and self defense as anything else.

Many books, going back historically to ones like *The Prince* in Western culture and the even older *The Art of War* and *The Analects* in eastern culture, give guidance to these emotional imperatives. There are today a plethora of books on how to be a leader and a success.

The Manifesto here is not an exposition of what our human emotional imperatives are: whole libraries exist and are filled on the subject. We are here just creating awareness and showing how it fits in with the human condition under this heading of Social.

Cc – I am an individual

I AM UNIQUE - JUST LIKE EVERYONE ELSE

I have to walk that lonesome valley; I have to walk it by myself



One of the things that our evolutionary prodigious forebrain gave us besides a survival advantage is the ability to reason and think objectively. This means that unlike mammals without this large forebrain we are able to think beyond just being part of the herd. Other animals (dogs have about 30% of our gray matter and cats about 7%) can display individual personalities as any pet owner will testify. We humans can go way beyond this animal thinking and should not waste this human ability by not using it for personal maximization. We each can and should garner as much help as possible in this pursuit but in the end it is still something that we must each do individually.

Here our individuality is considered under two main titles:

1. You have to live in the NOW But not exist in it
2. FOLLOW YOUR CALLING! You are unique by being yourself

The first individuality is a general directive that gives us back our Western concept of responsible rugged individualism as opposed to the mind deadening Nirvana concepts that have come to us from Eastern philosophies. Remember it is in our Western countries, principally the super success of the USA, that we have the world's wealth, even with many Eastern countries having deeper and richer heritages as well as larger populations to draw on. The world's two major currencies, as guides to economic power, are the US Dollar and the European Euro, with the Japanese Yen having to come in third. The second individuality idea is of following the subliminal new (in evolutionary terms) morality that our evolved human forebrain gives each of us in having a personal "prime directive" in our lives. Nothing here is an in depth exposition on the subject, as the subjects require major resources and a large learning curve for their proper acquisition. The purpose here is to make aware and steer in the right direction.

You have to live in the NOW

But not exist in it

Live life to the full

The first step is to not primarily live in the NOW as some Eastern philosophies advocate (this is mid / animal brain thinking.) Remember, your dog lives in the 'now'. It cannot figure things out, it just remembers connections. To live only or even primarily in the NOW is comfortable, as the Eastern philosophies point out, but it is giving in to our animal side and is so very wasteful. A modern parallel is someone who spends all their time vegetating in front of a television, a living in the Now experience. To avoid and not feel the pain of the Four Noble Truths is a retreating into the comfortable cave of our animal / mid brain. Yes pain is painful but it is also constructive to point out problems. We must live and act in the NOW but always at the same time be cognizant of the lessons of the past and keep an open and active mind open for opportunities to further the future that we have envisioned for ourselves. Unless you restrict yourself you do not "exist" in the NOW as your Higher Self honors the past and gives you the tools to create the future. This means that we have to have an envisioned future that encompasses our Calling. The short poem below is ubiquitously found everywhere and natively sums up this concept of extended living:

Honor the past.
Live the present.
Create the future.

HONOR THE PAST.

Those who cannot remember the past are condemned to repeat it - *Santayana*

Some people do live in the past as they find it too uncomfortable to think about the present or the future. A quote that nicely sums up the problem with this state is found in: “Worry is like a rocking chair, it gives you something to do, but it doesn't get you anywhere.” Whether it's worrying about or living in the past, it is always a futile and unproductive activity. (The same can be actually said about constantly worrying about the future.)

The proper way to treat the past is in the Santayana quote below the heading. The past is a great teacher but must be kept in that position. Mistakes will be made, accept and learn from them, and move on.

Moving on is very important. The Alcoholics Anonymous program for one has shown how important it is, in their famous and very successful program, to make amends and apologize to people we have grievously wronged and hurt. If this course of action is impractical (and not just arduous) then a second healing remedy is to do good deeds and works in atonement. Even the legal court system has found this to be a good remedy as they often assign community service to people found guilty.

The past is just memories built on your past experiences, good and bad. Unfortunately the Awen, the unconscious mind, does more than just store memories but it also at an unconscious level makes you act on your past experiences. These hidden driving forces are explored in the book ASPS under the headings of various types of enforcing Legacies. Please see the book at the awenman.com website because there are many retarding factors, not just the mistakes made with people that were discussed in the last paragraph. Not only are the bad Legacies explained but help is offered on how to overcome them.

A further clearing and cleansing technique can be found though your Higher Self in the Answerer where the Answerer can be your closest friend, in one of its aspects. Above under Succour it is shown how you can take your problems to this friend and have your stress and worries assuaged. Talking it out has always been good therapy and is one of the hallmarks of Freudian psychoanalysis (and your friend in the Answerer is far less expensive than psychoanalysis sessions.) Talking to your Answerer friend is only a little less effective than talking it out with an Ancestor as described above, a physical friend or an analyst. The advantage of a physical friend or analyst is that they can “objectively” listen to what you are relating so as to find and steer you down paths you might be subjectively missing because you are too near to the problem.

Your past is your personalized guide to your more successful NOW and future. You honour the past by having a clear conscience about it and not just mindfully following its lessons.

LIVE THE PRESENT.

Live in the present so you can grow from your past and shape your future

Do not take today for granted. Two adages with similar messages:

*Life is lived in the present. Yesterday is gone. Tomorrow is yet to be.
Today is the miracle.*

*The past is history. The future is a mystery and this moment is a gift.
That is why this moment is called "the present".*

The present is where you get things done, we share this trait with the animals. As humans we can go one step further where we can plan for the future while reviewing the past for direction and guidance. To live only or primarily in the present as some Eastern philosophies suggest is giving up on our human forebrain to live in our basal animal/mid brain. This living in what is sometimes called the NOW is very comfortable as any Eastern philosopher will attest to. But the point that with our forebrains we can accomplish much more is lost. Western civilization rose and has succeeded like no other on the supremacy

of the thinking individual, not on suppressing oneself into comfort as advocated by some Eastern philosophies. A better philosophy is expressed by Zorba in the novel Zorba the Greek: “Life is trouble, only death is not” and “To live-- do you know what that means? To undo your belt and look for trouble.”

And it is the quiet, simple life that is best, not the hurried multitasking for ever more material wealth. It has been said: *Let loose of what you can't control. Serenity will be yours* and *The quieter you become the more you can hear*. The idea is to enjoy the moment while not losing track of where we are going. Following your Calling is covered separately later but our lives are not so narrow as to exclude everything else, and so living a fulfilled and well rounded life means to Know Yourself and Be All You Can Be as covered in the next sections

Know Yourself:

That self-knowledge is the starting point of all advancement.

We are all animals with instincts so we must know what these fundamental drives are so as to flow with them rather than find them to be obstacles to our desires. We are also all unique and different and so our quest to save our soul has to satisfy our uniqueness. What is considered here is your daily life as your special purpose. Your Calling, is considered later. Practice and display your absolute unique self in your Calling, but you are also unique otherwise and must find this path to follow. Your daily life should just as much reflect your unique you as your Calling does.

If you would really like to take charge of your life then the best time to do it is right now. This takes commitment to changing your lifestyle to one that reflects what you really want to do. Does this mean sitting down and mentally abusing yourself until you come up with an “original” plan? Not at all. There is much to be said for blazing a path that others can then follow, but such a path may involve hardships that you are not ready to endure. Coming up with a truly original idea is one of the hardest things that a person can do. So unless being original is an absolute must for you, be like most of humanity and look for established paths to follow. There is nothing wrong with following an established path, most human endeavors follow such a pattern. Finding a path that best reflects you probably already exists as humans are not infinitely variable, you only need to customize that path a bit. Your goal is to find happiness. Be true to that goal of your happiness and not someone else's goal of being original! Your mission is to find what is right for you, whatever that path may be.

Adopting and adapting the right path for you is an important concept so of course it is not original. One succinct version utilizes just three words:

Adopt (a good idea.) Adapt (it to your situation.) Improve (upon it.)

These are great precepts to follow for any project and here we will look at them in the light of your being a unique you. It will probably take time to do a search for what is right for you but you can make a commitment right now to the general principles below as a start to your quest.

COMMITMENT

ADOPT	Find a role model that you find reflects you and make a commitment to a lifestyle. Be sure to include the precepts of the Ontic Manifesto to be committed to bettering yourself and helping others as you journey this path. All is possible. The impossible is only the untried.
ADAPT	Here clearly knowing yourself, being aware of your uniqueness, becomes paramount. Customize your lifestyle and be sure to include that you are exercising regularly, eating a healthy diet, and daily doing something to improve your mind. Then do a little bit extra, for someone else, even if it is only a small act of random kindness.
IMPROVE	Good, Better, Best, never let them rest, until the good is better and the better best.

The Ontic Manifesto is also about a return to old fashioned values in a modern setting. Love, honesty, truth, loyalty, honor, faithfulness to name just a few that are all tried and true values. Our troglodyte ancestors ascribed morals as coming from a god. Morals seemed to them like magic forces, much as would a modern match or lighter. We now know that morals are the lasting innate values of the social animal sometimes described as the naked ape. Goodness comes from within and not from without; nature driven but nurture derived in final expression. Our morals behave much as many instincts do, handed to us by our genes and then tuned by nurture. The science of math has proved that a win-win strategy is the only one that succeeds over time. These are the same win-win motives that Mother Nature has built into our genes. We are "good" because we have a genetic predisposition to be so. Over many millenniums, humans by their adherence and constant return to old fashioned values have also been proving that the win-win formula is the successful course of action. The Ontic Manifesto stands as a stalwart reminder to avoid the dark side.

The mind works just like a muscle, it atrophies through lack of stimulation. Use it or lose it. It does not take a major commitment and drastic change of lifestyle to improve your mind dramatically. Twenty minutes a day of study and then ten minutes of reading aloud from good literature will perform miracles. Take a minute to calculate how much solid self improvement time this adds up to in a year. Why a little each day approach? Sure a heavier program might get faster increases, but it is not always possible to squeeze in more time. Nor is it a race. On the other hand it is hard to justify not giving up a little time each day to gain major benefits. Where there is a will there is a way. You can always be creative. If you want to save time by combining study with exercise you can do things like listen to a self improvement CD or MP3 recoding as you go for a walk. If your study is learning a skill, such as drawing, it has actually been shown that this little bit each day approach is far more effective for progress than a weekly marathon session. The point is don't give up because only a little time is available, regular little bits add up; just as in doing a little bit extra to help someone else each and every day.

Be All You Can Be:

That nurturing the soul is the only worthwhile long-term activity.

All our earthly foibles are temporal, only what we do through self-improvement to advance our soul survives death and so has any lasting meaning. This follows from much research that shows that money and material wealth do not provide happiness and that these desires are quickly satiated.

The Ontic Manifesto offers a plan. This plan has three stages:

- GET STRONG
- GET STABLE
- GET SPIRITUAL

There is nothing new under the sun and this plan is based on the centuries old Hindu philosophy of the four stages of life, the Ashramas. The philosophy is obviously based on defining Mother Nature's own organization of events. Since the basis of this plan is borrowed it also is an application of the Adopt, Adapt, Improve stratagem that is discussed earlier.

You can ask what is the Ontic difference to the four cycles of life? Or why limit a good thing to once in a lifetime? If we generalize the concept, we can start at any time that we finally decide to take control of our lives.

N.B. For purists the Hindu philosophy is that the first 3-5 years is Saisava a period of where no moral training takes place, but we now know that a tremendous amount is actually learnt. For one the so called "love map" (or lovemap as described by John Money) of who is your ideal partner is already formed by the time you are six.

The Ashrama system was first laid out in the Manu Smrti and then later Classical Sanskrit texts and assumes a person's life to be one hundred years divided into four quadrants of twenty five years. This system

is now in disuse and is based on a child living till five with his family and then being sent to a gurukul (house of the guru) to be taught a proper ethical life (akin to a western boarding school).

Under GET SPIRITUAL we are combining the Vanprastha Ashram and the Sanyasa Ashram because the first is the study of spirituality and the second is the living of it in an austere way at the end of your life. But spirituality is not apart from everyday life, it is an integral part of every day right from the beginning. The more spiritually integrated you are the happier you are. The further away you are from the essence that is the true you, the more unhappy you are. Unfortunately not being integrated creates stress, which then manifests itself in physical diseases. Getting spiritual is part of successful daily living.

We are not here advocating following this antiquated system but to examine it for what it can teach about human nature.

<p>GET STRONG “student life” of finding and learning about your life's goals</p>	<p>Everyone can pray and visualize, the first steps to life goals. This stage is formulating your dreams, of finding your Calling and how you want to be finally remembered. It is important to define your goals so that you can focus on them and not be distracted by the myriad of other possibilities that come along. Life offers many possibilities and it is definitely not possible to follow all of them. This stage can take heed from the advice given to meditators when unwanted thoughts come into their heads. Recognize the unwanted thought and let it go. Stay focused on your purpose if you want to get there.</p> <p>Your life goal should not have a fixed end, such as acquiring a certain amount of wealth. Such a goal just begs the axiom: "The two great tragedies in life. The first is not getting what you want; and the second is getting it." Many a person makes the mistake of tying up their life goal and identity in their job. These people tend to die within a few years of retirement. Make your life goal instead something like being the best parent you can be to your children, and then when they are grown being their best friend.</p> <p>This stage corresponds to the Brahmacharya Ashram, the first twenty five years of a persons life. This is supposed to be a student life of celibacy and learning. A period of getting strong</p>
<p>GET STABLE “household life” of now living out your dreams</p>	<p>Work at making your goals a reality, a part of your everyday life. Do what is necessary to pursue those goals. Achievement can mean hardship and sacrifice, as is often the case with any worthwhile goal. The important things are to get started and then to keep going, even if the pace is slow. Follow your bliss even if you cannot live it fully yet.</p> <p>This stage is the Grihastha Ashram, the years between twenty five and fifty. These are the years devoted to raising a family. In getting stable you are raising your life.</p>
<p>GET SPIRITUAL “retired life” enjoying to the max what you have</p>	<p>Your life is the stage on which you play out that life. Being at harmony with yourself and then living the life you want is a spiritual path. This is what real spirituality means because spirituality is in the life all around you. Getting spiritual is getting in touch with the innermost you so that you can live out your life as you truly want to live it out. "Be true to yourself and you can be false to no man." And while you are at it: take time to smell the flowers along the way.</p>

ACTion
measures
Begin It Now!

CREATE THE FUTURE.

Humans are the only animals that can creatively live into the future – don't throw this away!



n practical terms this is about goal setting, a subject that will only be outlined here as it is a major subject that has many resources available. Work sheets for SMART goals as well a Ben Franklin decision sheets are available at: <http://awenman.com/learnINGblog>

As a bare bones version this is presented here:

- First see the future you want in your mind. Imagination is your most powerful tool. If you are able then go into your Sanctuary Study and research your deepest needs there. Collect and surround yourself with visual clues to make what you want more real. Make a Vision Board or file folder called “Benefits” and fill it with pictures of what you desire. Review these regularly and often because “It’s on its way!”
- Make a plan, a written one. Work out the steps necessary and their order. The plan should have the SMART goals of specific, masurable, attainable, realistic and timely.
- Work your plan. The wise Chinese saying is that a journey of a thousand miles starts with the first step. Take that first step no matter how small it is to get yourself into motion. Use the tools available to you such as the Law of Attraction as outlined in the book Accessing Awen (<http://awenman.com>)
- Monitor your progress and don't be ridged. As Burns wrote: "The best laid schemes o' mice an' men / Gang aft agley" so be flexible enough to change when necessary.
- Never lose sight of your ultimate goal as this adage exemplifies: *Some people are making such thorough preparations for a rainy day that they aren't enjoying today's sunshine.* The sunshine of your ultimate goal should never be lost.
- Consult help with your goals and progress: there is so much out there to draw on.



"IT IS BETTER TO LIGHT JUST ONE LITTLE CANDLE
THAN TO CURSE THE DARKNESS!"

Actual research shows that one attribute of an **OPTIMIST** is someone who says to himself, "I do not know what the solution to the problem is, but I do know a little thing to do to make the situation a little better, so I will do it." It is amazing how often little things keep turning up that if all done they actually solve the problem.

Don't agonize. Organize.

(Statistics also suggest that OPTIMISTS live HEALTHIER and LONGER LIVES.)

A healthy lifestyle is the best preserver of the quality of life. Your personal best is only good enough.

Whatever you can do or dream you can, begin it.
Boldness has genius, power and magic in it. Begin It Now!

Goethe

FOLLOW YOUR CALLING!

You are unique by being yourself

“To Thine Own Self Be True” – the I AM or I Augustus Mandate

The last two tenets dealt with traits that involve primarily our mid brains, the basal animal brain that we inherited as part of our ancestry. But we evolved higher conscious thinking, primarily associated with our prodigious frontal cortex; that let us be very distinct individuals and not just community animals with personalities. We are the only species with true consciousness and self-awareness (maybe not really the only, it's a large universe) and so it behoves us to express ourselves as individuals. The apex of this expression is finding and following your Calling, to be all you can be.

A Calling is here defined as doing what gives you the greatest purpose and joy in life. It is both your present and your future as guided by your past. Procreation is the natural prime directive but as thinking beings we each of us also have an individual path made up of our instincts, our learning and our Legacies (see the book ASPS at <http://awenman.com> for more on Legacies,) These mental propensities give us our life's individual prime directive: our Calling.

A Calling is often defined in religious terms where you follow some perceived path of a god or in business terms where it refers to your career choice. Here we take the broader view that a Calling can be as independent from both religion and business as being a stay-at-home mom. In the real world you may have to work at a job (an occupation or vocation) to support yourself while you follow your true Calling in your spare time. A starving artist suffering for his art such as writers, painters, poets and budding actors are people who often find themselves in this situation (not to mention the temporary state that some students find themselves in while pursuing an education towards their Calling.) A further example from life is that in Canada a book selling only five thousand copies is a success story (no pun intended) so a writer following his Calling in this way just cannot survive and live on book royalties alone. What is true for all is that true happiness is finding your inner Calling and following it to the best of your ability. As a note: your job may be a vocation that not only provides sustenance but is also a pride and ego booster; but if it doesn't satisfy you at your root level of your sense of meaning and life-purpose it is not a Calling. It should also be remembered that as people get older and mature, the search for a more meaningful life and fulfilling one's Calling takes on ever greater importance as the Hindu Vanprastha Ashram and the Sanyasa Ashram exemplify.

Why did I list someone like a stay-at-home mom? Material wealth is nice but it isn't the be-all and end-all as these sayings highlight:

Inner beauty comes from a stress free mind and a confident, giving personality.

He who lives in harmony with himself lives in harmony with the world.

Marcus Aurelius

Satisfaction can be found in the simplest tasks.

(Please don't jump on me – motherhood as a Calling is anything but simple)

He who knows he has enough is rich. – the simple life

A man is rich in proportion to the number of things he can afford to let alone.

(these two go with: Success is getting what you want, happiness is liking what you have got)

So what is the better way? Be proactive in following your Calling! While it is wise to garner as much help as possible in finding and pursuing your Calling, in the end it is an individual thing that only you alone can do, no one can do it for you. Again we offer some bare bones help and refer you to seek out the abundance of what is otherwise available. Before leaving this subject we will look at two more aspects.

That self-knowledge is the starting point for knowing your Calling

It may seem repetitious but just as living in the NOW above, finding your Calling is all about finding what you are all about. Finding your Calling though is looking to the future.

Start by making lists about yourself:

- list your gifts, talents and abilities that are special to you, things you have been good at
- list positive areas where you are a contrarian, deviant or a rebel: your uniqueness
- list the things you love to do and are your compelling interests – ones you keep returning to because they are sources of pleasure and joy giving satisfaction and happiness
- list things that you actually do that are not in the last list – they may feel like work and duty but these feelings might be hiding deeper needs
- list what you feel are your core spiritual, work and social values
- make a final analyze of what is special to you about your list items, why you like them, and how they make you feel – do this item by item and make a ranked list of the results

Also find your personality type as this will give you great insight into yourself. A good and free personality survey is available at <http://awenman.com/neoenneagram.pdf> that gives you a a modern version of a very ancient system.

Living your Calling is the prime worthwhile long-term activity

Now that you have made conscious what your interests are it is time for the next step. Your interests are not the same as what your Calling is, the discovery of which is the purpose of the following exercise. As a note: you also need to consolidated as many of your interests as possible into one united direction.

Brainstorming

Take a sheet(s) of paper and start writing out as many ideas for your Calling as come to mind. Keep going until you are completely exhausted but on this first attempt try very, very hard to put down at least one hundred ideas. The ideas can be anything: a profession, a job, volunteer work or any other type of unpaid work or even a product or service that you want to be involved with and that come to mind. No idea is too small, too insignificant, too exalted, too impossible to obtain or too removed from anything that you are now. The purpose here is write whatever comes to mind and not to analyze. Analysis comes later including trying to figure out what subliminal messages your mind was sending you with clearly impossible ideas that you feel will never come to pass. Analyzing the ideas is like dream analysis where your mind sends you images that are symbolic for something else.

Do this at least two more times with a couple of days between the attempts. The time lapse will mean that you are in a different frame of mind each time and so accessing different parts of your mind.

Now comes the fun part. Look at the lists and relist the items common to all lists. These are the items that are the most important to you. Then put on your thinking cap and pare the list down to about a dozen items (or more if it feels right) that best exemplify your previous lists of your interests and also utilize the strengths you found in your personality test. Since you listed here all ideas during the brainstorming, it may take some probing analysis to figure out the message your mind was sending you with some of the far out items.

Lucubration for True Passions

Now that you have a short list, literally sleep on it. Read it regularly but give your subconscious mind time to absorb the list and do some ruminating. At this point it is especially important to jot down any ideas that you have on waking. Give it a few days, or however long you feel comfortable that you are making progress, and bring your list down to no more than about three items. Do take a step back at this point and make sure you are passionate about the results and that you didn't lose that enthusiasm somewhere in doing these exercises.



“Follow Your Bliss”

*Joseph Campbell {1904-1987 Mythologist & Author}

Your Calling Imparted

You now have the task of doing research on these last few items to see which one fits you best. An excellent evaluation method is the Pro and Con list. This is a tried and true method that you will come across regularly if you pursue your study of self-actualization and it is found as far afield as the in the art of selling as a closing tool. While recommended here in helping to make your final decision there is no reason not to use it earlier to help you clarify your thoughts in paring down the original longer lists.

Take a piece of paper, letter size is fine, and as a title across the top write what you are naming your Calling and a short clarifying description if you feel this is necessary to give you a better handle on it, Then draw a horizontal line just under this heading and in the space below draw a vertical line down the center of the page to make two columns. You have created a T pattern on your page. At the top of the left hand column in big letters write PRO and at the top of the right hand column in equally large letters write CON. Again do some brainstorming to write all the positive, good things about this Calling in the left hand column and any detractions in the right hand column. Doing this work in point form is best. At this juncture you should be thinking deeply and thoroughly about these last few points so don't just go with what you already know, this is after all **your** Calling as well as your future that is being considered here. Do research to find out more about the realities of each point and as well as what should be in each column list. Research the Calling in general and make sure you hunt down answers to any and all questions that come to mind. An aid is found at <http://awenman.com/ProjectDecision.pdf>

Once you have exhaustively completed a Pro and Con sheet on each of your final Calling items it is time again to sleep on them to give your subconscious mind a final chance at evaluation. You are talking here about your future, the rest of your life, so it is not prudent to rush matters. Enlightenment as to your final answer might come as a eureka “aha” moment, or the reality of what your decision should be might just sink in. When you have your final decision you should once again take a step back and make sure that you are really passionate about the result and that you didn't lose the enthusiasm somewhere in doing these exercises.

Reality Check

Now consider how commercial your Calling is and how it will fit into your life. If you feel you have no option but to have your Calling the same as your vocation or job, consider what adjustments and compromises you might have to make to make it a reality. Preferably the changes will be in the direction of, and involve more of, the items and passions of your first lists. The reality of the world is that it is one of give and take and you might not be able to have a perfect solution. It has been said that close only counts in

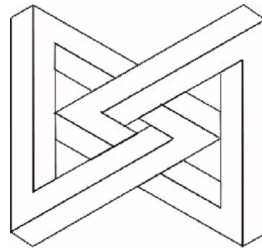
horseshoes, hand grenades and hydrogen bombs but in real life close might be as close as you can get. "If you can't be with the one you love, love the one you're with" might have to be your solution.

Don't hurry. Don't worry. Do your best and let it rest.

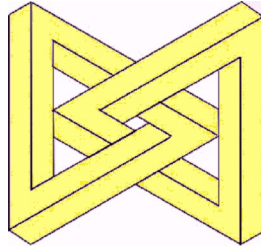
Now write out in narrative form what your Calling will be and what it will involve. Do a story of what your life will be like with your Calling central to it. The idea is to make it as real as possible in your mind and imagination so as to aid in manifesting it into your daily life. You are now ready to do goal work (including working with the Law of Attraction) to making your Calling your reality.

Caveat Emptor

A word of caution, don't give up too easily on your ideal situation. Dreams do come true so start reading motivational literature and see what you can make happen. There are many inspiring life stories of people who have overcome impossible odds. Don't be afraid of networking. Tell others about your dreams as help often comes from very unexpected places. Take positive proactive action, again much is written as to how to reach beyond yourself to manifest your desires. The books *Accessing Awen* and *Fabulous Fortune Forever* at <http://awenman.com> can be a good start.



**May the Force be with you
along all the dark and empty paths you must walk.**



the Ontic

The Trinity Creed of Trinity Tenets

A – the **SOUL** *we are not finite*

- Aa – I have a soul
- Ab – I am immortal through my soul
- Ac – I aid my soul by aiding myself

B – the **SUCCOUR** *we are not alone*

- Ba – I have a Higher Self
- Bb – I am one with my Life Force Team
- Bc – I must ask to receive

C – the **SECULAR** *we are not islands*

- Ca – I am a member of the Family of Man
- Cb – I have emotional imperatives
- Cc – I am an individual

“W” UNIVERSE UNFOLDING

W- Universe Unfolding

by Oyar Mickevics

Edition 2.00

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www.awenman.com

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In Hindu mythology the earth rests on four elephants that rest on a tortoise that rests on an unknown. The tortoise is the Base Ether that comes out of the unknown. On top and out of the tortoise the Big Bang created our total eleven dimension universe of earth and elephants. The earth is our known four dimension universe and the four elephants are this universe's "W" matter, the other eleven dimension Ether Universe. An interesting aside is that there are four elephants that reflect some people's ideas that there are parallel universes.

Proem

 In the old Peanuts carton series the Lucy character very wisely said that anyone can be as intelligent as anyone else about things that cannot be proved. Cosmology theories can only be inferred and not proved.

Cosmology theories are akin to a goldfish in a goldfish bowl trying to construct the bigger universe outside his goldfish bowl. Any "evidence" such as the daily manna from heaven above that comes down from the "Goldfish God" provides only pure conjecture about the source of the phenomenon. To repeat as this is important: the "hard evidence" of the daily manna from heaven above can still only lead to pure speculation as to anything about the source and the greater why. From the goldfish's perspective it is his God who is revealing himself through His works.

How does one know the unknowable. In the art of philosophy the interesting exercise is to start with the knowledge that you are thinking as the only known true fact and develop from there. In cosmologies there can be three interesting starting points:

1. **What you see is what you get.** Most modern western cosmologies related to physics seem to take this approach. It answers the question "Is that all there is?" with a yes, that is all there is. An unwritten rule is that speculation should stop with what can be provable, or if an otherwise acceptable mathematical formula indicates something unknown exists it at least should be provable once an experiment can be devised and performed.
2. **There is more than is dreamt of in your philosophy.** This assumes that there is more to where we exist than meets the eye. This is usually an attempt to take origins further back.
3. **The divine word.** If a religion has a cosmology it falls into this class. While often vehemently supported by adherents it does not often appeal to a knowledgeable mind. Later we will look at why this view is not acceptable before formulating a sound outlook.

What You See Is What You Get

While the first type of cosmology we can start with the known universe. The best of what is generally accepted is that we started with the “Big Bang” originating from the primordial atom. This does not explain why there was a primordial atom in the first place or what created the forces that made it go pop. We do not know if this type of popping occurs regularly or how many primordial atoms there might be that are capable of popping. These cosmologies are content that we are part of such a pop and with investigating our pop as the only reality that exists.

How to analyze this cosmology then? Many seek solace in mathematics and some even feel that this is the only way to analyze our cosmology. But what if the necessary mathematics has not been invented yet? Contemplate as an example of missing mathematics if the number zero, a recent invention, had not been invented (or discovered if you prefer that terminology). Great engineering feats have been performed by bygone civilizations without having the benefit of a zero. How would modern theories be different however, or even understood, if we still used the formulas of Roman numbers like $V + V = X$? Much more interesting is the formula $A \times B = B \times A$. Every high school student will fail basic algebra if he is not able to grasp this transmutability of the letters A and B. Interestingly quantum physics cannot be properly explained without using a mathematics that says this simple transformation formula is wrong. Current mathematics might seem to be providing answers, but maybe answers that are red herrings. A witch doctor might prescribe a headache cure that requires the patient to eat almonds to cleanse the soul and further to do this at midnight while burning incense and offering prayers to the ancient god Shamash. The witch doctor would attribute the cure to Shamash listening to the prayers of a cleansed soul but a modern physician would say it was the aspirin like chemicals in the almonds. Our explanations are formulated by the mathematics that are known today, but what about the ones that will only be known tomorrow?

The problem with this what you see is what you get starting philosophy can be demonstrated with the analogy of a goldfish scientist in a fishbowl trying to explain why food comes down from above every day. Since all he can experience is what is in his goldfish bowl, he “knows” that his fishbowl is all there is or is relevant. This leaves our goldfish scientist convinced that if he can run enough experiments to create enough formulas about exactly when the food first arrives, in what qualities, in what composition, etceteras, etceteras, etceteras he will eventually solve the riddle. From our perspective we know that the goldfish scientist can only find his solutions by going outside his fishbowl, a solution he cannot even contemplate because in his paradigm nothing outside exists or can be taken account of.

There Is More Than Is Dreamt Of In Your Philosophy

What else is wrong with sticking with the what you see is what you get cosmologies? What you see is what you get cosmologies explain much about what can be observed in our universe and have led to great discoveries where they indicated something unknown should exist. They are all nevertheless based only on the realities of our known universe. This basis is a problem related to all of them, they are too narrow. It does not seem intellectually reasonable that what we can observe scientifically, and directly impute from that, is all that there is. At the end of the nineteenth century responsible authorities wanted to close the United States patent office because obviously everything worth inventing already had been. At a later time responsible authorities publicly stated that the telephone was an interesting toy but would never have a real life useful role to play. The science of light and optics was considered a “closed” science where everything worth knowing was known until the laser opened it up again. These examples are but the tip of the iceberg of similar wrong thinking by respected authorities. The truth is out there, beyond bounded thinking.

There is much phenomena experienced that cannot be explained scientifically. Usually these phenomena are explained away by the scientific community as unsubstantiated hearsay or revisionist or inaccurate memories. This sort of explanation is not very palatable to most people as witnessed by the widespread

belief in the supernatural and psychic. What we want here is an intuitive evaluation of the order of things, things beyond the bounds of what can be currently expressed mathematically or scientifically. An explanation that can explain why phenomena like prayer works, and not just something more about the orientation of some subatomic particle. Many cosmologists have become myopic to the fact that there is more to the universe than just physics.

The Divine Word

It is important to understand that humans have a penchant for a god in order to better understand a Divine Word cosmology. At the core of any religion, great or small, is pure belief, and the personalization of needs. One of the needs we humans have is the need to understand our origins. If we have followed our animal instincts in creating a deity then it follows that the ensuing religion will have an explanation of our earliest origins. It is the adherents who codified the extent mythology (the legends and folktales) during the formation of a religion that created the divine cosmologies as their explanation for origins.

Cosmology For The People

What is proposed here is a cosmology for the people. Scientists can play all they want with their mathematics and physics, and more power to them. Because of scientists we enjoy our technological civilization and a high standard of living. I would not want to give up what they have given us, not even television which some might argue is a devolution. But just as man does not live by bread alone, nor is science the be all and end all. What is needed is a way to explain the many things in life that science either ignores or does not want to deal with.

What science deals with, cosmologies that embrace the what you see is what you get approach, have proven their acceptability and worth and will not be disputed here or even augmented. These cosmologies and the science that goes with them will be referred to as the “known universe” as opposed to the “W” universe necessary to explain things that scientific theories leave unexplained. A framework for an expanded cosmology will be logically presented in Section I that follows. Section II will then analyze in much greater detail that part that explains psychic phenomena. Section III will enumerate what we experience but will not be in a logical step order of build up of concepts to avoid overly dry reading. New concepts are introduced as needed and since the section is not very long, randomness is not onerous. We seek answers, not pedantic analysis, to what we see as the **universe unfolding**.

To The Muse

The concept presented is one that supports the *Ontic Manifesto*. The rightness of what is presented here came not from perspiration but from inspiration. I am not a visual, so the words did not appear as fiery writing on a wall. I am not an auditory, so the words did not sing through my head. I am a kinesthetic so that I grok the rightness in full with all my being. The words are mine and may be confused but the rightness remains.

A wise teacher long ago told me to search out the theory that explains the most and then hold on to it until an even better theory comes along that explains even more. What is presented next cannot currently be proved any more than a religious cosmology can be directly disproved. To repeat the Lucy quote given earlier: “I can be as intelligent as anyone about something that cannot be proved.” The cosmology presented here does bring together and explain many things that are otherwise unexplained so please accept it for the explanation that it is and what it can do.

SECTION I

CHAPTER 1

The first thing is to establish some sort of basis to start working with. We will state two self verifying truths.

PRINCIPLE TRUTH ONE: Basic Substance

Whatever its nature, there has to be a basic substance out there that is the ultimate master building block for it all. We exist so it must exist. Early scientists when studying energy being transmitted through empty space had the perplexing problem of wanting a medium for this energy. They named the unknown substance Ether. There is no reason we should not continue the name but to also extend that name to mean the fundamental substance, the energy. To distinguish it from the ether group of organic compounds of our known universe we will call this Base Ether. Even if at some future date we can somehow ascertain that Base Ether does not really exist as we define existence, that it is actually a composite of an infinite number of basic elements, or that it exists in some other way that we do not now understand, it makes no difference. This Base Ether is a working hypothesis for our human minds in our current state of awareness. Base Ether allows us to deal with something we cannot explore except as a concept. We exist so Base Ether exists as the basic building block that allows our existence.

Here we use Base Ether as outside our known universe and that the Ether, or “W,” of our Ether Universe as well as the physics of our known universe are actually but a subset of this basic most Base Ether.

PRINCIPLE TRUTH TWO: Malleability

Whatever this Base Ether is it is in some way flexible and changeable. Again we would not exist as unique entities if the Base Ether were a solid inflexible mass that never changed. Where there is malleability there also has to be lack of uniformity. Uniformity implies lack of distinction and so would imply a solid unchanging Base Ether. We are here and so there must have been some changes that came about because of lack of uniformity.

Having established basic principles we now need some working methods; call them Laws. Base Ether is like a noun in a sentence and now we need some adjectives and verbs. The first Law is pivotal in that it establishes a rational for just about everything else.

FIRST LAW: The Rule of Repetition

As above, so below. Things repeat, if they did not we could say nothing about what we do not directly experience. We are in a fishbowl trying to comprehend what is beyond it. In a fishbowl we live in an atmosphere of water. From this we can assume what is just past the glass wall is also in an atmosphere. From what we experience in the fishbowl we have no way of comprehending what an air atmosphere is like when all that we experience is a liquid atmosphere, but we can experience dissolved air so we can again make some assumptions. In our known universe, a subset of the Base Ether, we cannot step aside and look at Base Ether but we can deduce things about those attributes that have relevance to us. Variations can be infinite but so much that we observe is repeated that repetition must be a basic principle.

SECOND LAW: Attraction of Alikes

Nature shows an affinity among alike things. An observed fact of nature is that like things tend to congregate and like to stay together. Clouds will tend to stay together and so will members of a herd, the trait affects all. Looking up in the night sky, galaxies come in grouped clusters. For likes to have grouped there must have first been some sort of attraction to bring them together. We actually have words like coincidence and synchronicity to describe more random attractions because they occur so often. This attraction of alike at the Base Ether level is why activity takes place.

COROLLARY ONE: The Complexity Factor

When nature does not find a natural reason to group, it seems to create groupings anyway. The Brownian Movement in gases shows random action has an overall cohesiveness. A 1950's study of after midnight traffic patterns on the highway between Ottawa and Montreal in Canada found that traffic came as groups of cars, in regular waves minutes apart. This is a grouping wave pattern when randomness is the logical expected factor. While one might try for some explanation of waves of cars due to some external force, pure mathematical clumpiness is harder to explain away. In abstract mathematics, if a random group of numbers is generated, if the group is large enough then repeat grouping patterns can be found. At all levels, from the smallest to the largest to the abstract, there is a tendency for things to become groups and clusters. This complexity factor is our known universe's expression of the Base Ether's clumping, to create our known universe. We constantly see births of more complex entities because we are part of this complexity factor. Nature repeating itself in alike type clusters is the First Law.

THIRD LAW: New Properties Syndrome

When matter is regrouped in some way, the new groupings display new properties. An excellent example comes from atomic physics. An atom of hydrogen is made of an electron and a proton. In simplified terms what makes a lead atom a lead atom is eighty two electrons and protons. If you break apart the lead atom into electron/proton pairs you do not get eighty two smaller pieces of lead. What you get is eighty two atoms of hydrogen. Lead, a heavy lump that will sink in almost any liquid and good luck in trying to set it aflame with a match, could not possibly be any more different than hydrogen, a very light gas that can burn so fast that it's an explosion when touched by a match. Yet the only difference between them is how the same building blocks were assembled. It seems to be the property of Base Ether and our universe's Ether to display different properties when in variations of its form.

COROLLARY TWO: Inexactitude

The THIRD LAW explains why the FIRST LAW refers to approximations of repetitions rather than exact copies. Repetition of idea may exist but the details are different and so the properties are different. An interesting implication of inexactitude is that the two First Principles as stated do not exist as stated but are only a good analogy of what is happening. They are extrapolations of what is observable in our known universe.

This is all that is needed as a basic starting point for our People's Cosmology: two principals, three laws and two corollaries

SECTION II

CHAPTER 2

AN ANOMALY



We can look at our known universe, the one described in the “what you see cosmologies,” as an anomaly. This is because an explosion (a big bang) would imply a digression from a “normal” state, a state where the Third Law had to kick in and create some local changes. We are in our universe like goldfish in a goldfish bowl in that we cannot go outside to explore, and can only guess at what is out there. Since we cannot go there, we also don’t really want to know too much about it other than what effects might filter down to us.

The safest generalized statement about the origins of our known universe can be taken to be that we are an anomaly. Having said that we can be described as an anomaly, we will further assume that our known four dimensional Physical Universe is not the whole of the anomaly so that unexplained events can be explained. In fact science already postulates String Theory (or Loop or more recently Mat) that says there actually have to be eleven dimensions. We will call Ether (as opposed to Base Ether, it may or may not be different) the version of the basic building block that appears in our eleven dimension universe with “W” being specific substance that appears in the seven dimension Ether Universe an opposed to matter and energy as we find it in our known four dimensional Physical Universe. We will call Ether as different from Base Ether as a change of some sort was probably necessary to generate the Big Bang and our eleven dimension universe.

There is strong logical inference that there is an aura area pervading around and through our known universe that is still an anomaly but nevertheless not directly part of our known universe. This would be the W primary substance of the Ether Universe that science tells us that completes the eleven dimensions of our total universe. This Ether aura area interacts strongly with our universe, but its characteristics are much closer to Base Ether than are the characteristics of our Big Bang known Physical Universe. This extra layer flows from the First Law of the Rule of Repetition and makes intuitive sense as most things we observe tend to be along a continuum rather having sharp cut off boundaries. Solids, liquids and gases all have different properties but each can flow into becoming the other. But before a solid can become a liquid and a liquid a gas they have to go through an energy absorption stage that is part way in between. It is still material of the previous state but ready to become the next state. It is the First Law of the Rule of Repetition and Corollary Two of Inexactitude that lets us make sense of what we cannot experience directly.

Rationale Of Creation

In our eleven dimension universe the Ether is not uniform according to Principle Truth Two and so will by the Second Law of Attraction of Alikes have different amounts of attraction in different parts of itself. There must be different amounts of attraction or else differentiation could not occur. This will create clumping in various parts of the Ether. This attraction within the Ether is experienced as gravity in our known universe as part of the String that is in our Physical Universe but also exists in the Ether Universe. The **Complexity Factor** explains why more complex constructions are created from simpler elements, the driving force behind birth and new life. While the strength of attraction cannot be equal, there is no reason for it not to occur in every direction. This means that even as clumps are forming and existing, parts of every clump are being dissipated by the pull of contravening attractions. This dissipation is experienced as entropy in our known universe.

Back on a broader scale, within a clump, the clumping will eventually built up to a point where the **Third Law of New Properties** will come into effect. This event in the Base Ether would be what we experienced as the Big Bang creation of our known universe. Not all Base Ether in the clump would be compacted enough to undergo the metamorphosis of becoming part of the big bang Physical Universe. This left over Base Ether is the Ether or W that is the aura area around our known universe that was spoken of earlier. It is akin to a star and planets forming. In a star system gas is pulled ever inwards until a star and planets are formed. Some gas whoever is left over as space dust.

Time And Distance

Sur known universe consists of what was formed by the Big Bang. Two formed properties not always thought of as being created are time and distance. These two properties are part of the additional structure that we gained by being denser material. The two are interrelated and one cannot exist without the other. Consider a very basic mathematical relationship of the two. Distance is equal to velocity multiplied by the time involved. If you take away the existence of either distance or time by making it equal zero, the other factor also becomes zero and ceases to exist. Quantum Physics has already covered the questionability of the existence of these factors. There is no reason to question why these new factors should not have been created as part of the Big Bang in accordance with The Third Law of New Properties, after all why not? Time and distance are really anathema to a Base Ether concept though. That time and distance are unique constructions within our known universe becomes important later in analyzing what effect things outside the walls of our known universe have on us.

Relevance Of "W"

We are in a local clumping where some of the Base Ether in that clumping became dense enough that it became the subject to the Third Law and a primordial atom that "exploded" as the Big Bang to become our total universe with some part becoming the known universe. Some theories hold that the primordial atom does not really exist and it was not a point explosion but an all over explosion into existence. The Zen koan is if there was no one to hear it, did the falling tree in the forest make a sound? If there was no one there to experience the Big Bang, did the "explosion" happen in any currently explained way? We need not know for the present elucidation! We don't even know or need to know if the clumping came first or if is concurrent with the Big Bang. If we need firewood we can find the fallen tree. Here we need the context we find ourselves in, not the technicalities of how the Base Ether fell to become the firewood of our known universe.

We are in general calling the denser clumping of Ether "W" matter if it did not become part of our known universe. Our known universe is a further local anomaly as a transmogrification of some of the W matter. The rest of the W matter, the aura that did not become our known universe, is still there to interact with us and we call this the Ether Universe. Think of our known universe as a liquid with the W matter as a coexisting gas. Gases dissolve in liquids so that they are not on top of the liquid or beside the liquid but are permeated throughout the liquid. The same way W matter is all around us and in us. The interesting thing is that W matter is not bounded by the temporal properties of time and distance so that when we are able to access it, it is a whole different experience.

The importance of W is how this denser Ether matter interacts with the radically different and even denser matter of our known universe formed by the Big Bang. It interacts the way a higher vibration would, in keeping that it is a higher energy form. This similarity of action is in keeping with the First Law of The Rule of Repetition. W like any higher vibration is easy to shape as a "harmonic" of our known universe matter. We are the base vibration for counterpart things in the W matter. If a different construction exists in the W, the higher vibration has a much harder time making something in our known world "resonate" in unison strongly enough so that we can experience it.

SECTION III

CHAPTER 3

Religion based cosmologies are so common that it justifies some time to examine why they should be ignored.

Chariot Of The Gods

The first rule of a cosmology should be that we are not some sort of a vehicle for a god. Unless a god is sitting right there in a temple where he can be questioned, the information is useless. In a court of law hearsay evidence is not acceptable for good reason. After the fact, what is recorded at best becomes interpretation and can be colored any way the interpreter is inclined to; what is truth is in the eye of the beholder. The rewriting of history is notorious in that it is rewritten to reflect the viewpoint of the writer.

THEM

The great mystery of any god is why he is a god of the past. In modern times he is out there somewhere but otherwise unreachable by mortal souls. Believers can only feel him in their hearts, but can never get any closer, never meet him in the flesh. In fact it has gotten that god is so remote, that if you claim to even just talk to god in conversation most people will be ready to have “the nice young men in their nice white coats take you away ha, ha” as the song goes. Some religions get around this by having avatars that sometimes visit, but this does not appear to have happened for a while. Without direct input from a god, physical world knowledge imputed to the god is always suspect as it never can be confirmed by him. God knowledge is like the lower class “them” knowledge. “Themgods” are always beyond reach and direct identification. You don’t know where they are but they are definitely out there.

Benefits Of Religion

What said notwithstanding, religion is of great benefit. First and foremost it satisfies our genetic propensity for it. Religion, in whatever form, would not be so successful or universally all pervasive if it did not bestow great benefits. Where any religion has to be taken with a grain of salt is when it steps past its bounds of emotional usefulness and tries to be everything. Then it comes under Lincoln’s dictum of “You can fool some of the people all of the time, and all of the people some of the time, but not all of the people all of the time.” Religion should be taken religiously as fulfilling our genetically created emotional need and not as a tome on science.

The Times They Are A Changin’

The point is that a religion can claim in their god’s name that the origins of our universe are whatever the adherents want to claim. This religious version reflects the worldview of the adherents, often the understood or misunderstood precepts of science at the time of formulation. Unfortunately for cherished religious beliefs, science grows. It is no longer acceptable to think of the world as being the center of the universe; but once such an old view has been ascribed to god, how can it now be false? The church once even put to death heretics who disclaimed this “god given truth.” Very often it is a case of: “We have found the enemy, and it is us.”

SECTION IV

CHAPTER 4

Wimages

Wany cultures and philosophies hold that all, even down to simple constructions like rocks, have an aura about them. This is true. Everything in our known universe has a corresponding construction in “W” matter (the “matter” of the other seven dimensions that science tells us we mutually exist in.) Using the First Law of The Rule of Repetition, W matter can be considered a finer form of matter that forms as an upper harmonic of things, matter and energy, in our known universe. This concept is so important that from now on a construction in the “W” matter will be simply referred to as a Wimage (“W” + image).

Souls

The left half of the quadrant is our Strings that are in the Physical and Ether Universes. The right half is the higher harmonics of the Strings which in the Physical Universe some can see as auras.

Core Soul	Soul Aura
Ether Body	
Physical Body	Physical Body Auras

Being Physical Universe entities means that humans have Wimages also; these are commonly referred to as our souls. These Wimage souls are quite apart from the this physical plane energy field that surrounds all humans. When a person dies, the Wimage does not fall apart. What happens to it? It “joins” (actually it is already there) other peoples Wimages (Attraction of Alikes: people) to form a common bonding of peace and tranquility that in the past has been called the Elysian Fields. There is no Physical Universe equivalent of this experience so equally valid is to equate it to the Viking Valhalla Hall experience of constant celebration with camaraderie and good will. Through our Higher Selves (often in sessions like seances) its pleasant side of peace and good feelings are known to us, just as the knowledge from the Collective Unconscious is.

Our consciousness is a Physical Universe phenomenon of such cohesiveness that as a energy field it also doesn't dissipate or disintegrate on death. Because of the Law of Attraction of Alikes it seeks to unite with our Ether bodies but the experience is not instantaneous. This reuniting is experienced as a going to / joining ones ancestors that is often taught as the going to the godhead of some cultures. Joining the other side is being one with the Elysian Fields, Valhalla or Heaven so often depicted. How quickly does this joining take place: often a few days. It is consciously experienced as a going “into the light” as the soul is no longer weighed down by the body. The consciousness is most often confused by this disassociation with the physical body so many cultures, usually through a religious leader, provide guidance to the soul at this stage. Classic extended examples of guidance are the ancient Egyptian and Tibetan Books of the Dead.

Another phenomena depends on how strong a Wimage a person created. Strong Wimages can visibly appear back in our known universe, they are most often called ghosts. An interesting observation of strong ghosts that have reappeared over the years is that with time the appearing seen images become weaker. This is because on the other side they are uniting so less energy is left over to create a known universe image. Houdini said that if it was possible he would come back from the dead to report to us. Powerful as a

performer as he was, he did not have any special psychic strengths so like any normal person in this respect he was not able to keep his promise.

As a note: the Soul's Aura is already there and integrated with what Jung identified as the Collective Unconscious. As a finer higher harmonic it is just naturally, and easily, attracted to other auras and forms a collective union, again through the ubiquitous Law of Attraction.

Dark Zone (Hell)

A less pleasant aspect of the Attraction of Alikes is that a subset that we would identify as a Dark Zone (a traditional Hell) has been created. On death an evil soul will be attracted to other like evil souls and this would create a very unpleasant corner of the Elysian Fields. The soul through attraction experiences the unpleasant and painful “Hell” experiences of other like entities. Not a pleasant way to spend eternity!

Communication

W people have often observed and wondered how an idea can suddenly catch on and become generally known in a population, sometimes widely separated, after it is discovered by one individual. The case has been made that it is not collusion as this same phenomenon has been observed in the animal kingdom. With the concept of W the answer is simple. The first action created a Wimage, as any action automatically must, and others just tapped into it. The Collective Unconscious or the animal's equivalent to it acted as the agent of transfer.

Mobs

In the social sciences there is often wonder as to how a “mob psychology” is formed. People change the way they act normally to perform as part of a mob. Again W answers this. A Wimage is formed that is strong enough to bounce back and affect the people. As more people catch the mood, the Wimage is just fed to become even larger and feed back more. Once tension is released, the Wimage is no longer fed so that it dissipates and normalcy returns quickly.

Mob psychology type constructions need not always be negative. These forces can give extra impetus to a committee, team, group or even an army. It is then called teamwork or team spirit, a magic feeling that keeps people united. Fans at a sporting or entertainment event often experience this. It can also work for a single leader whose Wimage is reinforced by adoring loyal followers and so have benefits come back to our world.

CHAPTER 5

Angels and Guides

Angels and spirit guides exist because Wimages can exist independently once formed. These beings can be people who have passed on or Wimages that are dreamed up from the beginning. They are good will entities that feel a need to do further good. This good will nature is no accident. People are inherently good so many positive Wimages are created. A strong desire to do good or help out would delay a soul entering into the Elysian Fields so as to satisfy that desire. Need for help, a matching of what it is their desire to do, lets the Law of Attraction work. Since they are already in the W field they have a much easier time controlling W matter than a person in our known universe. This is why prayer to them is effective in filling our needs, it is not just the Answerer at work but angel and guide entities as well. Much is written and can be studied about the benefits of recognizing an angel or spirit guide.

As a note: most angels and spirit guides are actually a product of our Higher Self and its main experienced form of help as a person's individual Guardian Angel. What is brought out here is that these entities can have a source independent of the individual.

Saints

Saints are usually actual people who are held in special reverence by many. As Wimages they are asked to use their powers to intercede on our behalf. Since many people pray to a saint, his Wimage absorbs a great amount of energy and he becomes stronger and can do more. This is why praying to established entities like saints is so powerful.

Past Lives Recall

Wimages need not represent complete beings. Strong emotion can create an independent Wimage. If such a Wimage is attracted to a person it would become part of their memories. This is a copying process where the Wimage memories are sympathetically reconstructed in the recipients mind, which explains why more than one person can have the same "past life." Sympathetic reconstruction occurs because for you to experience the Wimage it must translate into brain electrical energy patterns, and once in the brain, they are there to stay like any memory. Since the mind cannot distinguish real from created memories (as false memory syndrome will attest) such now memories are rationalized as past lives recall. That they are originally Wimages that were copied into memory explains why someone can experience the "past life" of someone still living (as actual research has shown.)

Ghosts Also

Since strong emotions can create independent Wimages, things we experience as ghosts can also be such a Wimage rather than a person who has not yet entered into the Elysian Fields. This could explain why they are still independent as they would not be attracted to the Collective Unconscious of whole people. N.B. Entering the Elysian Fields is used here as a neutral way to describe the happening as using the common Western convention of "going to heaven" is too value laden and posses too many connotations for too many people.

Seances

Séances are attempts to contact entities in the "spirit" world. We have seen here that what is popularly referred to by terms such as "spirit world" is the W universe. All entities in the W universe are Wimages and can be contacted, including people who have passed into spirit. Whether what is contacted is a being or just a fragment has to be evaluated on a case by case basis. Remember that since Wimages can be created that what comes across as representing a "being" may not be. The response you receive might be being generated by a living creator (or more likely creators as strong responses usually take the concentration of more than one person) of the Wimage. Care must be taken that you are experiencing an honest séance, there are so many phony ones.



CHAPTER 6

The Lord – a Neutral Entity



here is what Jung identified as a Collective Unconscious that is to us an omnific force. The omnific force like any Wimage construction can be called upon for help. It listens to prayers and so can be called the Answerer. It is a composite of souls past and present so that when we appeal to the Answerer we are appealing to ourselves. Like the lord of an ancient manor it hears the plea of its vassals and renders them succour. It just processes all requests, good or bad, as part of its very existence. We as humans can call on the Answerer to accomplish things for us because the Second Law of Attraction of Alikes works on it as much as it does on ourselves. In emotional terms the Answerer is the “Lord” that provides. The Lord’s usefulness is that when we pray for something nebulous like health, we do not have to understand what physiological changes must take place for this to happen, the Lord creates the proper actions. In the Lord you have a neutral but responsive entity. While powerful and capable of infinite harm the Lord does not have a human ego and so does not require worship. What could we humans possibly give it that it does not already have in infinite abundance, even if it had a human emotional desire for it? It is naturally neutral and has no propensity to harm anyone. The concept of our Collective Unconscious as a Lord (and Mother Nature Anna Gaia below) is explored in greater detail above in the Manifesto section.

Mother Nature Anna Gaia

As sentience evolved people intuitively felt the Lord, the genetic calling of the VMAT2 gene. Also just as human nature dictates, people wanted a corporal representation. The predominant representation that has evolved and come down through history is that of the Mother Goddess. This is the avatar form of the Lord. Some of the oldest known sculpture (more than 20,000 years old) is that of a pregnant plump woman, our ancestor’s view of the profound. Collectively known as Venus figures (though they predate the Greek goddess) or sometimes after the first one found that is called the Venus of Willendorf,

Mother Goddesses are found throughout history and all cultures, especially the older ones that are the founding roots of more modern ones. In ancient Greek mythology she is Gaia (or Gaea, the goddess of the earth.) For the Catholic Church she was transformed into the acceptable Virgin Mary, the continuation of older European pagan mother goddesses that the church could not erase. The Virgin Mary notwithstanding, in the English speaking world she had to become a secular Mother Nature. Mother Nature because of her age and existence is a most powerful Wimage entity and so it is natural to recognize her as an avatar, namely Mother Nature Anna Gaia. Anna because one of the oldest names known for the mother goddess is Anna and Gaia for our civilization roots. This is our Mother Nature Anna Gaia. What sets Mother Nature Anna Gaia apart is that she was formed through love and personal involvement so that she is a warm and responsive entity, one to naturally call on for help. (Note: the “ah” sound is found in the names of many gods.)

Other Gods

While transparent to us who only see the results, requests can actually be answered by other Wimages than the Answerer. Wimages are W matter constructions of things in our known universe, including thoughts. Thoughts are after all energy patterns and so have definite existence, just as solid matter does. This means that a lesser “god”, good or bad, can be created. Lesser gods, being Wimages that are created by humans, will inherit human characteristics from its human creators. A Western world example of a lesser god would be a saint. A lesser god may not be as powerful as the Answerer but if it is able to perform in our world, does this matter? If enough people believe in the same god (be it in the form of an idol, an invisible entity or whatever) the Wimage will become strong enough to accomplish this world feats with much greater ease.

The / My Force (My Team)

As just pointed above in Other Gods there are other Wimage or Ether World entities that can and will be of help when called on. The individual has a whole assemblage of helpers and supporters to call on that can be demarcated as an integrated and united Force. Force being used in the sense of an authoritative collective noun as in a Police Force when talking about a whole entity structure. Since a Force is unique to everyone it is then your collective Force for the individual and can so be referred to as “**my Force**” (or “My Team” if this makes it clearer) when invoked in an individual’s prayers as a source of help. “The Force” can also be used to just single out the Answerer and your Guardian Angel catalyst to it. (As pointed out already the Answerer needs to be addressed to do anything, your Higher Self Guardian Angel is the part of you in contact with the higher forces and is what has to be worked through.) The Force is by far the most powerful element in any collective and is the one that everybody has irrespective of what other helpers may be present. This is gone further into in the Manifesto above.

Dark Side

Mostly Wimages are neutral or reflect the basic goodness of humanity. We would not exist today if as social animals we were not mostly a mutually supportive race. But there are dark side Wimages just like there is always the unsavory side of society. Fortunately like all Wimages these darker constructions can be overcome, but not necessarily before they have caused a lot of mischief. The irony is that with so much effort and concentration being given to Satan, the devil, it becomes a self-fulfilling prophesy.

Talisman

An interesting variation on the god theme is the creation of a lesser Wimage that is attached by thought to an object. We now have a good luck charm. This is the basis of the book Fabulous Fortune Forever and the suggested Stones of Power that can be created. (<http://awenman.com>) This same Wimage strength can be associated with places like Lourdes, turning them into “holy” healing miracle places.

Divination

Seeing the future is a direct accessing of the Answerer. It has been said that “this existing, that arises.” If you can bring together enough facts about the current situation then you will know what is most likely to happen next. The Answerer is the ultimate computer that can correlate all factors to produce the most likely answer. But only the most likely answer because random chance and the butterfly effect can always interfere. It is a de facto Laplace Demon. Things from beyond our local clumping, things that the Answerer is not aware of, will always interfere. This is good because it opens up the future to change. Once you know the most likely direction of events, you can take steps to change that direction.

Channeling as Edgar Cayce did is through direct contact with the W world through the Higher Self, both as in contacting entities (including the Answerer) and the form of the Answerer known as the Akashic Record. Scrying, with an aid such as water, a crystal ball or a mirror, is an advanced system of divination that requires much training to acquire the highly honed and astute insight to weed out false impressions during a divination exercise. Indirect contact through a medium such as Runestones is much easier. Runestones also offer the secondary benefits in terms of increasing social skills and offering pleasant social interaction. A complete and easy to follow course on divination with Runestones can be found in the book RnR Runes and Remedies. (<http://awenman.com>)

CHAPTER 7

Prayer

Prayer works because a Wimage is created from the prayer thoughts and this Wimage then activates the Answerer and the Law of Attraction through our Higher Self. You just have to ask for the right thing in the right way for the desired results to take place.

Prayer must be constructed properly in what is asked for. You can only attract to what you have creatively asked for. If you pray that you have health, the Answerer will take care of the details. If you try to pray for strong healthy cells that don't die when attacked in the hopes of regaining health that way, you could be in trouble. A healthy system requires healthy cells to die to make room for new ones as part of its rejuvenation system. You could be actually interfering and prolonging your problems by praying that no healthy cells die. Always ask for the outcome and not the methodology.

A strong construction will attract a strong result. This is why it is said that faith can move mountains. If your prayer is weak and wishy-washy then that is also the type of results to expect. This is also why a group prayer is normally much more effective as collectively there is more strength.

Psychic Healing

This is variation of prayer to activate our world results through Wimage action. It works because it is a two street of interaction between the Physical and Ether Universes. Practice seems to indicate that the more people actively participating in the healing, the stronger the result

Curses And Hexes

A curse, bad spell or hex is where evil results are asked for in a prayer. The problem for the hex creator is that his signature as the creator is stamped all over the Wimage. This signature is a direct path back to the creator and can make unwanted results come back to haunt the creator.

Sympathetic Magic

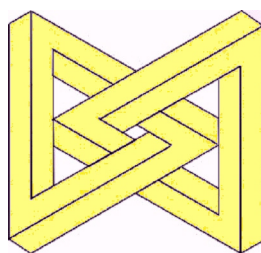
Things or events that are otherwise referred to as sympathetic magic are just prayers where props and / or some acting out is used in the request for the desired result. It has been pointed out that a voodoo practitioner sticking pins into a wax doll is in principle not doing anything different than a supplicant lighting candles to the Virgin Mary in a church.

Telepathy

Telepathy is two minds meeting through the W plane. It need not be the direct attraction of alike between the two minds for this law to work in an actual telepathic experience. Minds can have a common link to the same third object to be attracted. When this link exists a Wimage can be simultaneously experienced by two minds as telepathy.

Flash Visions

If something is important about a situation, than that is enough for a link to be made to the mind that it is important to. Everything on this plane has its corresponding Wimage that can be tapped into. Flash visions of happenings, or about to happen events to loved ones are well recorded.



the Ontic

DENOUEMENT

Will showing the unwashed masses the way and the truth as is done here open their eyes and make them change their ways? The very realistic answer is the chances are very slim to none. Unless someone is a seeker on the edge of change then their genetic religious component will keep them from changing.

Jesus actually hit it on the head when he was asked what it takes for someone to convert and become a true follower of his. He said that “Except a man be born again, he cannot see the kingdom of God.” This rebirthing is true of any conversion. With genetics helping to keep ingrained belief in place, it is necessary to find a way to change the genetic propensity or hit someone hard over the head so as to be born again (born again is to change very ingrained thinking.) Science still won’t let us change genes and this Manifesto is a very light tap on the noggin. This Manifesto is to clarify and solidify my thinking and for those who are ready for a better way!

“There's probably *no God*.

Now stop worrying and enjoy your life.”

The above was a popular bus sign and a sign of the times

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